

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1º	1º	5	M20	00:03:03	ROMAN PRODIUS	MD	MOLDAVIA	01:04:41	01:04:41	+00:00:00	00:00:00
2º	2º	4	M20	00:03:04	RICARDO RIBAS	PT	Sport Lisboa e Benfica	01:04:45	01:04:45	+00:00:03	00:30:45
3º	3º	2452	M20	00:03:04	MANUEL HURTADO	GL	NEW BALANCE TEAM	01:04:46	01:04:46	+00:00:04	00:30:46
4º	4º	2	M20	00:03:05	Paulo Gomes	PT	CUAB - Benaventense	01:05:13	01:05:13	+00:00:32	00:30:45
5º	5º	2972	M20	00:03:07	MIGUEL RIBEIRO	PT	CLUBE ATLETISMO OLIMPICO VIANENSE	01:05:54	01:05:54	+00:01:13	00:30:46
6º	6º	3	M20	00:03:09	PEDRO RIBEIRO	PT	MAIA A. C.	01:06:34	01:06:34	+00:01:53	00:00:00
7º	7º	61	M20	00:03:11	Carlos Costa	PT	CUAB - Benaventense	01:07:23	01:07:23	+00:02:42	00:31:44
8º	8º	13	M20	00:03:11	AKKA ESSAADAOU	PT	COMESAÑA SPORTING CLUB	01:07:25	01:07:24	+00:02:43	00:31:33
9º	1º	2622	M40	00:03:11	hassan lekhili	GL	alejandro gomez garbal	01:07:26	01:07:25	+00:02:44	00:00:00
10º	9º	957	M20	00:03:13	José Carvalho	PT	Nucleo de Atletismo de Vila Real	01:07:54	01:07:52	+00:03:13	00:31:45
11º	10º	37	M20	00:03:14	VITOR BARBOSA	PT	G.D.R. RETORTA	01:08:22	01:08:21	+00:03:41	00:00:00
12º	11º	1256	M20	00:03:15	David Rodriguez Garcia	GL	Caja Rural de Tordesillas	01:08:44	01:08:43	+00:04:03	00:00:00
13º	1º	41	M35	00:03:16	ARTUR OLIVEIRA RODRIGUES	PT	NÚCLEO DE ATLETISMO DE CUCUJÃES	01:08:56	01:08:56	+00:04:15	00:00:00
14º	12º	38	M20	00:03:17	BRUNO SOARES	PT	A. C. C. S. J. SERRA	01:09:16	01:09:16	+00:04:35	00:32:19
15º	2º	2267	M35	00:03:17	Jose Antonio Ramallo Reboredo	GL	San Miguel De Marin	01:09:23	01:09:21	+00:04:41	00:33:19
16º	2º	2388	M40	00:03:17	ELÍAS DOMÍNGUEZ CABRAL	GL	NEW BALANCE TEAM	01:09:23	01:09:22	+00:04:42	00:33:19
17º	13º	2971	M20	00:03:18	VITOR RIBEIRO	PT	CLUBE ATLETISMO OLIMPICO VIANENSE	01:09:37	01:09:37	+00:04:56	00:00:00
18º	14º	501	M20	00:03:18	AMERICO MOREIRA	PT	CLUBE DESPORTIVO DA PÓVOA	01:09:42	01:09:38	+00:05:01	00:32:33
19º	15º	6	M20	00:03:20	HEITOR OLIVEIRA	PT	CYCLONES SANITOP	01:10:19	01:10:19	+00:05:38	00:00:00
20º	3º	46	M40	00:03:20	AUGUSTO COSTA	PT	N. A. TAIPAS	01:10:25	01:10:24	+00:05:44	00:32:39
21º	16º	1555	M20	00:03:20	Mihail Lalev	PT	GD Airão	01:10:31	01:10:30	+00:05:49	00:32:51
22º	3º	42	M35	00:03:20	PAULO PERREIRA	PT	NÚCLEO DE ATLETISMO DE CUCUJÃES	01:10:35	01:10:35	+00:05:54	00:33:03
23º	4º	65	M35	00:03:20	Pedro Maravilhas	PT	Clube Desp.S.Salvador do Campo	01:10:39	01:10:39	+00:05:58	00:00:00
24º	1º	1103	M45	00:03:20	CARLOS ADAN ARIAS	GL	ATHLETICS SMOOY TEAM	01:10:40	01:10:38	+00:05:59	00:33:20
25º	17º	64	M20	00:03:21	Filipe Crisóstomo	PT	Clube Desp.S.Salvador do Campo	01:10:41	01:10:40	+00:06:00	00:33:20
26º	18º	55	M20	00:03:21	TUDOR MOLVOVAN	PT	GINASIO VILACONDENSE	01:10:45	01:10:45	+00:06:04	00:00:00
27º	5º	1804	M35	00:03:22	MANUEL MAGALHÃES	PT	CENTRO ATLETISMO SANTO TIRSO	01:11:15	01:11:15	+00:06:34	00:32:40
28º	2º	1783	M45	00:03:23	António Fernandes	PT	ACR Vale de Cambra	01:11:30	01:11:24	+00:06:48	00:00:00
29º	19º	1894	M20	00:03:24	JOSE SOUSA	PT	GRUPO DESPORTIVO 3 SANTOS POPULARES	01:11:52	01:11:46	+00:07:11	00:34:00
30º	20º	1504	M20	00:03:24	Angelo Ribeiro	PT	Associação Moinho de Vermoim	01:11:54	01:11:46	+00:07:13	00:34:19
31º	6º	84	M35	00:03:24	ABILIO PEREIRA	PT	ARC AGUIAS DE ALVELOS	01:11:58	01:11:57	+00:07:17	00:33:32
32º	21º	2752	M20	00:03:24	Marco Bernardo	PT	Nucleo de Atletismo de Vila Real	01:11:58	01:11:55	+00:07:17	00:34:20
33º	22º	2381	M20	00:03:25	Vitor Barbosa	PT	GDC Castelo de Paiva	01:12:04	01:12:04	+00:07:23	00:34:09
34º	3º	2797	M45	00:03:25	Manuel Gomes	PT	Clube Desportivo São Salvador do Campo	01:12:06	01:12:04	+00:07:25	00:33:27
35º	23º	1290	M20	00:03:24	AMADEU ROCHA	PT	G.D.R. RETORTA	01:12:08	01:11:53	+00:07:27	00:34:20
36º	4º	144	M40	00:03:25	Mário Barbosa	PT	Liberdade Futebol Clube	01:12:28	01:12:24	+00:07:46	00:00:00
37º	7º	1065	M35	00:03:25	Filipe Martins	PT	GR Estrela Bonfim	01:12:30	01:12:24	+00:07:49	00:34:07
38º	24º	1248	M20	00:03:27	Carlos Martins	PT	corre conosco felgueiras	01:12:53	01:12:51	+00:08:12	00:34:07
39º	25º	2970	M20	00:03:27	MIGUEL MEIRA	PT	CLUBE ATLETISMO OLIMPICO VIANENSE	01:12:59	01:12:58	+00:08:18	00:00:00

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Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
40 °	26 °	1573	M20	00:03:28	LUCIANO TEIXEIRA	PT	UNIÃO DESPORTIVA DO VARZEA	01:13:10	01:13:08	+00:08:29	00:00:00
41 °	5 °	86	M40	00:03:28	VITOR ALMEIDA	PT	FERREIROLUX	01:13:12	01:13:11	+00:08:31	00:00:00
42 °	8 °	2348	M35	00:03:28	JUAN CARLOS CASAL PEREZ	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:13:21	01:13:14	+00:08:40	00:00:00
43 °	9 °	2334	M35	00:03:28	FERNANDO GRILO	PT	SIRA-SOC INSTRUIÇÃO RECREIO ALDREENSE	01:13:32	01:13:21	+00:08:51	00:34:24
44 °	6 °	1496	M40	00:03:29	Antonio Silva	PT	Associação Moinho de Vermoim	01:13:35	01:13:31	+00:08:54	00:00:00
45 °	27 °	2761	M20	00:03:29	PAULO MIGUEL ALMEIDA PEREIRA	PT	CRACKS CLUBE DE LAMEGO	01:13:40	01:13:39	+00:08:59	00:34:14
46 °	28 °	1292	M20	00:03:29	HENRIQUE DIAS	PT	G.D.R. RETORTA	01:13:44	01:13:41	+00:09:03	00:34:36
47 °	1 °	12	M50	00:03:29	JOAQUIM SILVA	PT	CPT BAIRRO DE CARCAVELOS	01:13:48	01:13:46	+00:09:06	00:00:00
48 °	10 °	1064	M35	00:03:29	Paulo Jesus	PT	GR Estrela Bonfim	01:13:54	01:13:46	+00:09:13	00:00:00
49 °	1 °	1	F20	00:03:30	MARISA BARROS	PT	SPORT LISBOA E BENFICA	01:14:02	01:14:02	+00:09:20	00:00:00
50 °	29 °	958	M20	00:03:30	Carlos Lopes	PT	Nucleo de Atletismo de Vila Real	01:14:02	01:13:59	+00:09:21	00:00:00
51 °	30 °	2115	M20	00:03:30	Jose Manuel Suarez Rodriguez	GL	athletics smoooy team	01:14:09	01:14:07	+00:09:28	00:00:00
52 °	4 °	26	M45	00:03:30	DOMINGOS BARROS	PT	GRUPO JUVENIL DE VILA DE PUNHE	01:14:10	01:14:10	+00:09:28	00:35:17
53 °	2 °	1891	M50	00:03:30	ANTONIO VELHA	PT	GRUPO DESPORTIVO 3 SANTOS POPULARES	01:14:11	01:14:09	+00:09:30	00:00:00
54 °	3 °	1901	M50	00:03:31	António Caturna	PT	A. R. Luz e Vida Gondomarense	01:14:24	01:14:23	+00:09:43	00:34:37
55 °	11 °	2585	M35	00:03:31	NEMESIO LOPEZ FERNANDEZ	GL	ATLETISMO FONTES DO SAR	01:14:28	01:14:12	+00:09:47	00:36:05
56 °	12 °	305	M35	00:03:31	FernandoSieira Rios	GL	Individual	01:14:36	01:14:29	+00:09:55	00:00:00
57 °	13 °	365	M35	00:03:32	RUBEN PEREIRA CARDALDA	GL	ATHLETICS SMOOY TEAM	01:14:51	01:14:49	+00:10:10	00:34:02
58 °	7 °	82	M40	00:03:33	DELFIN CONCEIÇÃO	PT	A. C. C. S. J. SERRA	01:14:55	01:14:54	+00:10:14	00:34:37
59 °	5 °	1090	M45	00:03:32	João Cavadas	PT	Casas Adriano Astromil Clube	01:14:57	01:14:44	+00:10:16	00:35:45
60 °	14 °	2217	M35	00:03:33	Pedro Traba Caamaño	GL	PATO BLANCO DE CELANOVA	01:15:16	01:15:10	+00:10:35	00:35:36
61 °	31 °	44	M20	00:03:34	MANUEL PACHECO	PT	N. A. TAIPAS	01:15:18	01:15:16	+00:10:37	00:35:35
62 °	32 °	57	M20	00:03:34	VALTER PEREIRA	PT	FISIOVALTER TEAM	01:15:22	01:15:21	+00:10:40	00:34:37
63 °	15 °	2382	M35	00:03:34	Paulo Sousa	PT	GDC Castelo de Paiva	01:15:23	01:15:22	+00:10:42	00:35:35
64 °	2 °	47	F20	00:03:34	ELISABETE LOPES	PT	N. A. TAIPAS	01:15:24	01:15:23	+00:10:43	00:35:35
65 °	33 °	2494	M20	00:03:33	JOAO DIAS	PT	MOVIMENTO JUVENTUDE MERELIM	01:15:31	01:14:58	+00:10:50	00:35:57
66 °	34 °	369	M20	00:03:35	Sérgio Lima	PT	Grupo Juvenil de Vila de Punhe	01:15:38	01:15:37	+00:10:57	00:35:24
67 °	16 °	2860	M35	00:03:34	Fernando Barros	PT	Individual	01:15:45	01:15:14	+00:11:04	00:36:19
68 °	6 °	2630	M45	00:03:35	José Tojal	PT	CENAP	01:15:53	01:15:51	+00:11:12	00:34:58
69 °	8 °	972	M40	00:03:35	ANTONIO CANECA	PT	A.D.RIO LARGO C.E.	01:15:55	01:15:45	+00:11:14	00:35:36
70 °	35 °	1731	M20	00:03:35	PAULO COELHO	PT	MAIA AC	01:15:56	01:15:47	+00:11:15	00:35:25
71 °	7 °	569	M45	00:03:36	Jorge Manuel Brito	PT	Individual	01:16:03	01:15:58	+00:11:22	00:35:17
72 °	9 °	792	M40	00:03:36	Orlando Neves	PT	C.P.Trabalhadores Bairro de Carcavelos	01:16:08	01:16:06	+00:11:27	00:35:37
73 °	8 °	1296	M45	00:03:36	JOAQUIM ROCHA	PT	G.D.R. RETORTA	01:16:16	01:16:12	+00:11:35	00:35:25
74 °	4 °	118	M50	00:00:00	JOSE CLEMENTE	PT	Individual	01:16:26	00:00:00	+00:11:45	00:00:00
75 °	9 °	927	M45	00:03:37	Belmiro Moreira Ferreira	PT	GD Leões da Guarda	01:16:31	01:16:28	+00:11:50	00:00:00
76 °	3 °	62	F20	00:03:37	Rafaela Almeida	PT	Sport Lisboa e Benfica	01:16:32	01:16:31	+00:11:50	00:35:36
77 °	10 °	1297	M45	00:03:37	FILIPE SILVA	PT	G.D.R. RETORTA	01:16:37	01:16:21	+00:11:56	00:36:01
78 °	11 °	60	M45	00:00:00	CARLOS MAGALHÃES	PT	EUROTRANSMIÇÃO	01:16:42	00:00:00	+00:12:01	00:35:40

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CLASS.  
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Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
79 °	36 °	1034	M20	00:03:37	Miguel Angel Costas Iglesias	GL	Comesaña Sporting Club	01:16:49	01:16:38	+00:12:08	00:36:14
80 °	12 °	1822	M45	00:03:38	JOAQUIM RODRIGUES	PT	FERREIROLUX	01:16:54	01:16:46	+00:12:13	00:35:55
81 °	37 °	2709	M20	00:03:37	ramiro gomes correia	PT	Centro Desportivo e Cultural de Navais	01:16:56	01:16:29	+00:12:15	00:37:02
82 °	10 °	374	M40	00:03:38	Manuel Branquinho	PT	Grupo Juvenil de Vila de Punhe	01:16:57	01:16:50	+00:12:16	00:36:01
83 °	38 °	1421	M20	00:03:38	Saúl Zúñiga Rodriguez	GL	taninos runners Pontearreas	01:16:59	01:16:56	+00:12:17	00:35:55
84 °	17 °	956	M35	00:03:39	João Leandro	PT	Nucleo de atletismo de Vila Real	01:17:05	01:17:01	+00:12:24	00:36:36
85 °	13 °	2023	M45	00:03:39	JOAQUIM LOPES	PT	PORTO RUNNERS	01:17:17	01:17:12	+00:12:35	00:36:00
86 °	18 °	1515	M35	00:03:39	MIGUEL OLIVEIRA	PT	GRUPO DESPORTIVO LUZ VERDE	01:17:23	01:17:11	+00:12:42	00:36:54
87 °	11 °	2046	M40	00:03:40	MARIO CARREIRA	PT	PORTO RUNNERS	01:17:31	01:17:26	+00:12:50	00:36:44
88 °	5 °	521	M50	00:03:40	Ângelo Freitas	PT	Individual	01:17:35	01:17:32	+00:12:54	00:36:16
89 °	6 °	2885	M50	00:03:40	SAMUEL FÃO	PT	INDIVIDUAL	01:17:36	01:17:32	+00:12:55	00:36:25
90 °	19 °	1997	M35	00:03:40	BRUNO MARTINS	PT	PORTO RUNNERS	01:17:38	01:17:27	+00:12:56	00:36:36
91 °	20 °	2332	M35	00:00:00	NUNO MIRANDA	PT	SIRA-SOC INSTRUÇÃO RECREIO ALDREENSE	01:17:46	00:00:00	+00:13:05	00:00:00
92 °	39 °	1293	M20	00:03:41	ADELINO SILVA	PT	G.D.R. RETORTA	01:18:03	01:17:59	+00:13:22	00:00:00
93 °	40 °	1651	M20	00:03:41	João Nogueira	PT	chill out - amigos do trail	01:18:05	01:17:58	+00:13:24	00:00:00
94 °	21 °	2425	M35	00:03:41	Roberto Riobó Estevez	GL	CORREDOIRAS	01:18:07	01:17:51	+00:13:26	00:37:18
95 °	14 °	836	M45	00:03:40	ULISSES LOPES	PT	Individual	01:18:18	01:17:34	+00:13:37	00:37:03
96 °	41 °	1295	M20	00:03:42	MIGUEL MENDES	PT	G.D.R. RETORTA	01:18:24	01:18:08	+00:13:43	00:37:12
97 °	7 °	2764	M50	00:03:42	JOÃO TEIXEIRA	PT	CRACKS CLUBE DE LAMEGO	01:18:26	01:18:21	+00:13:45	00:36:33
98 °	12 °	34	M40	00:03:43	BALTAZAR SOUSA	PT	GINASIO VILACONDENSE	01:18:29	01:18:29	+00:13:48	00:38:07
99 °	42 °	1666	M20	00:03:42	Oscar Pazos Barbeito	GL	Individual	01:18:32	01:18:09	+00:13:51	00:37:49
100 °	22 °	2276	M35	00:03:42	ANGEL MACEIRAS LAGO	GL	ATLETISMO SAR-APOUTADA	01:18:32	01:18:18	+00:13:51	00:37:06
101 °	8 °	85	M50	00:03:43	VITOR SILVA	PT	S S PESSOAL M S J MADEIRA	01:18:33	01:18:30	+00:13:52	00:35:36
102 °	13 °	2799	M40	00:03:43	Manuel Cardoso	PT	Clube Desportivo São Salvador do Campo	01:18:34	01:18:32	+00:13:53	00:38:46
103 °	15 °	1595	M45	00:03:43	JOAQUIM RIBEIRO	PT	SPORTING CLUBE DE BRAGA	01:18:42	01:18:38	+00:14:01	00:37:07
104 °	23 °	2226	M35	00:03:43	J. Santos Prol	GL	MILISKER	01:18:45	01:18:41	+00:14:04	00:36:52
105 °	4 °	63	F20	00:03:43	Filipa Almeida	PT	Sport Lisboa e Benfica	01:18:46	01:18:44	+00:14:05	00:36:54
106 °	5 °	29	F20	00:03:44	CATARINA LIMA	PT	UNIÃO DESPORTIVA DO VARZEA	01:18:48	01:18:48	+00:14:07	00:00:00
107 °	24 °	2178	M35	00:03:42	Iago Vara	GL	Individual	01:18:50	01:18:21	+00:14:09	00:37:34
108 °	16 °	2508	M45	00:03:44	JOSE ANDRADE	PT	MOVIMENTO JUVENTUDE MERELIM	01:18:53	01:18:48	+00:14:12	00:36:43
109 °	25 °	2625	M35	00:03:43	SANTIAGO GARCIA GONZALEZ	GL	burgas atletismo ourense	01:18:54	01:18:34	+00:14:13	00:37:33
110 °	43 °	31	M20	00:03:44	CESARIO PACHECO	PT	Individual	01:18:58	01:18:58	+00:14:17	00:36:45
111 °	17 °	1558	M45	00:03:44	Manuel Azevedo	PT	GD Airão	01:18:58	01:18:55	+00:14:17	00:37:10
112 °	44 °	372	M20	00:03:44	Samuel Nunes	PT	Grupo Juvenil de Vila de Punhe	01:19:10	01:19:06	+00:14:28	00:35:24
113 °	26 °	1233	M35	00:00:00	LUIS LEITE	PT	Maia AC	01:19:11	00:00:00	+00:14:29	00:00:00
114 °	45 °	1508	M20	00:03:44	Rui paulo lima do seixo	PT	associação moledense intrução e recreio	01:19:28	01:19:01	+00:14:47	00:38:29
115 °	27 °	1732	M35	00:03:45	RUI COSTA	PT	C.A. OVAR	01:19:31	01:19:24	+00:14:49	00:00:00
116 °	28 °	2174	M35	00:03:45	Basílio Sousa	PT	Individual	01:19:34	01:19:15	+00:14:53	00:37:34
117 °	18 °	2489	M45	00:03:45	MÁRIO M. L. GONÇALVES	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:19:37	01:19:25	+00:14:56	00:38:01

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**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
118 °	46 °	373	M20	00:03:46	Marcelo Costa	PT	Grupo Juvenil de Vila de Punhe	01:19:39	01:19:37	+00:14:58	00:00:00
119 °	14 °	1512	M40	00:03:45	FERNANDO SANTOS	PT	GRUPO DESPORTIVO LUZ VERDE	01:19:45	01:19:25	+00:15:04	00:37:55
120 °	15 °	2499	M40	00:03:46	JOSE VIDRAGO	PT	MOVIMENTO JUVENTUDE MERELIM	01:19:46	01:19:40	+00:15:05	00:37:51
121 °	19 °	1706	M45	00:03:45	ANTÓN COUTO OLIVEIRA	GL	ESPRINTES OURENSE	01:19:50	01:19:21	+00:15:09	00:37:53
122 °	9 °	2574	M50	00:03:46	João Pereira	PT	AFIS/Ovar	01:19:56	01:19:42	+00:15:15	00:00:00
123 °	47 °	395	M20	00:03:47	Pedro Caprichoso	PT	Individual	01:19:59	01:19:56	+00:15:18	00:35:16
124 °	48 °	2779	M20	00:03:46	Pedro Barros	PT	Fisiovalter Team	01:20:01	01:19:46	+00:15:20	00:37:12
125 °	49 °	1016	M20	00:03:47	GUILLERMO PEDRERO LÓPEZ	GL	ASOCIACION DEPORTIVA C.A.R.	01:20:04	01:19:50	+00:15:23	00:38:19
126 °	29 °	2428	M35	00:03:47	Martín Estevez Estevez	GL	CORREDOIRAS	01:20:06	01:19:52	+00:15:25	00:38:21
127 °	6 °	2298	F20	00:03:47	MARIA GUTIERREZ ROBLES	GL	New Balance	01:20:06	01:20:04	+00:15:25	00:37:16
128 °	7 °	81	F20	00:03:48	MARGARIDA DIONISIO	PT	GARMIN - CLUBE OLIMPICO OEIRAS	01:20:13	01:20:13	+00:15:32	00:37:32
129 °	20 °	1863	M45	00:03:47	Orlando Ferreira Valente	PT	Grupo Amizade - Tempos Livres e Educação para a Pa	01:20:16	01:20:07	+00:15:34	00:00:00
130 °	16 °	1437	M40	00:03:47	David Antonio Romero Pereira	GL	Individual	01:20:18	01:19:53	+00:15:36	00:38:25
131 °	21 °	833	M45	00:03:47	Ernesto Rodriguez Bolibar	GL	CASTRELOS	01:20:20	01:20:06	+00:15:39	00:38:13
132 °	17 °	2898	M40	00:03:48	MIGUEL ARAUJO	PT	WELLRUNNERS	01:20:21	01:20:17	+00:15:40	00:38:13
133 °	30 °	1510	M35	00:03:47	Rui covinha viana	PT	associação moledense intrução e recreio	01:20:22	01:19:55	+00:15:41	00:00:00
134 °	50 °	27	M20	00:03:48	RICARDO LUIS M. DIAS FERREIRA	PT	PORTO RUNNERS	01:20:25	01:20:23	+00:15:44	00:38:00
135 °	22 °	1388	M45	00:03:48	JOSÉ CARLOS	PT	OS BRAGUINHAS	01:20:25	01:20:13	+00:15:44	00:38:25
136 °	18 °	2540	M40	00:03:48	FRANCISCO TEIXEIRA	PT	N.A.Taipas	01:20:27	01:20:20	+00:15:46	00:38:02
137 °	31 °	1701	M35	00:03:43	Miguel Daporta Méndez	GL	Individual	01:20:27	01:18:41	+00:15:46	00:40:10
138 °	32 °	2269	M35	00:03:48	JOSE MANUEL CARRERA MARTINEZ	GL	TANINOS RUNNERS PONTEAREAS	01:20:28	01:20:15	+00:15:47	00:38:22
139 °	10 °	1215	M50	00:03:48	Jose Monteiro	PT	Douro Azul	01:20:30	01:20:21	+00:15:48	00:37:07
140 °	11 °	2493	M50	00:03:48	JOSE FERREIRA	PT	MOVIMENTO JUVENTUDE MERELIM	01:20:32	01:20:26	+00:15:51	00:00:00
141 °	19 °	502	M40	00:03:48	VITOR GOMES	PT	CLUBE DESPORTIVO DA PÓVOA	01:20:37	01:20:23	+00:15:56	00:38:01
142 °	23 °	1721	M45	00:03:48	Jesus Alvarez	GL	Club Atletismo Sada	01:20:39	01:20:26	+00:15:58	00:38:20
143 °	20 °	602	M40	00:03:48	JOAQUIM .	PT	ARPO - ASSOCIAÇÃO RECREATIVA POUADENSE	01:20:40	01:20:25	+00:15:59	00:00:00
144 °	21 °	544	M40	00:03:44	RICARDO ARAUJO PEREZ	GL	C.C.A. CARBALLINO	01:20:41	01:19:04	+00:16:00	00:00:00
145 °	33 °	2423	M35	00:03:48	Ricardo Verde Piñeiro	GL	CORREDOIRAS	01:20:45	01:20:30	+00:16:03	00:38:21
146 °	24 °	2506	M45	00:03:49	VIRGILIO RODRIGUES	PT	MOVIMENTO JUVENTUDE MERELIM	01:20:47	01:20:40	+00:16:06	00:00:00
147 °	34 °	199	M35	00:03:49	Hugo Rocha	PT	Team Propedal Esposende	01:20:51	01:20:40	+00:16:10	00:38:16
148 °	25 °	1493	M45	00:03:49	José Oliveira	PT	Comandos 87	01:20:53	01:20:49	+00:16:12	00:38:03
149 °	12 °	2531	M50	00:03:49	JOSÉ CAPELA	PT	N.A.Taipas	01:20:54	01:20:46	+00:16:13	00:38:38
150 °	35 °	2117	M35	00:03:49	JUAN BAUTISTA SUÁREZ CRUCES	GL	TANINOS RUNNERS PONTEAREAS	01:20:57	01:20:47	+00:16:16	00:38:23
151 °	51 °	2144	M20	00:03:50	Sergio Curra Pastoriza	GL	Individual	01:20:59	01:20:52	+00:16:18	00:38:22
152 °	52 °	240	M20	00:03:49	Pedro Quaresma	PT	Individual	01:21:00	01:20:32	+00:16:19	00:39:05
153 °	36 °	1245	M35	00:03:49	Eugenio Moreira	PT	corre connosco felgueiras	01:21:02	01:20:51	+00:16:21	00:37:56
154 °	26 °	1636	M45	00:03:48	MARTIN VALVERDE VILLAR	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:21:02	01:20:25	+00:16:21	00:39:03
155 °	27 °	2534	M45	00:03:49	GUILHERME ROMANO	PT	N.A.Taipas	01:21:03	01:20:31	+00:16:22	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
156 °	13 °	1246	M50	00:03:49	Jose Araujo	PT	corre conosco felgueiras	01:21:05	01:20:31	+00:16:23	00:38:58
157 °	28 °	1557	M45	00:03:49	Manuel Ferreira	PT	GD Airão	01:21:12	01:20:49	+00:16:30	00:39:04
158 °	53 °	1828	M20	00:03:49	Pedro Alves	PT	Individual	01:21:12	01:20:44	+00:16:31	00:38:38
159 °	14 °	1211	M50	00:03:50	Artur Cepeda	PT	Douro Azul	01:21:16	01:21:05	+00:16:35	00:00:00
160 °	54 °	2299	M20	00:03:50	RUBEN RODRIGUEZ VIDAL	GL	atetismo ria de arousa	01:21:16	01:21:12	+00:16:35	00:37:34
161 °	15 °	2449	M50	00:03:51	Antonio Rocha	PT	Clube de Atletismo os GaiensesToyota	01:21:21	01:21:18	+00:16:40	00:38:13
162 °	55 °	2516	M20	00:03:51	Márcio Filipe Simões Pereira	PT	Girasol-Ramos Catarino	01:21:24	01:21:14	+00:16:42	00:38:12
163 °	37 °	202	M35	00:03:51	JOSE ANTONIO RODRIGUEZ ALVAREZ	GL	ATHLETICS SMOOY TEAM	01:21:27	01:21:22	+00:16:46	00:38:37
164 °	22 °	2763	M40	00:03:51	PAULO REBELO PEREIRA	PT	CRACKS CLUBE DE LAMEGO	01:21:29	01:21:17	+00:16:48	00:38:25
165 °	38 °	1438	M35	00:03:50	Manuel González Cuña	GL	Individual	01:21:32	01:21:06	+00:16:51	00:38:29
166 °	23 °	851	M40	00:03:51	Manuel Mendes	PT	Vitória Sport Clube	01:21:32	01:21:27	+00:16:51	00:39:16
167 °	8 °	16	F20	00:03:51	DOROTEIA PEIXOTO	PT	SPORTING CLUBE DE PORTUGAL	01:21:33	01:21:33	+00:16:52	00:38:38
168 °	29 °	1677	M45	00:03:51	AGOSTINHO PROENÇA	PT	DASDIKES	01:21:34	01:21:19	+00:16:53	00:39:22
169 °	9 °	1043	F20	00:03:50	Cristiana Ramos	PT	Vilar Runners	01:21:35	01:20:52	+00:16:54	00:00:00
170 °	56 °	692	M20	00:03:52	José Manuel Azevedo Rebelo	PT	Individual	01:21:35	01:21:35	+00:16:54	00:00:00
171 °	39 °	105	M35	00:03:51	Josué Miguel Pinho de Oliveira	PT	Clube dos Galitos	01:21:37	01:21:16	+00:16:56	00:00:00
172 °	16 °	1175	M50	00:03:51	Augusto Pereira	PT	CCDTC:M.Gondomar	01:21:41	01:21:30	+00:17:00	00:38:01
173 °	30 °	959	M45	00:03:52	Henrique Machado	PT	Nucleo de Atletismo de Vila Real	01:21:45	01:21:40	+00:17:04	00:38:29
174 °	57 °	2475	M20	00:03:52	ROBERTO ALONSO VAZQUEZ	GL	Individual	01:21:46	01:21:36	+00:17:05	00:00:00
175 °	31 °	2150	M45	00:03:52	Xavier Rodrigue	PT	Individual	01:21:48	01:21:43	+00:17:07	00:00:00
176 °	58 °	2741	M20	00:03:51	Nuno Gonçalo Oliveira Marques	PT	Parque Nascente Health Club	01:21:50	01:21:25	+00:17:09	00:00:00
177 °	40 °	167	M35	00:03:52	MARCOS MENDEZ BARRAN	GL	C.A.R. MARISQUEIRO	01:21:55	01:21:38	+00:17:14	00:39:52
178 °	24 °	578	M40	00:03:52	Paulo Sousa	PT	Tartarugas	01:21:57	01:21:46	+00:17:16	00:38:23
179 °	59 °	2172	M20	00:03:52	Ludgero Moreira	PT	GDC Castelo de Paiva	01:21:58	01:21:54	+00:17:17	00:00:00
180 °	17 °	2762	M50	00:03:52	ANTÓNIO OSÓRIO PINTO	PT	CRACKS CLUBE DE LAMEGO	01:22:01	01:21:51	+00:17:20	00:38:38
181 °	32 °	667	M45	00:03:53	Marcos A. Francés Gómez	GL	Individual	01:22:02	01:22:00	+00:17:21	00:38:28
182 °	41 °	1101	M35	00:03:53	Miguel Angel Fernandez Alvarez	GL	C.A.R. Marisqueiro	01:22:03	01:21:57	+00:17:22	00:38:50
183 °	33 °	1559	M45	00:03:52	José Alves	PT	GD Airão	01:22:03	01:21:53	+00:17:22	00:38:56
184 °	18 °	1053	M50	00:03:51	António Dias	PT	GR Estrela Bonfim	01:22:04	01:21:26	+00:17:23	00:39:08
185 °	34 °	1356	M45	00:03:53	josé morais	PT	c.nossa senhora da conceição	01:22:05	01:22:00	+00:17:24	00:00:00
186 °	35 °	1999	M45	00:03:53	CARLOS ROCHA	PT	PORTO RUNNERS	01:22:08	01:21:57	+00:17:27	00:00:00
187 °	36 °	1856	M45	00:03:53	MANUEL FERREIRA	PT	ARADA ATLÉTICO CLUBE	01:22:12	01:22:10	+00:17:31	00:34:09
188 °	42 °	2396	M35	00:03:52	DAVID DACUNA GONZALEZ	GL	Individual	01:22:12	01:21:54	+00:17:31	00:38:32
189 °	10 °	28	F20	00:03:53	CARLA MACHADO	PT	UNIÃO DESPORTIVA DO VARZEA	01:22:13	01:22:13	+00:17:32	00:39:02
190 °	37 °	865	M45	00:03:53	Francisco Novais	PT	Vitória Sport Clube	01:22:20	01:22:14	+00:17:39	00:39:22
191 °	60 °	2542	M20	00:03:53	PEDRO REGUEIRAS	PT	N.A.Taipas	01:22:20	01:22:12	+00:17:39	00:39:23
192 °	38 °	1002	M45	00:03:53	AMILCAR FERREIRA	PT	SOARENSE SPORT CLUBE	01:22:22	01:22:13	+00:17:41	00:39:03
193 °	25 °	175	M40	00:03:51	Jorge Fernandes	PT	2slow2run	01:22:24	01:21:29	+00:17:43	00:00:00
194 °	19 °	2007	M50	00:03:54	FERNANDO SANTIAGO	PT	PORTO RUNNERS	01:22:27	01:22:22	+00:17:45	00:38:43

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
195 °	61 °	9	M20	00:03:54	DIOGO MACHADO	PT	CYCLONES SANITOP	01:22:30	01:22:29	+00:17:49	00:38:10
196 °	62 °	1294	M20	00:03:53	VITOR FERREIRA	PT	G.D.R. RETORTA	01:22:31	01:22:14	+00:17:50	00:38:35
197 °	43 °	1420	M35	00:03:54	Pedro Joel Santos Carvalho	PT	CCD/APDL	01:22:33	01:22:21	+00:17:52	00:00:00
198 °	44 °	2190	M35	00:00:00	Jose Bujan Gonzalez	GL	PATO BLANCO DE CELANOVA	01:22:36	00:00:00	+00:17:55	00:38:50
199 °	26 °	1853	M40	00:03:54	António Filipe Bastos fontes	PT	G Amizade-Tempos Livres e Educação para a Paz	01:22:39	01:22:25	+00:17:58	00:39:44
200 °	63 °	892	M20	00:03:54	PAULO JOSÉ PINTO FERREIRA	PT	FUTEBOL CLUBE PENAFIEL	01:22:40	01:22:28	+00:17:59	00:39:04
201 °	45 °	1028	M35	00:03:54	CARLOS COELHO	PT	A.D.RIO LARGO C.E.	01:22:41	01:22:34	+00:18:00	00:39:26
202 °	64 °	2386	M20	00:03:54	ANTÓNIO MOREIRA	PT	CLUBE DOS GALITOS DE AVEIRO	01:22:41	01:22:21	+00:18:00	00:00:00
203 °	46 °	1528	M35	00:03:54	Nuno Vieira	PT	AASM	01:22:43	01:22:23	+00:18:02	00:39:42
204 °	27 °	2544	M40	00:03:54	ANTONIO SILVA	PT	N.A.Taipas	01:22:47	01:22:28	+00:18:06	00:39:42
205 °	28 °	2210	M40	00:03:53	RAMON RODRIGUEZ GONZALEZ	GL	C.A. CARBALLINO	01:22:55	01:21:58	+00:18:14	00:00:00
206 °	11 °	35	F20	00:03:55	FÁTIMA SILVA	PT	CLUBE DESPORTIVO DA PÓVOA	01:22:57	01:22:54	+00:18:16	00:39:13
207 °	47 °	573	M35	00:03:55	João Paulo Louro	PT	Individual	01:22:58	01:22:48	+00:18:17	00:39:04
208 °	65 °	2778	M20	00:03:55	Jose Rodrigues	PT	Fisiovalter Team	01:22:58	01:22:43	+00:18:17	00:00:00
209 °	20 °	141	M50	00:03:55	ANTÓNIO BRANDÃO RUELA	PT	CF Oliveira do Douro	01:23:00	01:22:49	+00:18:19	00:39:40
210 °	48 °	2485	M35	00:03:55	JOSÉ FERREIRA	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:23:05	01:22:55	+00:18:24	00:38:15
211 °	66 °	2209	M20	00:03:53	FERNANDO PÉREZ REBOREDO	GL	C.A. CARBALLINO	01:23:05	01:22:08	+00:18:24	00:39:58
212 °	49 °	1070	M35	00:03:55	PASCOAL DIAS DE MELO	PT	GNR GUIMARÃES	01:23:08	01:22:38	+00:18:27	00:39:41
213 °	67 °	1955	M20	00:03:55	Ricardo Carvalho	PT	Amigos Quinta das Freiras	01:23:09	01:22:45	+00:18:28	00:39:52
214 °	68 °	463	M20	00:03:55	ismael jose da cunha queiros	PT	Individual	01:23:10	01:22:57	+00:18:29	00:39:16
215 °	50 °	2473	M35	00:03:56	JUAN RAMON GONZALEZ CAAMAÑO	GL	Individual	01:23:10	01:23:06	+00:18:29	00:38:57
216 °	39 °	2333	M45	00:03:56	JOSÉ MARTINS	PT	SIRA-SOC INSTRUÇÃO RECREIO ALDREENSE	01:23:13	01:22:59	+00:18:32	00:40:06
217 °	40 °	1899	M45	00:03:55	DIOGO FERREIRA CARVALHO	PT	GINASIO CLUBE SANTO TIRSO	01:23:14	01:22:43	+00:18:33	00:39:26
218 °	29 °	439	M40	00:03:52	Abílio Pedro Moreira	PT	Individual	01:23:18	01:21:40	+00:18:36	00:00:00
219 °	41 °	2766	M45	00:03:55	ROBERTO LEAL	PT	GRUPO DESPORTIVO OS RIBEIRINHOS	01:23:18	01:22:55	+00:18:37	00:00:00
220 °	30 °	1818	M40	00:03:56	JOSE AMARAL	PT	FERREIROLUX	01:23:26	01:23:18	+00:18:44	00:39:09
221 °	42 °	576	M45	00:03:56	António Leites	PT	Tartarugas	01:23:27	01:23:11	+00:18:46	00:39:06
222 °	21 °	2551	M50	00:03:56	CARLOS JUSTO	PT	N.A.Taipas	01:23:28	01:23:17	+00:18:47	00:40:02
223 °	51 °	215	M35	00:03:56	BALTASAR FIGUEIRAS MARTINEZ	GL	INDIVIDUAL	01:23:29	01:23:05	+00:18:48	00:39:38
224 °	12 °	1640	F20	00:03:57	MARLENE LOPES	PT	MAIA AC	01:23:29	01:23:26	+00:18:48	00:00:00
225 °	43 °	187	M45	00:03:55	jose luis	GL	atletismo tui thermalia	01:23:30	01:22:57	+00:18:49	00:00:00
226 °	22 °	1419	M50	00:03:57	Mauricio Torrinha	PT	Escola Atletismo Rosa Oliveira	01:23:33	01:23:19	+00:18:52	00:39:59
227 °	52 °	1428	M35	00:03:57	João Oliveira	PT	CHAVES RUNNING TEAM	01:23:36	01:23:26	+00:18:55	00:39:09
228 °	69 °	2595	M20	00:03:57	MARCO ANTONIO VALVERDE VILAR	GL	ATHLETICS SMOOY TEAM	01:23:41	01:23:34	+00:19:00	00:37:07
229 °	44 °	2684	M45	00:03:56	ASDRUBAL FREITAS	PT	OS GAIENSESTOYOTA	01:23:42	01:23:06	+00:19:01	00:39:36
230 °	45 °	1001	M45	00:03:57	CARLOS FERNANDES	PT	SOARENSE SPORT CLUBE	01:23:43	01:23:32	+00:19:02	00:39:39
231 °	53 °	1163	M35	00:03:57	BRUNO MUINOS CARBALLO	GL	C.A.R. MARISQUEIRO	01:23:49	01:23:32	+00:19:07	00:39:58
232 °	23 °	2230	M50	00:03:58	Jose Alfredo Sanchez Murcia	GL	VETERAN@S DE GALICIA	01:23:49	01:23:44	+00:19:08	00:39:13

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
233 °	54 °	2133	M35	00:03:57	Francisco M. Mendez Quintela	GL	Noitebra F.C.	01:23:52	01:23:24	+00:19:10	00:40:03
234 °	31 °	1507	M40	00:03:58	FRANCISCO TEIXEIRA	PT	GRUPO DESPORTIVO LUZ VERDE	01:24:00	01:23:54	+00:19:19	00:00:00
235 °	32 °	913	M40	00:03:58	Luís VIEIRA	PT	Atletismo de Vila Boa do Bispo	01:24:02	01:23:56	+00:19:20	00:39:13
236 °	33 °	43	M40	00:03:58	PAULO FERREIRA	PT	VIANA TRAIL	01:24:02	01:24:00	+00:19:21	00:38:12
237 °	46 °	1105	M45	00:03:58	Oskar Juncal	GL	Sotavento	01:24:02	01:23:49	+00:19:21	00:00:00
238 °	70 °	944	M20	00:03:58	PABLO TABERNERO VIDAL	GL	ATHLETICS AVENTURA	01:24:03	01:23:43	+00:19:22	00:40:43
239 °	34 °	283	M40	00:03:58	artur manuel matos	PT	bombeiros municipais	01:24:04	01:23:52	+00:19:22	00:39:15
240 °	71 °	2462	M20	00:03:56	DAVID GIRALDEZ CAMESELLA	GL	Individual	01:24:04	01:23:18	+00:19:23	00:00:00
241 °	55 °	558	M35	00:03:58	Jose Sanles Pineiro	GL	Atlética Barbanza	01:24:04	01:23:51	+00:19:23	00:00:00
242 °	47 °	1871	M45	00:03:57	Manuel Floriano Ribeiro	PT	Associação Desportiva de Castelões	01:24:06	01:23:19	+00:19:25	00:00:00
243 °	72 °	2387	M20	00:03:57	LUIS ENRIQUE MARTÍNEZ COMESNA	GL	Individual	01:24:09	01:23:25	+00:19:28	00:00:00
244 °	73 °	2376	M20	00:03:56	Luís Alberto Bonito Cavaleiro	PT	Run@Figueira	01:24:11	01:23:16	+00:19:30	00:40:03
245 °	74 °	1068	M20	00:03:58	Bruno Martins	PT	GR Estrela Bonfim	01:24:13	01:23:57	+00:19:32	00:38:12
246 °	48 °	1153	M45	00:03:59	JULIO RIBEIRO	PT	CENTRO RECREIO POPULAR S.TIAGO	01:24:17	01:24:04	+00:19:35	00:40:09
247 °	56 °	2110	M35	00:03:57	Gonzalo Fernandez	GL	Individual	01:24:17	01:23:21	+00:19:36	00:40:36
248 °	75 °	2471	M20	00:03:57	ANTONIO TOUCEDO ESTEVEZ	GL	Individual	01:24:19	01:23:36	+00:19:37	00:41:06
249 °	35 °	1620	M40	00:03:58	claudio Queiroga	PT	Dinamo Clube Estação	01:24:21	01:23:59	+00:19:39	00:40:05
250 °	49 °	1811	M45	00:03:58	ISIDRO GOMES	PT	FERREIROLUX	01:24:23	01:23:58	+00:19:42	00:39:08
251 °	36 °	1964	M40	00:03:58	Juan Antonio Lopez Fernandez	GL	Individual	01:24:25	01:23:41	+00:19:44	00:00:00
252 °	76 °	2807	M20	00:03:59	Filipe Almeida	PT	Individual	01:24:26	01:24:19	+00:19:45	00:00:00
253 °	77 °	349	M20	00:03:59	José Carlos Baptista Pereira	PT	Individual	01:24:26	01:24:19	+00:19:45	00:39:50
254 °	57 °	1700	M35	00:03:59	Nicolas Arias	GL	Mille Lire	01:24:29	01:24:13	+00:19:48	00:39:55
255 °	24 °	1505	M50	00:03:59	Manuel Alves	PT	Associação Moinho de Vermoim	01:24:29	01:24:17	+00:19:48	00:40:09
256 °	50 °	962	M45	00:04:00	Carlos Silva Cruz	PT	Os Rompe Solas de Vila do Conde	01:24:31	01:24:22	+00:19:50	00:39:36
257 °	78 °	2792	M20	00:03:59	ANTONIO CRISTOVAO	PT	G.D.C.GUILHOVAI	01:24:32	01:24:19	+00:19:51	00:39:43
258 °	51 °	1100	M45	00:04:00	Juan Carlos Paz Gonzalez	GL	C.A.R. Marisqueiro	01:24:33	01:24:23	+00:19:52	00:00:00
259 °	37 °	611	M40	00:03:59	joaquim fernando fernandes	PT	Individual	01:24:34	01:24:16	+00:19:53	00:39:59
260 °	79 °	1440	M20	00:03:56	José Afonso	PT	Movimento Anti-Touradas de Portugal	01:24:34	01:23:11	+00:19:53	00:41:34
261 °	80 °	109	M20	00:03:58	Paulo Domingues	PT	É de Shot International	01:24:42	01:23:58	+00:20:01	00:40:27
262 °	38 °	2693	M40	00:03:58	AUGUSTO MANUEL FIGUEIREDO	PT	Individual	01:24:42	01:23:47	+00:20:01	00:40:27
263 °	39 °	523	M40	00:04:00	Augusto Oliveira	PT	Paredes Aventura	01:24:42	01:24:30	+00:20:01	00:00:00
264 °	40 °	1026	M40	00:03:56	EDUARDO GOY GOMEZ	GL	ASOCIACION DEPORTIVA C.A.R.	01:24:44	01:23:15	+00:20:03	00:41:14
265 °	25 °	1006	M50	00:04:00	FERNANDO ANTUNES	PT	SOARENSE SPORT CLUBE	01:24:45	01:24:33	+00:20:04	00:39:02
266 °	81 °	2810	M20	00:04:00	miguel teixeira	PT	Individual	01:24:46	01:24:35	+00:20:05	00:39:15
267 °	52 °	40	M45	00:04:01	ALBERTO FARIA SOARES	PT	CENTRO RECREIO POPULAR S. TIAGO	01:24:47	01:24:45	+00:20:05	00:39:30
268 °	82 °	1926	M20	00:04:00	Eduardo Batista	PT	Stressout	01:24:50	01:24:33	+00:20:09	00:39:55
269 °	83 °	503	M20	00:04:00	PEDRO PONTES	PT	CLUBE DESPORTIVO DA POVOA	01:24:52	01:24:39	+00:20:11	00:39:13
270 °	53 °	2041	M45	00:03:58	MANUEL ROCHA	PT	PORTO RUNNERS	01:24:53	01:23:45	+00:20:11	00:00:00
271 °	84 °	2664	M20	00:04:00	ANDRE CABREIRA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:24:56	01:24:31	+00:20:14	00:40:05

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
272 °	54 °	1675	M45	00:04:01	VASCO FIGUEIREDO	PT	DASDIKES	01:24:57	01:24:46	+00:20:16	00:39:25
273 °	58 °	560	M35	00:03:59	Marcos Fernandez Carreira	GL	CLUB ATLETISMO PORRINO	01:24:58	01:24:04	+00:20:17	00:41:12
274 °	59 °	281	M35	00:03:57	Paulo Martins	PT	Clube Fluvial Portuense	01:25:00	01:23:26	+00:20:18	00:41:44
275 °	60 °	2522	M35	00:04:01	Rui Miguel da Silva Afonso	PT	Individual	01:25:01	01:24:48	+00:20:20	00:41:52
276 °	61 °	1968	M35	00:04:00	NARCISO INSUA GONZALEZ	GL	CLUB ATLETISMO DE NOIA	01:25:03	01:24:41	+00:20:22	00:40:41
277 °	62 °	2124	M35	00:04:00	Hernán Orejas Martínez	GL	Individual	01:25:06	01:24:36	+00:20:25	00:40:27
278 °	55 °	1460	M45	00:04:00	FERNANDO SACRAMENTO	PT	FIT 4 FUN LDA	01:25:08	01:24:43	+00:20:27	00:41:48
279 °	41 °	226	M40	00:04:01	JOSE SA	PT	Individual	01:25:10	01:24:49	+00:20:29	00:00:00
280 °	85 °	664	M20	00:04:01	nuno miguel fernandes	PT	vital	01:25:17	01:24:47	+00:20:36	00:00:00
281 °	86 °	2109	M20	00:04:02	ANDRÉ MATOS	PT	PARQUE HEALTH CLUB	01:25:19	01:25:10	+00:20:38	00:39:12
282 °	26 °	2624	M50	00:04:02	Manuel Fernández Pereiro	GL	Individual	01:25:24	01:25:21	+00:20:43	00:00:00
283 °	27 °	992	M50	00:04:02	CARLOS PINTO	PT	N A M	01:25:24	01:25:20	+00:20:43	00:39:50
284 °	87 °	608	M20	00:04:02	nelson costa	PT	FERREIROLUX	01:25:24	01:25:16	+00:20:43	00:00:00
285 °	88 °	338	M20	00:04:02	Rui Santos	PT	Bombeiros Municipais Viana do Castelo	01:25:25	01:25:13	+00:20:43	00:40:09
286 °	28 °	1007	M50	00:04:02	MANUEL SILVA	PT	SOARENSE SPORT CLUBE	01:25:27	01:25:15	+00:20:46	00:40:51
287 °	56 °	2887	M45	00:04:01	AGOSTINHO COSTA	PT	ASSOCIAÇÃO MOINHO DE VERMOIM	01:25:27	01:24:57	+00:20:46	00:41:44
288 °	89 °	363	M20	00:04:03	Joao Manuel Nunes de Sousa	PT	EuTREINO	01:25:33	01:25:26	+00:20:52	00:39:40
289 °	42 °	2385	M40	00:04:03	JOSE MANUEL VILAS FERNANDEZ	GL	CLUB ATLETISMO DE NOIA	01:25:36	01:25:36	+00:20:55	00:00:00
290 °	43 °	2466	M40	00:04:02	HORACIO GIL LAMEIRO	GL	REAL CLUB CELTA	01:25:39	01:25:12	+00:20:57	00:00:00
291 °	63 °	2251	M35	00:04:03	DANIEL DIZ	GL	INDIVIDUAL	01:25:39	01:25:27	+00:20:58	00:39:41
292 °	44 °	1099	M40	00:03:58	Guillermo Rivas	GL	Individual	01:25:40	01:23:53	+00:20:59	00:41:55
293 °	45 °	2491	M40	00:04:01	CARMINDO SOARES	PT	MOVIMENTO JUVENTUDE MERELIM	01:25:41	01:24:44	+00:21:00	00:42:34
294 °	13 °	2809	F20	00:04:03	CLÁUDIA PEREIRA	PT	ASSOCIAÇÃO MOINHO DE VERMOIM	01:25:42	01:25:42	+00:21:01	00:40:28
295 °	64 °	1495	M35	00:04:03	Miguel Figueiredo	PT	Café Ponto Final/Confeções Paulo Nogueira	01:25:42	01:25:31	+00:21:01	00:40:28
296 °	46 °	680	M40	00:04:03	Antonio Jorge Vale	PT	Individual	01:25:44	01:25:33	+00:21:03	00:40:13
297 °	65 °	575	M35	00:04:00	Filipe Lima	PT	Tartarugas	01:25:47	01:24:39	+00:21:06	00:41:27
298 °	47 °	1544	M40	00:03:59	Helder Gabriel Mendes Pinheiro	PT	Individual	01:25:48	01:24:08	+00:21:07	00:41:38
299 °	57 °	2070	M45	00:04:03	VICTOR CARVALHO	PT	PORTO RUNNERS	01:25:51	01:25:37	+00:21:09	00:41:46
300 °	66 °	2088	M35	00:04:03	Jose Ruben Calvo	GL	OS AFIADORES OURENSE	01:25:51	01:25:37	+00:21:10	00:41:15
301 °	48 °	2084	M40	00:04:03	Fernando Rama González	GL	Taninos Runners Pontareas	01:25:52	01:25:40	+00:21:10	00:00:00
302 °	49 °	986	M40	00:04:03	José Marques	PT	Centro de Atletismo de Matosinhos	01:25:52	01:25:46	+00:21:11	00:40:33
303 °	50 °	1249	M40	00:04:04	Carlos Cunha	PT	corre connosco felgueiras	01:25:53	01:25:48	+00:21:11	00:40:33
304 °	51 °	1612	M40	00:04:01	ANTONIO LÓPEZ FERNANDEZ	GL	C.A. CARBALLINO	01:25:54	01:24:57	+00:21:13	00:41:11
305 °	52 °	1407	M40	00:03:58	Alfredo silva	PT	CAVE Esposende	01:25:56	01:23:51	+00:21:15	00:00:00
306 °	29 °	18	M50	00:04:04	ORLANDO MORAIS	PT	CYCLONES SANITOP	01:25:56	01:25:56	+00:21:15	00:40:33
307 °	58 °	2116	M45	00:04:03	Lalo R. Villar	GL	Individual	01:26:01	01:25:35	+00:21:20	00:40:50
308 °	67 °	1858	M35	00:04:04	Manuel António Cruz Sá	PT	Grupo Amizade - Tempos Livres e Educação para a Pa	01:26:01	01:25:48	+00:21:20	00:40:02
309 °	53 °	1247	M40	00:04:03	Jacinto Ribeiro	PT	corre connosco felgueiras	01:26:01	01:25:46	+00:21:20	00:40:40



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
310 °	68 °	321	M35	00:04:03	Emanuel Claudio Matos	GL	Clube Fluvial Vilacondense	01:26:04	01:25:27	+00:21:23	00:41:46
311 °	59 °	2539	M45	00:04:03	JOSE MOTA	PT	N.A.Taipas	01:26:06	01:25:32	+00:21:25	00:42:04
312 °	54 °	206	M40	00:04:03	PAULO MOREIRA	PT	GAVIÕES	01:26:06	01:25:45	+00:21:25	00:42:03
313 °	60 °	916	M45	00:04:03	Modesto Vieira	PT	Atletismo de Vila Boa do Bispo	01:26:07	01:25:32	+00:21:26	00:41:16
314 °	69 °	329	M35	00:04:04	João Filipe Sousa Machado	PT	Individual	01:26:08	01:25:56	+00:21:27	00:40:50
315 °	70 °	2398	M35	00:04:02	ESTEBAN COSTAS MARCOTE	GL	Individual	01:26:09	01:25:22	+00:21:28	00:00:00
316 °	71 °	1074	M35	00:04:03	DANIEL NOVAIS SILVA	PT	GNR GUIMARÃES	01:26:14	01:25:45	+00:21:33	00:40:49
317 °	55 °	1148	M40	00:04:04	JOSE MORAIS	PT	CENTRO RECREIO POPULAR S.TIAGO	01:26:19	01:26:06	+00:21:38	00:40:26
318 °	72 °	2554	M35	00:04:04	ADELIO MARQUES	PT	N.A.Taipas	01:26:20	01:26:02	+00:21:39	00:41:05
319 °	61 °	633	M45	00:04:04	SÉRGIO MARTINS	PT	A.R. DE NEGRELOS	01:26:21	01:25:55	+00:21:40	00:00:00
320 °	90 °	2127	M20	00:04:03	DAVID GÓMEZ LÓPEZ	GL	AFILADOS RUNNERS	01:26:22	01:25:35	+00:21:41	00:40:52
321 °	56 °	1030	M40	00:04:04	Matias Eduardo Losada Arca	GL	Individual	01:26:26	01:26:07	+00:21:45	00:40:55
322 °	57 °	304	M40	00:04:05	David Vazquez Rodriguez	GL	Individual	01:26:29	01:26:18	+00:21:48	00:40:45
323 °	73 °	1196	M35	00:04:05	João Veiga da Cruz	PT	GDST	01:26:30	01:26:15	+00:21:49	00:40:33
324 °	74 °	2136	M35	00:04:04	Marcos Losada Garcia	GL	Noitebra F.C.	01:26:32	01:26:05	+00:21:50	00:00:00
325 °	30 °	1387	M50	00:04:03	FERNANDO SOUTO	PT	OS BRAGUINHAS	01:26:38	01:25:33	+00:21:57	00:00:00
326 °	31 °	919	M50	00:04:04	João Ribeiro	PT	Atletismo de Vila Boa do Bispo	01:26:46	01:25:57	+00:22:05	00:41:47
327 °	75 °	2556	M35	00:04:06	RICARDO SALGADO	PT	N.A.Taipas	01:26:47	01:26:34	+00:22:06	00:41:32
328 °	58 °	2931	M40	00:04:04	Marco Silva	PT	EDP GÁS	01:26:48	01:26:00	+00:22:07	00:41:38
329 °	76 °	2232	M35	00:04:04	Marcos Lopez Santome	GL	VETERAN@S DE GALICIA	01:26:48	01:26:02	+00:22:07	00:41:47
330 °	32 °	1745	M50	00:04:05	RAMON BARBA	GL	CLUB ATLETISMO FONTES DO SAR	01:26:53	01:26:16	+00:22:12	00:00:00
331 °	62 °	2253	M45	00:04:03	Manuel Rodríguez	GL	Individual	01:26:57	01:25:39	+00:22:16	00:42:27
332 °	63 °	2181	M45	00:04:06	Jose Mauel Ferreiro Vazquez	GL	Os AFIADORES	01:26:59	01:26:42	+00:22:18	00:41:27
333 °	77 °	507	M35	00:04:06	Jorge Machado	PT	Individual	01:27:00	01:26:48	+00:22:18	00:00:00
334 °	91 °	2004	M20	00:04:07	EDUARDO BRANDÃO	PT	PORTO RUNNERS	01:27:01	01:26:53	+00:22:19	00:42:27
335 °	59 °	545	M40	00:04:06	RUBEN CASTRO DOMINGUEZ	GL	ATLETISMO TUI THERMALIA	01:27:01	01:26:38	+00:22:20	00:00:00
336 °	92 °	1645	M20	00:04:06	Ricardo da Silva Gonçalves	PT	Individual	01:27:02	01:26:45	+00:22:21	00:41:51
337 °	60 °	688	M40	00:04:07	Paulo Manuel Oliveira	PT	G.C.R Alvarelhos	01:27:02	01:26:56	+00:22:21	00:40:40
338 °	93 °	58	M20	00:04:07	ANGELO PACHECO	PT	N. A. TAIPAS	01:27:03	01:27:00	+00:22:22	00:00:00
339 °	78 °	1059	M35	00:04:05	PAULO TAVARES	PT	BRAGACTIVE/SONGO.INFO	01:27:05	01:26:27	+00:22:23	00:41:46
340 °	64 °	1664	M45	00:04:06	Carlos Gonzalez Reino	GL	Individual	01:27:05	01:26:44	+00:22:24	00:00:00
341 °	61 °	335	M40	00:04:06	EMILIO GOMEZ CALVIÑO	GL	ATLETISMO NOIA	01:27:05	01:26:44	+00:22:24	00:00:00
342 °	94 °	1035	M20	00:04:06	Yago Lago Álvarez	GL	Comesaña Sporting Club	01:27:05	01:26:42	+00:22:24	00:00:00
343 °	62 °	2191	M40	00:04:06	MARCOS ANTONIO FIGUEIREDO	GL	CLUB ATLETISMO DE NOIA	01:27:05	01:26:42	+00:22:24	00:00:00
344 °	95 °	2733	M20	00:04:07	LUIS SA	PT	Individual	01:27:06	01:26:56	+00:22:25	00:40:29
345 °	79 °	2254	M35	00:04:05	Salvatore Spanu	PT	Individual	01:27:06	01:26:22	+00:22:25	00:00:00
346 °	33 °	2467	M50	00:04:07	ANTONIO FERNANDEZ HERMIDA	GL	CLUB ATLETISMO DE NOIA	01:27:09	01:27:06	+00:22:28	00:41:44
347 °	96 °	941	M20	00:04:06	ROBERTO LAGO GRANA	GL	ATHLETICS AVENTURA	01:27:09	01:26:47	+00:22:28	00:41:04
348 °	63 °	950	M40	00:04:07	ALVARO FERNANDO MACHADO	PT	GBES - DELEGAÇÃO NORTE	01:27:10	01:26:51	+00:22:29	00:41:30

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
349 °	80 °	1078	M35	00:04:05	JOSE MANUEL PREZ IGLESIAS	GL	Individual	01:27:10	01:26:24	+00:22:29	00:41:19
350 °	97 °	943	M20	00:04:06	Miguel Angel CArmona Araujo	GL	Athletics Aventura	01:27:11	01:26:48	+00:22:30	00:00:00
351 °	98 °	1860	M20	00:04:07	DAVID FERNANDES	PT	ARADA ATLÉTICO CLUBE	01:27:12	01:26:58	+00:22:31	00:40:09
352 °	64 °	1826	M40	00:04:07	DAVID SOUSA	PT	FERREIROLUX	01:27:13	01:27:05	+00:22:31	00:41:35
353 °	34 °	2039	M50	00:04:07	MANUEL MARTINS	PT	PORTO RUNNERS	01:27:13	01:27:05	+00:22:31	00:39:30
354 °	99 °	1418	M20	00:04:07	Sérgio Mina Gaião	PT	CCD/APDL	01:27:14	01:27:06	+00:22:33	00:41:56
355 °	100 °	466	M20	00:04:06	Orlando José Pereira da Silva	PT	Individual	01:27:16	01:26:43	+00:22:35	00:41:37
356 °	101 °	1859	M20	00:00:00	JOAQUIM FERREIRA	PT	ARADA ATLÉTICO CLUBE	01:27:16	00:00:00	+00:22:35	00:00:00
357 °	65 °	1857	M45	00:04:07	José Manuel Oliveira Leite	PT	Grupo Amizade - Tempos Livres e Educação para a Pa	01:27:17	01:27:03	+00:22:35	00:00:00
358 °	102 °	2775	M20	00:04:07	DAVID ALONSO BALGIELA	GL	SEGUROS BILBAO MOLDES	01:27:18	01:27:02	+00:22:37	00:00:00
359 °	65 °	2670	M40	00:04:07	MANUEL ESTEVES GARCIA	GL	SEGUROS BILBAO MOLDES	01:27:18	01:27:02	+00:22:37	00:42:34
360 °	103 °	53	M20	00:04:08	TELMO SAMPAIO FERREIRA	PT	BAZAR DESPORTIVO	01:27:19	01:27:15	+00:22:38	00:00:00
361 °	104 °	1831	M20	00:04:06	Alejandro Otero Ramirez	GL	Individual	01:27:22	01:26:32	+00:22:41	00:00:00
362 °	105 °	299	M20	00:04:08	Lauro António Araújo	PT	Individual	01:27:25	01:27:15	+00:22:43	00:39:38
363 °	81 °	554	M35	00:04:07	António Sérgio Fernandes	PT	Individual	01:27:25	01:26:55	+00:22:44	00:41:44
364 °	82 °	407	M35	00:04:08	Vitor Miguel Ferreira Pinto	PT	Amigos do trail	01:27:25	01:27:17	+00:22:44	00:40:35
365 °	35 °	2352	M50	00:04:07	Isidro Silva Miranda	PT	Centro Desportivo e Cultural de Navais	01:27:28	01:27:01	+00:22:47	00:00:00
366 °	36 °	1062	M50	00:00:00	Joaquim Fangeiro	PT	GR Estrela Bonfim	01:27:29	00:00:00	+00:22:48	00:00:00
367 °	83 °	217	M35	00:04:07	João Teixeira	PT	Individual	01:27:29	01:26:55	+00:22:48	00:41:45
368 °	66 °	974	M45	00:04:08	CARLOS CARDOSO	PT	A.D.RIO LARGO C.E.	01:27:33	01:27:15	+00:22:52	00:41:47
369 °	67 °	2537	M45	00:04:07	JOAO BARBOSA	PT	N.A.Taipas	01:27:36	01:27:04	+00:22:55	00:43:07
370 °	84 °	1075	M35	00:04:07	FILIPE MEIRA	PT	GNR GUIMARÃES	01:27:38	01:27:07	+00:22:56	00:42:03
371 °	66 °	1562	M40	00:04:08	Carlos Castro	PT	GD Airão	01:27:38	01:27:24	+00:22:57	00:00:00
372 °	106 °	2061	M20	00:04:05	PEDRO PITA	PT	PORTO RUNNERS	01:27:39	01:26:18	+00:22:58	00:00:00
373 °	85 °	2875	M35	00:04:03	ALEXIS BUIG FERNANDEZ	GL	Individual	01:27:42	01:25:44	+00:23:01	00:00:00
374 °	107 °	1257	M20	00:00:00	SALGUEIRO ALVAREZ	GL	ATLETISMO TUI	01:27:43	00:00:00	+00:23:02	00:00:00
375 °	37 °	682	M50	00:04:09	Manuel António Dias Carneiro	PT	G.C.R Alvarelhos	01:27:45	01:27:38	+00:23:04	00:40:41
376 °	108 °	289	M20	00:04:06	Bruno Daniel Machado Fontao	PT	Wkiskytistas	01:27:50	01:26:47	+00:23:08	00:42:15
377 °	109 °	290	M20	00:04:06	Nuno Joel Rodrigues Araújo	PT	Whiskytistas	01:27:50	01:26:46	+00:23:09	00:42:15
378 °	38 °	1173	M50	00:00:00	Américo Pinto	PT	CCDTC:M.Gondomar	01:27:50	00:00:00	+00:23:09	00:00:00
379 °	68 °	2532	M45	00:04:08	MANUEL MOTA	PT	N.A.Taipas	01:27:51	01:27:16	+00:23:10	00:43:07
380 °	86 °	914	M35	00:04:08	Aurélio Vieira	PT	Atletismo de Vila Boa do Bispo	01:27:53	01:27:18	+00:23:12	00:41:32
381 °	39 °	1214	M50	00:04:09	Jose Corval	PT	Douro Azul	01:27:54	01:27:43	+00:23:13	00:41:34
382 °	40 °	1005	M50	00:04:09	RAUL RIBEIRO	PT	SOARENSE SPORT CLUBE	01:27:55	01:27:35	+00:23:14	00:00:00
383 °	110 °	2561	M20	00:04:08	MARCO SILVA	PT	N.A.Taipas	01:27:56	01:27:20	+00:23:15	00:43:08
384 °	87 °	1681	M35	00:04:09	PEDRO RODRIGUES	PT	DASDIKES	01:27:56	01:27:52	+00:23:15	00:41:20
385 °	88 °	350	M35	00:04:09	Nelson Jorge Romeu	PT	Individual	01:27:57	01:27:41	+00:23:16	00:42:17
386 °	89 °	348	M35	00:04:09	Gabriel Fagundes Meira	PT	Viana Trail	01:28:02	01:27:33	+00:23:21	00:42:01

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
387 °	14 °	2006	F20	00:04:09	EVELINA SHAMAROVA	PT	PORTO RUNNERS	01:28:03	01:27:53	+00:23:21	00:41:33
388 °	69 °	603	M45	00:04:09	CARLOS FERREIRA	PT	ARPO - ASSOCIAÇÃO RECREATIVA POUSADENSE	01:28:03	01:27:47	+00:23:22	00:41:45
389 °	90 °	872	M35	00:04:09	Jorge Manuel Meira Rocha	PT	Viana Trail	01:28:03	01:27:33	+00:23:22	00:00:00
390 °	91 °	1780	M35	00:04:09	JOSE LUIS NOVOA CID	GL	AFIADORES OURENSE	01:28:03	01:27:47	+00:23:22	00:00:00
391 °	67 °	2663	M40	00:04:09	BATISTA SILVA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:28:04	01:27:39	+00:23:22	00:41:28
392 °	92 °	328	M35	00:04:08	Alberto Domínguez	GL	Club Atletismo Porriño	01:28:04	01:27:27	+00:23:23	00:42:04
393 °	68 °	2669	M40	00:04:06	CARLOS FARIA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:28:05	01:26:46	+00:23:24	00:42:36
394 °	69 °	2235	M40	00:04:08	Mario Heras Carmona	GL	VETERAN@S DE GALICIA	01:28:06	01:27:20	+00:23:25	00:43:06
395 °	41 °	1107	M50	00:04:09	ISMAEL JOSÉ DA SILVA	PT	CCDR FUNDO DE VILA	01:28:07	01:27:47	+00:23:25	00:41:42
396 °	93 °	1733	M35	00:04:05	Mario Antonio Costa Araujo	PT	Individual	01:28:08	01:26:28	+00:23:27	00:00:00
397 °	42 °	1094	M50	00:04:09	Juan Brandón Rodríguez	GL	Atletismo Fontes do Sar	01:28:10	01:27:32	+00:23:29	00:00:00
398 °	70 °	1704	M45	00:04:09	SONGY PENA LOMBA	GL	VICTOR PAZOS& BUGALLAS MOBLES	01:28:11	01:27:35	+00:23:30	00:00:00
399 °	43 °	1633	M50	00:04:07	DAVID MILHAZES RODRIGUES	PT	Os Rompe Solas	01:28:12	01:26:59	+00:23:31	00:43:11
400 °	94 °	2840	M35	00:04:10	António José Santos	PT	Galp Energia	01:28:13	01:28:06	+00:23:32	00:41:37
401 °	44 °	17	M50	00:04:11	JOSÉ MACHADO	PT	CYCLONES SANITOP	01:28:15	01:28:15	+00:23:34	00:40:08
402 °	45 °	1753	M50	00:04:09	Roberto Rey Gonzalez	GL	CASTRELOS 20:30	01:28:16	01:27:50	+00:23:35	00:42:19
403 °	95 °	294	M35	00:04:09	PAULO FREITAS	PT	VIANA TRAIL	01:28:16	01:27:46	+00:23:35	00:00:00
404 °	70 °	1500	M40	00:04:10	CARLOS BARROSO	PT	GRUPO DESPORTIVO LUZ VERDE	01:28:17	01:28:08	+00:23:35	00:40:40
405 °	96 °	563	M35	00:04:10	Luis Camanho	PT	YupiiRun	01:28:17	01:27:57	+00:23:36	00:42:42
406 °	46 °	604	M50	00:04:10	RAUL CARVALHO	PT	ARPO - ASSOCIAÇÃO RECREATIVA POUSADENSE	01:28:19	01:28:10	+00:23:38	00:41:17
407 °	71 °	2300	M40	00:04:10	Fernando Ferreira	PT	Grupo Desportivo da Limpeza Urbana	01:28:19	01:28:07	+00:23:38	00:41:31
408 °	111 °	1352	M20	00:04:07	GILBERTO DIOGO DA SILVA FONTES	PT	OS LAMBAREIROS DO ASFALTO	01:28:20	01:27:05	+00:23:38	00:00:00
409 °	71 °	1937	M45	00:04:10	José António Leitão	PT	Individual	01:28:20	01:28:02	+00:23:39	00:41:23
410 °	72 °	613	M45	00:04:09	Henrique Jorge Ferreira	PT	Centro Ciclista de Gondomar	01:28:20	01:27:45	+00:23:39	00:42:12
411 °	72 °	2945	M40	00:04:11	JORGE MOUTINHO	PT	VITALIS	01:28:22	01:28:15	+00:23:41	00:00:00
412 °	112 °	1198	M20	00:04:10	Tiago Carvalho	PT	Individual	01:28:22	01:28:06	+00:23:41	00:42:19
413 °	73 °	2667	M40	00:04:10	ADAO MENDES	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:28:23	01:27:59	+00:23:42	00:41:55
414 °	113 °	905	M20	00:04:10	Alcindo Miguel Reis Freitas	PT	Individual	01:28:26	01:28:08	+00:23:45	00:00:00
415 °	73 °	2102	M45	00:04:11	RUI MANUEL AGAPITO MARQUES	PT	CLUBE PORTUGAL TELECOM	01:28:26	01:28:22	+00:23:45	00:00:00
416 °	47 °	2594	M50	00:04:09	CARLOS SANTOS ARGIBAY	GL	Individual	01:28:27	01:27:51	+00:23:46	00:42:34
417 °	74 °	2296	M45	00:04:11	José Costa	PT	Grupo Desportivo da Limpeza Urbana	01:28:30	01:28:20	+00:23:49	00:41:32
418 °	48 °	1213	M50	00:04:11	Joaquim Ribeiro	PT	Douro Azul	01:28:30	01:28:20	+00:23:49	00:00:00
419 °	114 °	2152	M20	00:04:11	José Agostinho Moreira	PT	Academia Vidativa Paredes	01:28:32	01:28:16	+00:23:50	00:40:27
420 °	115 °	695	M20	00:04:10	Luis Azevedo	PT	Individual	01:28:32	01:28:05	+00:23:51	00:42:27
421 °	74 °	2154	M40	00:04:10	ernesto pinto	PT	Individual	01:28:34	01:28:04	+00:23:53	00:41:49
422 °	75 °	1502	M45	00:04:11	Rodrigo Costa	PT	Café Ponto Final/Confeções Paulo Nogueira	01:28:34	01:28:25	+00:23:53	00:00:00
423 °	116 °	1313	M20	00:04:10	David Noiva Perdigoto	PT	Individual	01:28:35	01:28:14	+00:23:53	00:41:48
424 °	97 °	1300	M35	00:04:10	Jorge Oliveira	PT	A D Amarante	01:28:37	01:28:02	+00:23:56	00:00:00

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
425 °	117 °	165	M20	00:04:09	Nuno Fernandes	PT	Individual	01:28:38	01:27:35	+00:23:57	00:42:45
426 °	118 °	2442	M20	00:04:11	BRUNO MIGUEL MONTEIRO	PT	INDIVIDUAL	01:28:40	01:28:32	+00:23:58	00:42:11
427 °	98 °	671	M35	00:04:09	João Miguel Vaz Lima	PT	CFV	01:28:41	01:27:48	+00:24:00	00:00:00
428 °	99 °	399	M35	00:04:12	Paulo Silva	PT	Individual	01:28:45	01:28:36	+00:24:03	00:42:08
429 °	119 °	2052	M20	00:04:11	NUNO RIBEIRO	PT	PORTO RUNNERS	01:28:45	01:28:25	+00:24:04	00:42:29
430 °	75 °	1994	M40	00:04:09	ANTONIO RIBEIRO	PT	PORTO RUNNERS	01:28:45	01:27:36	+00:24:04	00:43:03
431 °	120 °	2157	M20	00:04:00	Abraham Torre Soengas	GL	Verxel N.D.	01:28:50	01:24:27	+00:24:08	00:44:12
432 °	121 °	1123	M20	00:04:09	Olivério Baptista	PT	CENAP	01:28:51	01:27:38	+00:24:10	00:43:31
433 °	76 °	2558	M45	00:04:10	ANTONIO AFONSO	PT	N.A.Taipas	01:28:52	01:28:00	+00:24:10	00:43:03
434 °	77 °	2427	M45	00:04:08	Angel Pérez Lago	GL	CORREDOIRAS	01:28:52	01:27:24	+00:24:11	00:43:19
435 °	100 °	937	M35	00:04:11	Rui Alves	PT	Amigos Quinta das Freiras	01:28:55	01:28:17	+00:24:14	00:43:02
436 °	49 °	1243	M50	00:04:12	Amadeu Teixeira	PT	corre connosco felgueiras	01:28:55	01:28:47	+00:24:14	00:41:46
437 °	76 °	2335	M40	00:04:10	Sérgio Teixeira	PT	MTF Runners	01:28:58	01:28:05	+00:24:17	00:42:57
438 °	78 °	1122	M45	00:04:08	João Matias	PT	CENAP	01:29:00	01:27:22	+00:24:18	00:00:00
439 °	101 °	849	M35	00:04:12	Rui Veloso	PT	Vitória Sport Clube	01:29:00	01:28:56	+00:24:19	00:41:50
440 °	122 °	1751	M20	00:04:09	André Pinto	PT	Freamunde Running Crew	01:29:02	01:27:49	+00:24:21	00:43:21
441 °	50 °	1755	M50	00:04:09	Abílio Marques	PT	Freamunde Running Crew	01:29:03	01:27:52	+00:24:21	00:00:00
442 °	123 °	2578	M20	00:04:12	LUCIANO VIEIRA	PT	LEÕES DA GUARDA	01:29:03	01:28:53	+00:24:22	00:41:38
443 °	77 °	601	M40	00:04:12	ÁLVARO SOUSA	PT	ARPO - ASSOCIAÇÃO RECREATIVA POUSADENSE	01:29:07	01:28:36	+00:24:26	00:42:17
444 °	51 °	921	M50	00:04:12	Arsénio Fernandes	PT	Individual	01:29:08	01:28:55	+00:24:27	00:41:39
445 °	78 °	2014	M40	00:04:12	JOÃO NETO	PT	PORTO RUNNERS	01:29:10	01:28:55	+00:24:28	00:41:39
446 °	79 °	634	M45	00:04:12	MANUEL GOMES	PT	A.R. DE NEGRELOS	01:29:10	01:28:44	+00:24:29	00:00:00
447 °	79 °	1915	M40	00:04:11	MANUEL TAVARES	PT	AÇOREANA CLUBE BANIF	01:29:10	01:28:29	+00:24:29	00:43:08
448 °	80 °	659	M45	00:04:11	José Carlos Pérez Puente	GL	Sociedad Deportiva CAR	01:29:11	01:28:15	+00:24:30	00:43:08
449 °	102 °	2358	M35	00:04:12	NUNO MIGUEL TEIXEIRA DA SILVA	PT	Individual	01:29:11	01:28:40	+00:24:30	00:00:00
450 °	52 °	1174	M50	00:04:12	Duarte Barbosa	PT	CCDTC:M.Gondomar	01:29:11	01:28:52	+00:24:30	00:42:47
451 °	124 °	2180	M20	00:04:12	Vazquez Alonso	GL	Athletics smooy team	01:29:13	01:28:49	+00:24:32	00:43:07
452 °	80 °	496	M40	00:04:12	João de Jesus Reis	PT	Individual	01:29:13	01:28:44	+00:24:32	00:42:02
453 °	81 °	511	M45	00:04:12	Francisco José Ribeiro Guedes	PT	Individual	01:29:13	01:28:46	+00:24:32	00:42:01
454 °	125 °	2518	M20	00:04:13	Nelson Ricardo Ribeiro	PT	Individual	01:29:14	01:29:00	+00:24:33	00:42:45
455 °	15 °	2855	F20	00:04:13	Justine Woicyk	PT	Individual	01:29:15	01:28:59	+00:24:34	00:00:00
456 °	126 °	785	M20	00:04:12	Virgílio Joao Lages Barbosa	PT	Individual	01:29:15	01:28:51	+00:24:34	00:43:28
457 °	81 °	2066	M40	00:04:12	RUI SOBRAL	PT	PORTO RUNNERS	01:29:16	01:28:54	+00:24:35	00:42:15
458 °	16 °	2568	F20	00:04:12	Lúcia Oliveira	PT	Açoreana Clube Banif	01:29:17	01:28:36	+00:24:35	00:00:00
459 °	82 °	1457	M45	00:04:13	Amador Reboreda Graña	GL	atletismo porriño	01:29:17	01:29:04	+00:24:36	00:41:30
460 °	103 °	2675	M35	00:04:12	Rogério Araújo Marques	PT	Individual	01:29:20	01:28:55	+00:24:39	00:40:52
461 °	53 °	36	M50	00:04:14	JOAQUIM SANTOS	PT	CLUBE ASSOCIAÇÃO RECREATIVA S. JOAO DA SERRA	01:29:21	01:29:18	+00:24:40	00:42:22
462 °	104 °	1776	M35	00:04:11	FILIPE RIBEIRO	PT	ASSOCIAÇÃO CULTURAL DE VERMOIM	01:29:22	01:28:26	+00:24:41	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
463 °	54 °	734	M50	00:04:13	ALFONSO VAZQUEZ CORREA	GL	CASTRELOS	01:29:23	01:28:58	+00:24:42	00:43:09
464 °	83 °	1405	M45	00:04:14	Ilídeo Peixoto	PT	CAVE Esposende	01:29:25	01:29:23	+00:24:43	00:42:18
465 °	82 °	2105	M40	00:04:11	Jose Manuel Gonzalez Chayan	GL	VETERAN@S DE GALICIA	01:29:26	01:28:18	+00:24:45	00:00:00
466 °	105 °	1095	M35	00:04:10	Vitor Coelho	PT	Leões do Veneza	01:29:29	01:28:04	+00:24:48	00:00:00
467 °	127 °	1301	M20	00:04:13	HÉLIO CARVALHO	PT	ASSOCIAÇÃO TRIATLO DE CAMINHA	01:29:29	01:29:06	+00:24:48	00:44:07
468 °	106 °	2788	M35	00:04:10	HENRIQUE ARAUJO	PT	Individual	01:29:32	01:28:10	+00:24:51	00:00:00
469 °	55 °	2502	M50	00:04:10	ARMINDO GOMES	PT	MOVIMENTO JUVENTUDE MERELIM	01:29:33	01:28:09	+00:24:52	00:00:00
470 °	56 °	1411	M50	00:04:10	paulo guimarães	PT	CAVE Esposende	01:29:33	01:28:02	+00:24:52	00:00:00
471 °	57 °	1131	M50	00:04:11	Antonio Oliveira	PT	Individual	01:29:34	01:28:33	+00:24:53	00:00:00
472 °	84 °	579	M45	00:04:14	Victor Sousa	PT	Tartarugas	01:29:34	01:29:21	+00:24:53	00:41:33
473 °	83 °	110	M40	00:04:12	Clemente Teixeira	PT	É de Shot International	01:29:36	01:28:51	+00:24:55	00:41:51
474 °	128 °	2057	M20	00:04:14	PAULO SILVA	PT	PORTO RUNNERS	01:29:37	01:29:23	+00:24:55	00:41:57
475 °	107 °	1221	M35	00:04:13	Carlos Branco	PT	Leone Runners	01:29:37	01:29:15	+00:24:55	00:41:40
476 °	108 °	1719	M35	00:04:13	David Alonso Giranldez	GL	Individual	01:29:37	01:29:13	+00:24:56	00:00:00
477 °	84 °	1707	M40	00:04:13	VICTOR MANUEL ROLAN PAZOS	GL	VICTOR PAZOS& BUGALLAS MOBLES	01:29:38	01:29:02	+00:24:57	00:42:26
478 °	58 °	1242	M50	00:04:12	Fernando Teles	PT	corre connosco felgueiras	01:29:38	01:28:41	+00:24:57	00:00:00
479 °	59 °	2037	M50	00:04:14	LUIS PIRES	PT	PORTO RUNNERS	01:29:39	01:29:32	+00:24:58	00:42:33
480 °	60 °	2208	M50	00:04:13	FERNANDO JOSÉ GUERRA ALVAREZ	GL	C.A. CARBALLINO	01:29:40	01:29:06	+00:24:58	00:00:00
481 °	85 °	556	M40	00:04:14	JOÃO PAULO SOARES NOGUEIRA	PT	Individual	01:29:40	01:29:24	+00:24:59	00:00:00
482 °	86 °	2128	M40	00:04:10	Vicente Rey Jácome	GL	Individual	01:29:41	01:28:03	+00:25:00	00:42:25
483 °	129 °	805	M20	00:04:11	Pedro Romano	PT	Suicidas Brácaros	01:29:42	01:28:29	+00:25:01	00:44:09
484 °	109 °	702	M35	00:04:12	Fernando Antonio Bernardino	PT	Individual	01:29:43	01:28:43	+00:25:01	00:43:47
485 °	130 °	320	M20	00:04:10	José Manuel Barbosa	PT	Suicidas Brácaros	01:29:43	01:27:56	+00:25:02	00:44:00
486 °	17 °	740	F20	00:00:00	VERONICA ROMERO RIVERO	GL	ATHLETICS SMOOY TEAM	01:29:44	00:00:00	+00:25:03	00:43:07
487 °	110 °	766	M35	00:04:12	David Carnero	GL	Individual	01:29:45	01:28:55	+00:25:04	00:42:57
488 °	131 °	1824	M20	00:04:04	GERMAN MORENZA DOJORNO	GL	INDIVIDUAL	01:29:47	01:25:51	+00:25:06	00:00:00
489 °	61 °	1602	M50	00:04:15	LUIS SILVA	PT	SPORTING CLUBE DE BRAGA	01:29:48	01:29:43	+00:25:07	00:00:00
490 °	85 °	1284	M45	00:00:00	FERNANDO VILELA	PT	CLUBE MILLENNIUMBCP	01:29:52	00:00:00	+00:25:11	00:41:20
491 °	62 °	2163	M50	00:04:12	José Maria Pacheco Rosendo	PT	Lousada Runners	01:29:53	01:28:41	+00:25:12	00:43:58
492 °	111 °	717	M35	00:04:14	Antonio Fernandes	PT	Grupo Desportivo Cultural TENVC	01:29:54	01:29:21	+00:25:13	00:00:00
493 °	86 °	1152	M45	00:04:15	ANTONIO NASCIMENTO	PT	CENTRO RECREIO POPULAR S.TIAGO	01:29:55	01:29:42	+00:25:13	00:42:41
494 °	87 °	2430	M40	00:04:11	Manuel Angel Millán Pazos	GL	CORREDOIRAS	01:29:56	01:28:28	+00:25:15	00:44:36
495 °	88 °	2850	M40	00:04:14	CARLOS ZAPATERO MATA	PT	Individual	01:29:57	01:29:29	+00:25:16	00:43:10
496 °	87 °	733	M45	00:04:13	JOSE VIDAL RIAL	GL	CASTRELOS	01:29:57	01:29:05	+00:25:16	00:42:49
497 °	88 °	737	M45	00:04:14	BERNARDINO MATA MIRANDA	GL	CASTRELOS	01:29:58	01:29:31	+00:25:17	00:42:49
498 °	132 °	1803	M20	00:04:14	Vitor Teixeira	PT	FAMA RUNNERS	01:29:58	01:29:34	+00:25:17	00:41:56
499 °	112 °	756	M35	00:04:14	José Manuel Soares	PT	Individual	01:29:58	01:29:38	+00:25:17	00:42:27
500 °	89 °	639	M45	00:04:10	Jose Manuel Gomes	PT	Confraria da Bike Clube	01:29:59	01:28:03	+00:25:18	00:44:07
501 °	89 °	2351	M40	00:04:14	José Carlos Eusebio	PT	Centro Desportivo e Cultural de Navais	01:30:00	01:29:24	+00:25:19	00:42:22

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
502 °	63 °	477	M50	00:04:12	Júlio Augusto Santos	PT	Individual	01:30:00	01:28:46	+00:25:19	00:00:00
503 °	64 °	1394	M50	00:00:00	ARNALDO SILVA	PT	OS BRAGUINHAS	01:30:02	00:00:00	+00:25:20	00:00:00
504 °	65 °	1392	M50	00:00:00	MÁRIO GONÇALVES	PT	OS BRAGUINHAS	01:30:02	00:00:00	+00:25:20	00:00:00
505 °	113 °	456	M35	00:04:13	Paulo pereira	PT	papaKm	01:30:02	01:29:15	+00:25:21	00:43:32
506 °	90 °	2035	M40	00:04:12	LUIS ALMEIDA	PT	PORTO RUNNERS	01:30:03	01:28:38	+00:25:22	00:43:51
507 °	90 °	2393	M45	00:04:15	IGNACIO PUEYO SANTILLANA	GL	Individual	01:30:06	01:29:49	+00:25:25	00:00:00
508 °	114 °	120	M35	00:04:16	Diogo Serra	PT	Individual	01:30:09	01:30:00	+00:25:28	00:00:00
509 °	115 °	2032	M35	00:04:15	JOSE VILAÇA	PT	PORTO RUNNERS	01:30:10	01:29:56	+00:25:29	00:42:33
510 °	133 °	947	M20	00:04:15	Eloi Malheiro	PT	Individual	01:30:10	01:29:45	+00:25:29	00:43:28
511 °	134 °	2183	M20	00:04:15	Nestor Romero Agra	GL	Individual	01:30:11	01:29:49	+00:25:30	00:00:00
512 °	66 °	1382	M50	00:00:00	RAÚL VELOSO	PT	OS BRAGUINHAS	01:30:12	00:00:00	+00:25:31	00:00:00
513 °	135 °	2107	M20	00:04:12	Carlos De La Vega Sierra	GL	Individual	01:30:13	01:28:40	+00:25:31	00:00:00
514 °	136 °	2106	M20	00:04:12	Oscar Fresnedo	GL	CLUB CORREDORES BECERREA	01:30:13	01:28:41	+00:25:32	00:44:11
515 °	91 °	137	M40	00:04:15	SALVADOR FERNANDO SILVA	PT	GBES - DELEGAÇÃO NORTE	01:30:14	01:29:55	+00:25:33	00:42:23
516 °	137 °	2548	M20	00:04:14	João Vieira	PT	Thunderrunners	01:30:16	01:29:36	+00:25:34	00:42:20
517 °	92 °	2528	M40	00:04:16	LUIS GABRIEL JARDIM FERREIRA	PT	CLUBE ATLETISMO DO FUNCHAL	01:30:16	01:30:06	+00:25:35	00:00:00
518 °	91 °	200	M45	00:04:16	António José Fragoso Pêgo	PT	Individual	01:30:17	01:30:07	+00:25:35	00:44:22
519 °	116 °	2960	M35	00:04:12	PEDRO GAMA	PT	VITALIS	01:30:18	01:28:39	+00:25:37	00:43:49
520 °	138 °	2318	M20	00:04:13	jose abreu de carvalho	PT	Individual	01:30:19	01:28:58	+00:25:38	00:00:00
521 °	92 °	1552	M45	00:04:12	CARLOS SOUSA	PT	TUTILAR CLASS RUNNERS	01:30:21	01:28:49	+00:25:40	00:00:00
522 °	67 °	1777	M50	00:04:13	Paulo perez iago	GL	atletismo porriño	01:30:22	01:29:00	+00:25:41	00:45:14
523 °	93 °	157	M40	00:04:15	Antonio Franco	PT	Individual	01:30:22	01:29:42	+00:25:41	00:43:09
524 °	68 °	791	M50	00:04:16	Fernando Camelo	PT	S.C. Salgueiros	01:30:24	01:30:05	+00:25:43	00:42:46
525 °	117 °	1270	M35	00:04:16	PEDRO ROCHA	PT	CLUBE DESPORTIVO DA PÓVOA	01:30:27	01:30:04	+00:25:45	00:43:18
526 °	69 °	2497	M50	00:04:15	JOSE FERNANDES	PT	MOVIMENTO JUVENTUDE MERELIM	01:30:27	01:29:43	+00:25:46	00:42:34
527 °	118 °	121	M35	00:04:17	Mario Gonçalves	PT	AFIS/Ovar	01:30:28	01:30:22	+00:25:47	00:41:54
528 °	93 °	1748	M45	00:04:16	Luís Filipe Carvalhais	PT	bilarunners	01:30:28	01:30:14	+00:25:47	00:00:00
529 °	139 °	1464	M20	00:04:16	Tiago Cunha	PT	Moutados Team	01:30:31	01:30:06	+00:25:50	00:43:31
530 °	140 °	911	M20	00:04:15	Bruno Caetano	PT	atletismo de vila boa do bispo	01:30:31	01:29:57	+00:25:50	00:43:18
531 °	119 °	516	M35	00:04:16	Manuel Quelhas	PT	Individual	01:30:32	01:30:06	+00:25:50	00:43:33
532 °	141 °	2495	M20	00:04:14	ANTONIO GOMES	PT	MOVIMENTO JUVENTUDE MERELIM	01:30:32	01:29:32	+00:25:51	00:45:30
533 °	70 °	1996	M50	00:04:17	ARMINDO GONÇALVES	PT	PORTO RUNNERS	01:30:33	01:30:30	+00:25:52	00:42:20
534 °	71 °	726	M50	00:00:00	Villar Estevez	GL	Individual	01:30:37	00:00:00	+00:25:56	00:00:00
535 °	120 °	293	M35	00:04:17	RUI ANJOS	PT	VIANA CYCLES	01:30:39	01:30:26	+00:25:57	00:42:46
536 °	72 °	2521	M50	00:04:16	ANTÓNIO JOAQUIM ALVES OLIVEIRA	PT	N.A.MATOSINHOS	01:30:41	01:30:07	+00:26:00	00:00:00
537 °	142 °	2221	M20	00:04:13	Javier Fuentes	GL	Individual	01:30:42	01:29:09	+00:26:01	00:44:31
538 °	94 °	114	M40	00:00:00	Paulo de Jesus Oliveira	PT	Individual	01:30:43	00:00:00	+00:26:02	00:39:05
539 °	143 °	2435	M20	00:04:12	pablo conde estevez	GL	Individual	01:30:45	01:28:47	+00:26:04	00:00:00
540 °	18 °	2420	F20	00:04:17	Charo Figueroa Figueroa	GL	CORREDOIRAS	01:30:46	01:30:39	+00:26:05	00:41:49

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
541 °	121 °	2740	M35	00:04:14	Paulo Machado	PT	Clube Corrida Solinca	01:30:46	01:29:24	+00:26:05	00:00:00
542 °	95 °	337	M40	00:04:17	Abílio Mina	PT	Os Fura Montanhas	01:30:47	01:30:33	+00:26:06	00:42:14
543 °	144 °	238	M20	00:04:16	Manuel Jorge Sousa Festas	PT	Individual	01:30:47	01:30:12	+00:26:06	00:43:17
544 °	96 °	1611	M40	00:04:17	João Carlos Oliveira	PT	Individual	01:30:48	01:30:41	+00:26:07	00:42:55
545 °	145 °	1463	M20	00:04:17	Hélio Machado	PT	Moutados Team	01:30:49	01:30:23	+00:26:08	00:43:31
546 °	73 °	1625	M50	00:04:16	Ángelo Pereira	PT	Individual	01:30:50	01:30:15	+00:26:09	00:43:06
547 °	94 °	687	M45	00:04:18	Fernando Alvim Moreira Maia	PT	G.C.R Alvarelhos	01:30:54	01:30:45	+00:26:13	00:42:17
548 °	95 °	2306	M45	00:04:17	Paulo Pereira	PT	Individual	01:30:56	01:30:30	+00:26:15	00:43:11
549 °	146 °	2843	M20	00:04:18	Manuel Viana	PT	Individual	01:30:57	01:30:45	+00:26:16	00:41:40
550 °	96 °	2383	M45	00:04:16	Fernando Ramos	PT	GDC Castelo de Paiva	01:30:59	01:30:14	+00:26:18	00:00:00
551 °	147 °	885	M20	00:04:17	Paulo Jorge da Rocha Torres	PT	Individual	01:31:00	01:30:38	+00:26:19	00:42:11
552 °	97 °	839	M45	00:04:17	Carlos Alberto Pereira	PT	Individual	01:31:00	01:30:29	+00:26:19	00:00:00
553 °	122 °	1255	M35	00:04:14	Tiago Aragão	PT	Centro de Treino e Avaliação Desportiva	01:31:00	01:29:38	+00:26:19	00:00:00
554 °	97 °	2059	M40	00:04:18	PAULO NUNES	PT	PORTO RUNNERS	01:31:03	01:30:48	+00:26:21	00:42:55
555 °	148 °	2363	M20	00:04:17	Tiago Subtil	PT	Individual	01:31:04	01:30:41	+00:26:22	00:44:06
556 °	123 °	2077	M35	00:04:17	Benito Rodriguez	GL	Individual	01:31:04	01:30:26	+00:26:23	00:43:33
557 °	149 °	1549	M20	00:04:18	Bruno Madureira	PT	Individual	01:31:06	01:30:56	+00:26:24	00:42:09
558 °	98 °	1850	M40	00:04:18	PEREZ VIDAL	GL	Individual	01:31:08	01:30:46	+00:26:26	00:42:58
559 °	74 °	632	M50	00:04:17	LUIS MARTINS	PT	A.R. DE NEGRELOS	01:31:10	01:30:41	+00:26:29	00:43:10
560 °	124 °	1593	M35	00:04:18	nuno miguel pires de sousa	PT	Associação Triatlo de Caminha	01:31:11	01:30:48	+00:26:30	00:43:48
561 °	19 °	1229	F20	00:04:18	Deolinda Oliveira	PT	A.C.R.Vigorosa Trofa	01:31:12	01:30:53	+00:26:30	00:42:37
562 °	20 °	2662	F20	00:04:17	JOANA LIMA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:31:12	01:30:34	+00:26:31	00:43:04
563 °	125 °	932	M35	00:04:17	Paulo Almeida	PT	Amigos Quinta das Freiras	01:31:12	01:30:23	+00:26:31	00:43:03
564 °	98 °	1861	M45	00:04:18	Manuel Ferreira Almeida	PT	Grupo Amizade - Tempos Livres e Educação para a Pa	01:31:12	01:30:59	+00:26:31	00:42:52
565 °	99 °	935	M45	00:04:16	Vitor Lima	PT	Amigos Quinta das Freiras	01:31:12	01:30:19	+00:26:31	00:44:14
566 °	150 °	2165	M20	00:00:00	Emílio Vilarinho	PT	CAVE Esposende	01:31:15	00:00:00	+00:26:34	00:00:00
567 °	100 °	146	M45	00:04:17	Rui Silva	PT	Liberdade Futebol Clube	01:31:15	01:30:32	+00:26:34	00:44:25
568 °	101 °	939	M45	00:04:17	Rui Correia	PT	Amigos Quinta das Freiras	01:31:20	01:30:30	+00:26:39	00:00:00
569 °	75 °	1714	M50	00:04:19	Manuel Joaquim Maciel Miranda	PT	Associação Cultural e Recreativa de Roriz	01:31:23	01:31:18	+00:26:42	00:43:31
570 °	102 °	212	M45	00:04:19	DOMINGOS PEREIRA	PT	GAVIÕES	01:31:23	01:31:04	+00:26:42	00:43:21
571 °	126 °	273	M35	00:04:17	Rui Meira	PT	Motomorfes	01:31:24	01:30:39	+00:26:43	00:44:13
572 °	103 °	1855	M45	00:04:16	ANTONIO JOAQUIM ROSAS GOMES	PT	GINASIO CLUBE SANTO TIRSO	01:31:26	01:30:17	+00:26:45	00:43:55
573 °	127 °	1141	M35	00:00:00	BARTOLOMÉ SANMARTÍN CAAMAÑO	GL	ATLETISMO NOIA	01:31:27	00:00:00	+00:26:45	00:00:00
574 °	128 °	2734	M35	00:04:18	LAZARO CABRERA GIRALT	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:31:27	01:30:54	+00:26:46	00:45:17
575 °	129 °	152	M35	00:04:17	Alcino Manuel Sousa Pinto	PT	Individual	01:31:28	01:30:29	+00:26:46	00:44:06
576 °	151 °	1854	M20	00:04:19	Hugo Emanuel Pereira Fardilha	PT	G Amizade-Tempos Livres e Educação para a Paz	01:31:28	01:31:15	+00:26:47	00:43:25
577 °	76 °	1151	M50	00:04:17	ALEXANDRE SILVA	PT	CENTRO RECREIO POPULAR S.TIAGO	01:31:29	01:30:35	+00:26:48	00:44:05
578 °	130 °	2731	M35	00:04:17	MARCOS GROBA BARGIELA	GL	Individual	01:31:30	01:30:42	+00:26:49	00:41:10

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
579 °	99 °	887	M40	00:04:19	Rui Pedro Reis Ferreira	PT	Individual	01:31:31	01:31:08	+00:26:50	00:43:23
580 °	100 °	344	M40	00:04:15	José Leiroz	PT	Individual	01:31:31	01:29:51	+00:26:50	00:45:44
581 °	131 °	2599	M35	00:04:19	JORGE GONZALEZ VÁZQUEZ	GL	Individual	01:31:33	01:31:16	+00:26:52	00:43:00
582 °	77 °	2173	M50	00:04:19	Mário Sampaio	PT	Individual	01:31:33	01:31:20	+00:26:52	00:43:40
583 °	152 °	250	M20	00:04:18	João Manuel Soares	PT	Individual	01:31:34	01:30:55	+00:26:53	00:43:20
584 °	78 °	1812	M50	00:04:19	DAVID GONÇALVES	PT	FERREIROLUX	01:31:35	01:31:18	+00:26:54	00:43:25
585 °	101 °	653	M40	00:04:14	Jorge Ferreira	PT	Individual	01:31:36	01:29:34	+00:26:55	00:45:05
586 °	79 °	2507	M50	00:04:20	CARLOS ABREU	PT	MOVIMENTO JUVENTUDE MERELIM	01:31:42	01:31:34	+00:27:01	00:43:12
587 °	102 °	1743	M40	00:04:20	Jorge Lamas	GL	C.A.R. MARISQUEIRO	01:31:43	01:31:29	+00:27:02	00:00:00
588 °	80 °	1846	M50	00:04:20	Domingos Pinto	PT	CF Oliveira do Douro	01:31:44	01:31:29	+00:27:03	00:41:54
589 °	104 °	1459	M45	00:04:19	Dinis Tavares	PT	Individual	01:31:45	01:31:20	+00:27:04	00:43:59
590 °	132 °	308	M35	00:04:20	francisco moreira	PT	os barriguitas	01:31:47	01:31:26	+00:27:06	00:43:16
591 °	103 °	1998	M40	00:04:17	CARLOS PEREIRA	PT	PORTO RUNNERS	01:31:48	01:30:38	+00:27:07	00:43:31
592 °	81 °	1212	M50	00:04:18	Fernando Pereira	PT	Douro Azul	01:31:49	01:31:01	+00:27:08	00:43:42
593 °	153 °	1323	M20	00:04:19	Renato Martins	PT	Batotas	01:31:50	01:31:08	+00:27:08	00:00:00
594 °	154 °	2826	M20	00:04:15	Nuno André Miranda Faria	PT	RorizBTT - A.C.R.Roriz	01:31:50	01:29:46	+00:27:08	00:45:14
595 °	105 °	2308	M45	00:04:18	jose manuel iglesias araujo	GL	KORPORE CARBALLNO	01:31:52	01:30:44	+00:27:11	00:42:56
596 °	104 °	1181	M40	00:04:18	JOSE ANTONIO GALLARDO CANITROT	GL	KORPORE CARBALLNO	01:31:53	01:30:45	+00:27:12	00:42:56
597 °	133 °	161	M35	00:04:20	Artur Costa	PT	Desnivel Positivo	01:31:53	01:31:25	+00:27:12	00:43:41
598 °	134 °	227	M35	00:04:16	PEDRO SILVA PEREIRA	PT	NO TOMORROW RUNNING TEAM	01:31:55	01:30:17	+00:27:14	00:44:05
599 °	82 °	488	M50	00:04:21	Ernesto Fernandes	PT	Individual	01:31:55	01:31:47	+00:27:14	00:42:55
600 °	105 °	835	M40	00:04:20	Luis Vence	GL	Individual	01:31:57	01:31:26	+00:27:16	00:44:12
601 °	106 °	1168	M45	00:04:21	RUI EUSEBIO	PT	MAIA ATLETICO CLUBE	01:31:58	01:31:48	+00:27:17	00:43:57
602 °	83 °	987	M50	00:04:21	Vitor Teixeira	PT	Centro de Atletismo de Matosinhos	01:31:59	01:31:49	+00:27:18	00:42:44
603 °	135 °	1688	M35	00:04:15	jose nuno marques de freitas	GL	Individual	01:32:00	01:29:59	+00:27:19	00:00:00
604 °	21 °	2484	F20	00:04:18	LUCIA RIBEIRO	PT	CLUBE ATLETISMO OLIMPICO VIANENSE	01:32:01	01:30:47	+00:27:20	00:44:02
605 °	155 °	2126	M20	00:04:18	Oscar Garcia Garcia	GL	Individual	01:32:01	01:30:46	+00:27:20	00:44:03
606 °	136 °	1104	M35	00:04:20	Rogério Dinis Vicente	PT	Starolas	01:32:02	01:31:28	+00:27:21	00:43:10
607 °	106 °	19	M40	00:04:21	PAULO PINTO	PT	CYCLONES SANITOP	01:32:02	01:31:56	+00:27:21	00:42:53
608 °	107 °	2025	M40	00:04:18	JOAQUIM VIANA	PT	PORTO RUNNERS	01:32:04	01:30:53	+00:27:23	00:43:56
609 °	22 °	2737	F20	00:04:17	Beatriz Fernandez Gil	GL	CORREDOIRAS	01:32:05	01:30:36	+00:27:24	00:45:40
610 °	107 °	2847	M45	00:04:21	Manuel Azevedo	PT	Jobra	01:32:06	01:31:50	+00:27:25	00:43:46
611 °	84 °	2919	M50	00:04:21	Custódio Silva	PT	EDP GAS	01:32:07	01:32:02	+00:27:26	00:43:08
612 °	108 °	359	M40	00:04:21	ALBERTO VEIGA MARTINEZ	GL	TANINOS RUNNERS PONTEAREAS	01:32:08	01:31:52	+00:27:27	00:44:23
613 °	109 °	2149	M40	00:04:21	MANUEL MIYARES	GL	VICLAUMAIA	01:32:08	01:31:48	+00:27:27	00:00:00
614 °	110 °	1372	M40	00:04:18	SÉRGIO PINTO	PT	OS BRAGUINHAS	01:32:08	01:30:57	+00:27:27	00:45:42
615 °	111 °	2086	M40	00:04:21	Victos Carballido Araujo	GL	Taninos Runners Ponteareas	01:32:10	01:31:54	+00:27:28	00:44:23
616 °	85 °	1711	M50	00:04:22	Joaquim Silva Rodrigues	PT	Associação Cultural e Recreativa de Roriz	01:32:11	01:32:07	+00:27:30	00:43:31
617 °	86 °	1147	M50	00:04:19	MAXIMIANO RODRIGUES	PT	CENTRO RECREIO POPULAR S.TIAGO	01:32:14	01:31:20	+00:27:33	00:44:05



EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
618 °	112 °	2304	M40	00:04:21	Arsénio Reis	PT	UTAD RUNNERS	01:32:14	01:31:54	+00:27:33	00:45:03
619 °	108 °	2536	M45	00:04:22	AUGUSTO MARQUES	PT	N.A.Taipas	01:32:14	01:32:08	+00:27:33	00:43:12
620 °	137 °	1678	M35	00:04:21	CARLOS MIGUEL FERNANDES	PT	DASDIKES	01:32:15	01:32:03	+00:27:34	00:00:00
621 °	87 °	1042	M50	00:00:00	Francisco Barros Pérez	GL	Comesaña Sporting Club	01:32:16	00:00:00	+00:27:35	00:44:52
622 °	138 °	1190	M35	00:04:18	Jose Filipe Sousa Lima	PT	GDST	01:32:16	01:30:57	+00:27:35	00:45:47
623 °	113 °	1314	M40	00:00:00	JUAN ANTONIO QUINONES MIGUEZ	GL	ASOCIACION DEPORTIVA C.A.R.	01:32:17	00:00:00	+00:27:36	00:44:41
624 °	156 °	2078	M20	00:04:20	Roberto García Collazo	GL	C.A.R. MARISQUEIRO	01:32:18	01:31:39	+00:27:37	00:45:17
625 °	157 °	641	M20	00:04:19	JOSÉ DUARTE CARNEIRO ROCHA	PT	Individual	01:32:25	01:31:09	+00:27:44	00:43:41
626 °	88 °	2606	M50	00:04:20	ELOY LOPEZ PEREIRA	GL	Individual	01:32:26	01:31:41	+00:27:45	00:44:30
627 °	158 °	2604	M20	00:04:20	FAUSTO BLANCO	GL	ATLETISMO TUI	01:32:26	01:31:40	+00:27:45	00:44:31
628 °	89 °	572	M50	00:04:22	Manuel Sousa	PT	C C D R Fundo de Vila	01:32:27	01:32:07	+00:27:45	00:43:07
629 °	139 °	1436	M35	00:04:21	Alberto Durán Amores	GL	Individual	01:32:28	01:32:01	+00:27:46	00:00:00
630 °	90 °	2166	M50	00:04:22	JOSE SILVA	PT	ASSOCIAÇÃO DESPORTIVA AFIFENSE	01:32:28	01:32:09	+00:27:47	00:42:14
631 °	159 °	280	M20	00:04:21	Cláudio José Barbosa Rodrigues	PT	Individual	01:32:28	01:32:03	+00:27:47	00:43:48
632 °	160 °	1486	M20	00:04:20	Cláudio Maia	PT	Individual	01:32:29	01:31:43	+00:27:47	00:44:14
633 °	109 °	2503	M45	00:04:21	JOAQUIM FERREIRA	PT	MOVIMENTO JUVENTUDE MERELIM	01:32:33	01:31:50	+00:27:52	00:00:00
634 °	91 °	610	M50	00:04:21	Antonio Guerra	PT	Trilhos e Companhia - Neves F.C.	01:32:35	01:31:45	+00:27:54	00:43:56
635 °	92 °	1193	M50	00:04:22	Carlos Gavinho	PT	APFC	01:32:35	01:32:18	+00:27:54	00:00:00
636 °	161 °	1768	M20	00:04:20	Manul Cutrín	GL	Club atletismo Fontes do Sar	01:32:36	01:31:28	+00:27:55	00:45:10
637 °	140 °	2336	M35	00:04:20	Luis Madeira	PT	MTF Runners	01:32:37	01:31:43	+00:27:56	00:44:06
638 °	110 °	2632	M45	00:04:21	Rui Maia	PT	Viana Trail	01:32:41	01:31:54	+00:28:00	00:44:46
639 °	162 °	331	M20	00:04:19	Vitor Ferreira	PT	Individual	01:32:43	01:31:13	+00:28:02	00:44:49
640 °	111 °	1810	M45	00:04:22	MANUEL PEREIRA	PT	FERREIROLUX	01:32:44	01:32:24	+00:28:03	00:00:00
641 °	163 °	2790	M20	00:04:22	ANDRÉ VASCONCELOS	PT	Pedalarte	01:32:45	01:32:21	+00:28:03	00:45:00
642 °	141 °	2470	M35	00:04:23	FERNANDO CALVO CALO	GL	Individual	01:32:47	01:32:44	+00:28:06	00:00:00
643 °	93 °	1453	M50	00:04:21	Fco. Javier Fernández Sobrino	GL	Castrelos 20:30 - B	01:32:48	01:31:57	+00:28:07	00:00:00
644 °	112 °	736	M45	00:04:21	FRANCISCO ANTONIO GIL ALONSO	GL	CASTRELOS	01:32:49	01:31:52	+00:28:08	00:45:25
645 °	164 °	237	M20	00:04:21	Hugo Humberto Coelho Correia	PT	Individual	01:32:51	01:31:59	+00:28:10	00:43:19
646 °	94 °	1244	M50	00:04:23	Francisco Lemos	PT	corre connosco felgueiras	01:32:53	01:32:37	+00:28:12	00:00:00
647 °	113 °	559	M45	00:04:23	Manuel Boaventura Oliveira	PT	Individual	01:32:54	01:32:36	+00:28:13	00:44:17
648 °	95 °	347	M50	00:04:23	Alberto Meireles	PT	Individual	01:32:55	01:32:47	+00:28:14	00:00:00
649 °	114 °	181	M45	00:04:22	Tiago Mendes	PT	Individual	01:32:56	01:32:23	+00:28:15	00:44:26
650 °	114 °	2142	M40	00:04:20	Martinez Zuñiga	GL	Individual	01:32:58	01:31:39	+00:28:16	00:00:00
651 °	142 °	2680	M35	00:04:23	Fernando Ricardo Oliveira Monteiro	PT	Individual	01:32:59	01:32:39	+00:28:17	00:43:05
652 °	143 °	2794	M35	00:04:18	NUNO L ALVES	PT	WELLRUNNERS	01:32:59	01:30:56	+00:28:17	00:00:00
653 °	115 °	2901	M45	00:04:24	Carlos Alberto Gandra	PT	EDP GAS	01:32:59	01:32:54	+00:28:18	00:43:02
654 °	116 °	778	M45	00:04:21	Luís Mota	PT	Individual	01:33:00	01:32:06	+00:28:19	00:44:58
655 °	115 °	291	M40	00:04:23	Fernando Peixoto Queirós	PT	Individual	01:33:02	01:32:28	+00:28:21	00:44:08
656 °	116 °	149	M40	00:04:22	António Freitas	PT	Os Amadores	01:33:02	01:32:23	+00:28:21	00:44:08

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
657 °	165 °	1024	M20	00:04:19	JUAN PABLO FIGUEROA FERNANDEZ	GL	ASOCIACION DEPORTIVA C.A.R.	01:33:03	01:31:04	+00:28:22	00:00:00
658 °	117 °	1391	M40	00:04:21	AMÉRICO IMPERADEIRO	PT	OS BRAGUINHAS	01:33:05	01:31:55	+00:28:24	00:45:24
659 °	118 °	1299	M40	00:04:23	Manuel Rocha	PT	A D Amarante	01:33:06	01:32:33	+00:28:25	00:43:52
660 °	117 °	686	M45	00:04:24	Jaime Moreira	PT	G.C.R Alvarelhos	01:33:07	01:33:01	+00:28:26	00:43:00
661 °	166 °	2879	M20	00:04:24	MICHAEL JOSE ESTEVES	PT	INDIVIDUAL	01:33:08	01:33:03	+00:28:27	00:41:36
662 °	167 °	327	M20	00:04:19	Diego Castro Santiago	GL	Individual	01:33:08	01:31:13	+00:28:27	00:45:33
663 °	119 °	2444	M40	00:04:13	JOSE ANGEL FUENTES	GL	PINARIUM CLUB ATLETISMO	01:33:09	01:29:15	+00:28:28	00:45:24
664 °	168 °	1643	M20	00:04:19	MARCIO QUINTAS	PT	C.A. OVAR	01:33:11	01:31:13	+00:28:30	00:00:00
665 °	23 °	1950	F20	00:04:21	MARTA RAMILO GONZALEZ	GL	CLUB ALEJANDRO GOMEZ	01:33:12	01:32:06	+00:28:31	00:45:20
666 °	120 °	1450	M40	00:04:22	José Sousa	PT	Associação de Atletismo Lebres do Sado	01:33:16	01:32:20	+00:28:35	00:44:24
667 °	169 °	1239	M20	00:04:22	Hugo Filipe Silva Ribeiro	PT	Individual	01:33:16	01:32:08	+00:28:35	00:00:00
668 °	144 °	1792	M35	00:04:24	Pedro Cunha	PT	Dinamo Clube Estação	01:33:17	01:32:56	+00:28:35	00:00:00
669 °	118 °	2422	M45	00:04:21	Angel Iglesias Gonzalez	GL	CORREDOIRAS	01:33:17	01:31:48	+00:28:36	00:45:44
670 °	145 °	1613	M35	00:04:20	Luís Filipe Marinha	PT	Individual	01:33:17	01:31:38	+00:28:36	00:45:01
671 °	119 °	2705	M45	00:04:24	Xose Manuel Meijome	GL	Individual	01:33:18	01:33:01	+00:28:37	00:44:11
672 °	121 °	2285	M40	00:04:23	Fernando Soares	PT	Açoreana Clube Banif	01:33:20	01:32:38	+00:28:39	00:44:11
673 °	146 °	2821	M35	00:04:24	joao pedro fernandes	PT	associação triatlo de caminha	01:33:22	01:32:58	+00:28:41	00:44:15
674 °	147 °	2927	M35	00:04:25	Jorge Pereira	PT	EDP GAS	01:33:22	01:33:19	+00:28:41	00:44:06
675 °	120 °	675	M45	00:04:20	joaquim marques	PT	turbos-lentos	01:33:23	01:31:33	+00:28:42	00:46:18
676 °	96 °	809	M50	00:04:23	Manuel Franco Cividanes	GL	Victor Pazos& Bugallas Mobles	01:33:24	01:32:47	+00:28:43	00:00:00
677 °	148 °	1945	M35	00:04:19	Helder Carvalho	PT	Individual	01:33:25	01:31:19	+00:28:44	00:00:00
678 °	97 °	1124	M50	00:04:22	Luís Simões	PT	CENAP	01:33:25	01:32:07	+00:28:44	00:00:00
679 °	149 °	1376	M35	00:04:23	Nelson Machado	PT	Individual	01:33:26	01:32:41	+00:28:45	00:44:17
680 °	150 °	1963	M35	00:04:23	Jose Carlos Gago Dorna	GL	Individual	01:33:26	01:32:43	+00:28:45	00:44:30
681 °	121 °	543	M45	00:04:20	Emanuel Marques	PT	AASM	01:33:29	01:31:34	+00:28:48	00:44:50
682 °	122 °	72	M45	00:04:25	OSCAR LEITE	PT	VETERANOS DO PORTO	01:33:32	01:33:26	+00:28:51	00:43:58
683 °	123 °	1798	M45	00:04:25	ALBERTO MACHADO	PT	Individual	01:33:33	01:33:22	+00:28:52	00:43:57
684 °	98 °	1808	M50	00:04:24	JOAQUIM PEREIRA	PT	FERREIROLUX	01:33:34	01:33:02	+00:28:53	00:00:00
685 °	151 °	854	M35	00:04:25	Ramiro Pinheiro	PT	Vitória Sport Clube	01:33:36	01:33:25	+00:28:55	00:45:14
686 °	24 °	537	F20	00:04:26	Ester Sofia Alves	PT	Centro Desportivo e Cultural de Navais	01:33:37	01:33:37	+00:28:56	00:42:42
687 °	25 °	2045	F20	00:04:26	CONCEIÇÃO GRARE	PT	PORTO RUNNERS	01:33:37	01:33:31	+00:28:56	00:45:05
688 °	170 °	119	M20	00:04:24	Vitor Hugo Martins	PT	Individual	01:33:37	01:33:05	+00:28:56	00:00:00
689 °	152 °	1318	M35	00:04:24	JORGE MAURI CIVIDANES	GL	Individual	01:33:38	01:32:54	+00:28:57	00:45:38
690 °	153 °	2188	M35	00:04:24	Ruben Adrover	GL	Individual	01:33:38	01:32:56	+00:28:57	00:45:38
691 °	171 °	2483	M20	00:04:21	ANDRÉ GOMES	PT	CLUBE ATLETISMO OLIMPICO VIANENSE	01:33:40	01:32:04	+00:28:59	00:46:35
692 °	99 °	1954	M50	00:04:25	FRANCISCO AGULLA SALGADO	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:33:41	01:33:13	+00:29:00	00:00:00
693 °	172 °	2278	M20	00:04:24	Rui Filipe Ribeiro Alves	PT	Individual	01:33:41	01:33:09	+00:29:00	00:44:43
694 °	100 °	920	M50	00:04:25	Jorge Gomes Fonseca	PT	Individual	01:33:42	01:33:20	+00:29:01	00:44:25
695 °	154 °	536	M35	00:04:25	Ivo Manuel Cruz Pereira	PT	Individual	01:33:43	01:33:22	+00:29:02	00:44:25

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
696 °	155 °	2580	M35	00:04:25	RICARDO RIBEIRO	PT	FIT FOR FUN VALE CAMBRA	01:33:43	01:33:18	+00:29:02	00:43:59
697 °	124 °	845	M45	00:04:21	José Ferreira	PT	Vitória Sport Clube	01:33:45	01:31:53	+00:29:04	00:46:48
698 °	156 °	2908	M35	00:04:23	Carlos Manuel leal	PT	EDP GAS	01:33:47	01:32:40	+00:29:06	00:00:00
699 °	173 °	1286	M20	00:04:26	SANDRO JORDÃO	PT	CLUBE MILLENNIUMBCP	01:33:47	01:33:36	+00:29:06	00:45:04
700 °	101 °	777	M50	00:04:26	José Ponte	PT	Individual	01:33:48	01:33:40	+00:29:06	00:44:51
701 °	102 °	2218	M50	00:04:25	MODESTO GOMEZ	GL	CLUB ATLETISMO FONTES DO SAR	01:33:49	01:33:11	+00:29:08	00:44:46
702 °	122 °	2090	M40	00:00:00	Jaime Fernández	GL	Individual	01:33:51	00:00:00	+00:29:09	00:46:01
703 °	157 °	125	M35	00:04:25	luis pinho	PT	fit for fun vale cambra	01:33:51	01:33:27	+00:29:09	00:43:59
704 °	103 °	1815	M50	00:04:25	CARLOS BRITO	PT	FERREIROLUX	01:33:52	01:33:21	+00:29:10	00:00:00
705 °	104 °	1003	M50	00:04:25	JOSE SEQUEIRA	PT	SOARENSE SPORT CLUBE	01:33:52	01:33:17	+00:29:11	00:44:23
706 °	158 °	459	M35	00:04:25	Carlos Sampaio	PT	papaKm	01:33:53	01:33:16	+00:29:12	00:00:00
707 °	123 °	1390	M40	00:04:23	JOSÉ FINS	PT	OS BRAGUINHAS	01:33:56	01:32:46	+00:29:15	00:45:24
708 °	105 °	1708	M50	00:04:26	ANTÓNIO SILVA	PT	Individual	01:33:56	01:33:46	+00:29:15	00:43:43
709 °	174 °	1683	M20	00:04:22	Simão Carneiro	PT	FAMA RUNNERS	01:33:57	01:32:26	+00:29:16	00:45:08
710 °	124 °	2833	M40	00:04:20	Olivier Fernández Torres	GL	Individual	01:33:57	01:31:44	+00:29:16	00:46:19
711 °	175 °	1684	M20	00:04:22	Nuno Alves	PT	FAMA RUNNERS	01:33:58	01:32:27	+00:29:16	00:45:08
712 °	125 °	705	M45	00:04:26	Artur Gaspar Cadilha da Silva	PT	Individual	01:34:00	01:33:45	+00:29:18	00:00:00
713 °	159 °	1729	M35	00:04:26	Helder Augusto Machado	PT	<a href="http://badteamriders.blogspot.pt/">http://badteamriders.blogspot.pt/</a>	01:34:00	01:33:31	+00:29:19	00:46:33
714 °	125 °	1656	M40	00:04:25	José Neves	PT	chill out - amigos do trail	01:34:00	01:33:15	+00:29:19	00:45:05
715 °	176 °	2678	M20	00:04:23	Joaquim Manuel Catarino	PT	Individual	01:34:00	01:32:38	+00:29:19	00:00:00
716 °	177 °	577	M20	00:04:25	Luís Dantas	PT	Tartarugas	01:34:03	01:33:20	+00:29:21	00:41:35
717 °	106 °	606	M50	00:04:25	jose rodriguez blanco	GL	Individual	01:34:03	01:33:23	+00:29:22	00:44:26
718 °	107 °	1203	M50	00:04:26	Joaquim Gomes da Silva	PT	Juventude Atlético Mozelense	01:34:03	01:33:51	+00:29:22	00:42:57
719 °	108 °	918	M50	00:04:26	António Correia	PT	Atletismo de Vila Boa do Bispo	01:34:03	01:33:49	+00:29:22	00:43:56
720 °	160 °	104	M35	00:04:22	Rui Gilberto Santos Correia	PT	Individual	01:34:05	01:32:11	+00:29:24	00:00:00
721 °	126 °	1589	M45	00:04:27	Albano da Silva Parente	PT	Individual	01:34:05	01:33:53	+00:29:24	00:44:51
722 °	161 °	2505	M35	00:04:24	GUILHERME MARTINS	PT	MOVIMENTO JUVENTUDE MERELIM	01:34:05	01:33:05	+00:29:24	00:45:31
723 °	126 °	513	M40	00:04:24	Pedro Brito	PT	Individual	01:34:06	01:32:50	+00:29:25	00:00:00
724 °	162 °	2842	M35	00:04:25	Marco André Almeida	PT	Galp Energia	01:34:07	01:33:16	+00:29:26	00:00:00
725 °	178 °	882	M20	00:00:00	TIAGO OLIVEIRA	PT	CAL - Clube Atletismo de Lamas	01:34:08	00:00:00	+00:29:27	00:00:00
726 °	109 °	542	M50	00:04:27	Martinho Vieira Pacheco	PT	Individual	01:34:09	01:33:57	+00:29:28	00:44:33
727 °	127 °	1423	M40	00:04:25	Luís Alexandrino	PT	Escola do Movimento	01:34:11	01:33:22	+00:29:30	00:45:30
728 °	26 °	45	F20	00:04:27	HELENA LOBO	PT	N. A. TAIPAS	01:34:13	01:34:10	+00:29:32	00:43:21
729 °	163 °	2845	M35	00:04:25	joao manuel abreu	PT	Individual	01:34:14	01:33:20	+00:29:33	00:44:43
730 °	164 °	2114	M35	00:04:21	Francisco Miguel Gomez Rivera	GL	Individual	01:34:16	01:31:59	+00:29:35	00:46:48
731 °	110 °	2273	M50	00:04:26	Antonio Liébanas	GL	LIEBANAS	01:34:19	01:33:47	+00:29:38	00:44:56
732 °	165 °	2274	M35	00:04:26	Antonio Liebanas	GL	LIEBANAS	01:34:20	01:33:47	+00:29:39	00:44:55
733 °	127 °	1204	M45	00:00:00	Jose Manuel Quintas de Sá	PT	APFC	01:34:24	00:00:00	+00:29:43	00:44:07
734 °	166 °	1091	M35	00:04:23	ALBERTO PEREIRO GONZALEZ	GL	Individual	01:34:25	01:32:31	+00:29:43	00:46:10

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
735	179	2628	M20	00:00:00	LUIS MACIEL	PT	MAZAREFES	01:34:26	00:00:00	+00:29:45	00:00:00
736	167	2527	M35	00:04:27	CARLOS VÁZQUEZ VILAR	GL	C.A. PORRINNO	01:34:27	01:33:53	+00:29:46	00:43:58
737	180	2902	M20	00:04:26	Paulino Daniel Alves	PT	EDP GAS	01:34:28	01:33:48	+00:29:47	00:45:44
738	128	2349	M40	00:04:27	Pablo Buceta Blanco	GL	Individual	01:34:29	01:33:57	+00:29:48	00:44:47
739	168	83	M35	00:04:28	JOSÉ LIMA	PT	VIANA CYCLES	01:34:31	01:34:25	+00:29:50	00:00:00
740	169	2281	M35	00:04:27	Vitor Rocha	PT	APFC	01:34:31	01:34:13	+00:29:50	00:45:08
741	170	2500	M35	00:00:00	PEDRO GONÇALVES	PT	MOVIMENTO JUVENTUDE MERELIM	01:34:31	00:00:00	+00:29:50	00:00:00
742	171	1795	M35	00:04:27	Alexandre Almeida	PT	Dinamo Clube Estação	01:34:31	01:34:08	+00:29:50	00:44:29
743	129	1076	M40	00:04:23	Paulo Costa	PT	Triatlo AASM	01:34:32	01:32:37	+00:29:51	00:46:16
744	130	1308	M40	00:04:27	Paulo Vsconcelos	PT	A D Amarante	01:34:32	01:33:54	+00:29:51	00:44:32
745	128	1662	M45	00:04:27	Carlos Silva	PT	chill out - amigos do trail	01:34:34	01:34:05	+00:29:53	00:44:34
746	172	1924	M35	00:04:23	César Ribeiro	PT	Get Running	01:34:36	01:32:48	+00:29:55	00:47:56
747	173	855	M35	00:04:27	José Mota	PT	Vitória Sport Clube	01:34:38	01:33:58	+00:29:57	00:46:16
748	174	2118	M35	00:04:22	Pablo Pazos Otero	GL	Individual	01:34:39	01:32:22	+00:29:58	00:46:47
749	129	1774	M45	00:04:24	Rafael Dios Gonzalez	GL	Taninos	01:34:40	01:33:00	+00:29:59	00:46:38
750	175	1634	M35	00:04:27	ROBERTO EXPOSITO EXPOSITO	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:34:41	01:33:58	+00:30:00	00:45:38
751	130	314	M45	00:04:26	Juan Miguel Costa Lago	GL	Carnota runners	01:34:42	01:33:40	+00:30:01	00:00:00
752	131	2064	M40	00:04:28	ROGERIO CALVO	PT	PORTO RUNNERS	01:34:42	01:34:26	+00:30:01	00:45:28
753	111	2504	M50	00:04:27	MANUEL DIAS	PT	MOVIMENTO JUVENTUDE MERELIM	01:34:43	01:34:08	+00:30:02	00:00:00
754	181	1553	M20	00:04:24	LUIS SILVA	PT	TUTILAR CLASS RUNNERS	01:34:44	01:33:01	+00:30:03	00:45:58
755	131	2490	M45	00:04:27	FRANCISCO E. F. SANTOS	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:34:45	01:34:01	+00:30:04	00:45:18
756	132	1649	M40	00:04:26	Joaquim Fernandes Pinheiro	PT	Individual	01:34:45	01:33:49	+00:30:04	00:45:10
757	133	485	M40	00:04:24	Paulo Gomes	PT	No Tomorrow Running Team	01:34:46	01:33:07	+00:30:05	00:45:23
758	182	384	M20	00:04:28	Joel Martins	PT	Grupo Juvenil de Vila de Punhe	01:34:48	01:34:34	+00:30:07	00:45:42
759	112	1750	M50	00:00:00	Eugenio Lopez Rodriguez	GL	CASTRELOS 20:30	01:34:49	00:00:00	+00:30:08	00:45:20
760	132	2589	M45	00:04:25	ARNALDO CRUZ	PT	Wellrunners	01:34:50	01:33:14	+00:30:09	00:00:00
761	113	1093	M50	00:04:28	Paulo Rodrigues	PT	Leões do Veneza	01:34:52	01:34:21	+00:30:11	00:45:38
762	176	2880	M35	00:00:00	DOMINIQUE OLIVEIRA	PT	INDIVIDUAL	01:34:53	00:00:00	+00:30:11	00:00:00
763	133	1261	M45	00:04:24	Celso Emilio Pereira	GL	Individual	01:34:54	01:32:59	+00:30:12	00:45:43
764	134	1661	M40	00:04:25	João Pedro Mendes Capa	PT	Individual	01:34:55	01:33:19	+00:30:14	00:45:43
765	177	2252	M35	00:04:27	Jorge Cid Perez	GL	Running sport ourense	01:34:57	01:34:00	+00:30:16	00:45:50
766	134	1199	M45	00:04:27	Paulo Gomes	PT	GR Clube Coimbra	01:34:57	01:34:01	+00:30:16	00:46:00
767	135	1442	M40	00:04:25	LUIS OLIVEIRA	PT	KAGADOS	01:34:57	01:33:31	+00:30:16	00:46:17
768	136	875	M40	00:04:24	CARLOS CARDOSO	PT	CAL - Clube Atletismo de Lamas	01:34:57	01:33:03	+00:30:16	00:00:00
769	114	247	M50	00:04:28	JOSÉ MOTA	PT	CÓSMICOS	01:34:57	01:34:23	+00:30:16	00:42:08
770	137	1266	M40	00:04:24	Antonio Freitas	PT	Confraria da Bike Clube	01:34:58	01:33:02	+00:30:17	00:46:48
771	115	2231	M50	00:04:26	Jose Villaverde Cabaleiro	GL	VETERAN@S DE GALICIA	01:34:58	01:33:50	+00:30:17	00:45:47
772	178	631	M35	00:04:27	Renato José Carvalho	PT	FIRE TEAM	01:35:01	01:33:55	+00:30:20	00:45:47
773	138	1660	M40	00:04:25	João Álvaro Capa	PT	Individual	01:35:01	01:33:24	+00:30:20	00:00:00

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
774 °	27 °	990	F20	00:04:28	Helena Mourão	PT	N.A.Matosinhos	01:35:01	01:34:26	+00:30:20	00:45:23
775 °	135 °	475	M45	00:04:28	NUNO GABRIEL RAMOS S. SÁ LIMA	PT	GBES - DELEGAÇÃO NORTE	01:35:02	01:34:15	+00:30:21	00:45:19
776 °	183 °	458	M20	00:04:28	ricardo fernandes	PT	papaKm	01:35:02	01:34:14	+00:30:21	00:45:23
777 °	179 °	1944	M35	00:04:25	Guillermo Campos Martinaschi	GL	Individual	01:35:03	01:33:17	+00:30:22	00:46:49
778 °	116 °	1446	M50	00:04:28	Manuel Ribeiro	PT	Kagados	01:35:03	01:34:16	+00:30:22	00:44:52
779 °	117 °	2817	M50	00:04:29	ALBERTO VINAGRE	PT	ID VIEIRENSE	01:35:04	01:34:38	+00:30:22	00:45:37
780 °	180 °	2948	M35	00:04:30	MANUEL LOPES	PT	VITALIS	01:35:07	01:35:04	+00:30:26	00:45:53
781 °	139 °	32	M40	00:04:30	CLAUDIO GASPAR	PT	INDIVIDUAL	01:35:09	01:35:09	+00:30:28	00:00:00
782 °	136 °	1770	M45	00:04:25	Manuel Gonzalez	GL	Individual	01:35:09	01:33:10	+00:30:28	00:47:04
783 °	118 °	1948	M50	00:04:29	JULIO MONTEIRO	PT	CF OLIVEIRA DO DOURO	01:35:10	01:34:51	+00:30:28	00:44:54
784 °	184 °	51	M20	00:04:30	NUNO OLIVEIRA	PT	CYCLONES SANITOP	01:35:11	01:35:05	+00:30:30	00:44:48
785 °	185 °	586	M20	00:04:28	NUNO JOSE ROSAS RIBEIRO	PT	INDIVIDUAL	01:35:12	01:34:26	+00:30:31	00:00:00
786 °	119 °	1216	M50	00:04:26	Jacinto Oliveira	PT	Douro Azul	01:35:13	01:33:52	+00:30:32	00:47:46
787 °	181 °	1020	M35	00:04:27	Ricardo Ferreira	PT	Individual	01:35:13	01:34:13	+00:30:32	00:45:11
788 °	140 °	1837	M40	00:00:00	Carlos Cid Coelho	GL	Individual	01:35:15	00:00:00	+00:30:33	00:00:00
789 °	141 °	2120	M40	00:04:27	David Cunha	PT	Individual	01:35:15	01:34:11	+00:30:34	00:45:53
790 °	120 °	2730	M50	00:04:28	CASTELLANOS JUAN NICASIO	GL	CLUB ATLETISMO VIGO	01:35:16	01:34:18	+00:30:35	00:46:47
791 °	182 °	1235	M35	00:04:30	Marco Magalhães	PT	Individual	01:35:16	01:34:56	+00:30:35	00:45:22
792 °	28 °	980	F20	00:04:30	JUDITE MARTINS	PT	A.D.RIO LARGO C.E.	01:35:17	01:34:58	+00:30:36	00:46:05
793 °	142 °	979	M40	00:04:30	MANUEL SILVA	PT	A.D.RIO LARGO C.E.	01:35:18	01:35:00	+00:30:37	00:46:05
794 °	143 °	2634	M40	00:04:27	Fernando Coelho	PT	ESTORNORTE	01:35:18	01:34:01	+00:30:37	00:46:35
795 °	121 °	1125	M50	00:04:25	Manuel Batalha	PT	Grupo Os Barrigas	01:35:19	01:33:19	+00:30:38	00:00:00
796 °	144 °	1477	M40	00:04:27	Arturo Bermudez Ferreira	GL	Individual	01:35:20	01:34:01	+00:30:39	00:46:30
797 °	137 °	160	M45	00:04:29	LEANDRO FREITAS	PT	VIANA CYCLES	01:35:20	01:34:53	+00:30:39	00:43:59
798 °	186 °	2597	M20	00:00:00	RICARDO BRU VAZQUEZ	GL	Individual	01:35:21	00:00:00	+00:30:40	00:44:50
799 °	183 °	1121	M35	00:04:27	Manuel Silva	PT	CENAP	01:35:21	01:34:08	+00:30:40	00:45:23
800 °	187 °	1476	M20	00:04:29	Carlos Fernandes	PT	Grupo Juvenil de Vila de Punhe	01:35:22	01:34:37	+00:30:41	00:45:40
801 °	188 °	832	M20	00:04:28	Marcos Mallo Fernandez	GL	CASTRELOS	01:35:23	01:34:25	+00:30:42	00:46:01
802 °	138 °	729	M45	00:00:00	EUSEBIO ALÉN CASTELAIN	GL	CASTRELOS	01:35:24	00:00:00	+00:30:43	00:46:01
803 °	184 °	2111	M35	00:04:28	Jose Afonso Teixeira	PT	Individual	01:35:24	01:34:23	+00:30:43	00:00:00
804 °	122 °	2487	M50	00:04:29	DOMINGOS VIEIRA	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:35:25	01:34:41	+00:30:43	00:45:21
805 °	185 °	2618	M35	00:04:27	Nuno Miguel Fornelos	PT	Individual	01:35:26	01:34:08	+00:30:45	00:46:18
806 °	186 °	1069	M35	00:04:29	Abel Ferreira	PT	GR Estrela Bonfim	01:35:27	01:34:36	+00:30:45	00:45:02
807 °	123 °	1355	M50	00:04:28	XOSÉ MANUEL MALVIDO CARRILLO	GL	CLUB ATLETISMO FONTES DO SAR	01:35:27	01:34:25	+00:30:45	00:45:41
808 °	187 °	158	M35	00:04:28	AIRES ROCHA	PT	VIANA CYCLES	01:35:28	01:34:26	+00:30:46	00:00:00
809 °	145 °	203	M40	00:00:00	arturo galan antonin	GL	abel anton running	01:35:28	00:00:00	+00:30:47	00:00:00
810 °	139 °	22	M45	00:04:31	JORGE SOARES	PT	CYCLONES SANITOP	01:35:29	01:35:26	+00:30:48	00:43:03
811 °	188 °	1338	M35	00:04:26	RUI TEDIM	PT	Individual	01:35:32	01:33:51	+00:30:51	00:46:05
812 °	140 °	971	M45	00:04:30	ALVARO REIS	PT	A.D.RIO LARGO C.E.	01:35:33	01:35:13	+00:30:51	00:46:05

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
813 °	189 °	131	M20	00:04:30	Pedro Machado	PT	Individual	01:35:33	01:34:58	+00:30:52	00:46:00
814 °	124 °	1485	M50	00:04:31	Francisco José Santos Lima	PT	CCD/APDL	01:35:35	01:35:24	+00:30:53	00:44:26
815 °	189 °	1982	M35	00:04:25	Pedro Gonçalves	PT	Desnivel Positivo	01:35:35	01:33:27	+00:30:54	00:47:27
816 °	190 °	2411	M35	00:04:29	HIGINO ARCOS MOURIS	GL	Individual	01:35:36	01:34:44	+00:30:55	00:46:29
817 °	125 °	1663	M50	00:04:29	Mario Arufe Santamaria	GL	Individual	01:35:37	01:34:48	+00:30:55	00:46:29
818 °	190 °	2184	M20	00:04:29	Ivan Pouso Castro	GL	Individual	01:35:37	01:34:46	+00:30:56	00:00:00
819 °	191 °	436	M35	00:04:30	Carlos Delgado	PT	Individual	01:35:37	01:34:58	+00:30:56	00:00:00
820 °	146 °	2591	M40	00:04:26	JOSE ANTONIO VALLEJO PEREZ	GL	ASOCIACION DEPORTIVA C.A.R.	01:35:38	01:33:41	+00:30:57	00:46:46
821 °	147 °	1187	M40	00:04:31	Pedro Damião Ferreira de Matos	PT	APFC	01:35:38	01:35:23	+00:30:57	00:45:09
822 °	141 °	1192	M45	00:04:31	César Lomba	PT	APFC	01:35:38	01:35:26	+00:30:57	00:45:08
823 °	142 °	1079	M45	00:04:31	José Carlos Madureira	PT	Leões do Veneza	01:35:38	01:35:21	+00:30:57	00:00:00
824 °	148 °	1344	M40	00:04:28	FERNANDO ROTHES	PT	COMPANHIA BAZOFIAS	01:35:39	01:34:20	+00:30:58	00:00:00
825 °	143 °	1814	M45	00:04:30	DOMINGOS MATEUS	PT	FERREIROLUX	01:35:40	01:35:08	+00:30:58	00:00:00
826 °	149 °	1431	M40	00:00:00	Carlos Cepeda	PT	CHAVES RUNNING TEAM	01:35:42	00:00:00	+00:31:01	00:00:00
827 °	126 °	1171	M50	00:04:31	ARTUR FREITAS	PT	MAIA ATLETICO CLUBE	01:35:43	01:35:23	+00:31:01	00:45:07
828 °	150 °	2798	M40	00:04:29	Fernando Filipe	PT	Individual	01:35:43	01:34:45	+00:31:02	00:46:26
829 °	151 °	2922	M40	00:04:31	Pedro Miguel Alves	PT	EDP GAS	01:35:43	01:35:37	+00:31:02	00:00:00
830 °	127 °	1865	M50	00:04:29	JOSE MARIA DE SOUSA LEITE	PT	GINASIO CLUBE SANTO TIRSO	01:35:45	01:34:36	+00:31:04	00:45:15
831 °	128 °	793	M50	00:04:31	JOSE ANTONIO VARELA BARRERA	GL	TANINOS RUNNERS PONTEAREAS	01:35:46	01:35:30	+00:31:04	00:44:50
832 °	152 °	2921	M40	00:04:32	Miguel Silva	PT	EDP GAS	01:35:46	01:35:42	+00:31:05	00:00:00
833 °	191 °	2012	M20	00:04:28	ISAAC COSTA	PT	PORTO RUNNERS	01:35:47	01:34:29	+00:31:06	00:00:00
834 °	129 °	427	M50	00:04:30	Victor José Quintas da Silva	PT	Individual	01:35:48	01:35:14	+00:31:07	00:46:44
835 °	130 °	1206	M50	00:04:27	Artur Teixeira Ferraz	PT	Individual	01:35:50	01:34:05	+00:31:09	00:46:35
836 °	153 °	946	M40	00:00:00	JOSE TAVARES	PT	Individual	01:35:50	00:00:00	+00:31:09	00:44:04
837 °	192 °	827	M35	00:04:31	David Novo Martínez Dantilles	GL	Individual	01:35:52	01:35:26	+00:31:11	00:46:02
838 °	131 °	2011	M50	00:00:00	FRANCISCO LOBO	PT	PORTO RUNNERS	01:35:52	00:00:00	+00:31:11	00:45:37
839 °	132 °	1188	M50	00:04:32	Amaro Rocha	PT	APFC	01:35:52	01:35:37	+00:31:11	00:45:36
840 °	193 °	133	M35	00:04:32	Ricardo Cerejeira	PT	Individual	01:35:54	01:35:50	+00:31:13	00:44:07
841 °	194 °	361	M35	00:04:28	Pablo Penín González	GL	Individual	01:35:55	01:34:24	+00:31:14	00:47:19
842 °	195 °	254	M35	00:04:30	Luis Roberto Pereira	PT	Individual	01:35:55	01:35:06	+00:31:14	00:48:03
843 °	196 °	2912	M35	00:04:29	Nuno Miguel Teixeira	PT	EDP GAS	01:35:56	01:34:50	+00:31:15	00:43:08
844 °	144 °	230	M45	00:04:31	Carlos Alves	PT	Inimigos do Podium	01:35:56	01:35:37	+00:31:15	00:44:16
845 °	133 °	2008	M50	00:04:28	FERNANDO PINTO	PT	PORTO RUNNERS	01:35:57	01:34:33	+00:31:16	00:00:00
846 °	197 °	819	M35	00:04:30	Hugo Almeida	PT	Lousada Runners	01:35:59	01:35:09	+00:31:18	00:45:00
847 °	134 °	531	M50	00:04:30	ARMANDO CUNHA OLIVEIRA	PT	LOUSADA RUNNERS	01:35:59	01:35:09	+00:31:18	00:45:00
848 °	145 °	2211	M45	00:04:29	LUIS MONTEIRO	PT	Individual	01:36:01	01:34:44	+00:31:20	00:47:04
849 °	198 °	901	M35	00:04:27	Rui Pedro Pena	PT	AASM	01:36:01	01:34:07	+00:31:20	00:47:12
850 °	154 °	468	M40	00:04:31	Fernando Pinheiro Mendes	PT	Individual	01:36:01	01:35:36	+00:31:20	00:45:53
851 °	199 °	1579	M35	00:04:31	Luis Miguel Pereira Esteves	PT	Individual	01:36:03	01:35:20	+00:31:21	00:46:32

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
852 °	200 °	642	M35	00:04:29	VALENTIM FERREIRA BRANDAO	PT	Individual	01:36:07	01:34:51	+00:31:26	00:45:33
853 °	201 °	1499	M35	00:04:32	Daniel Rocha	PT	Café Ponto Final/Confeções Paulo Nogueira	01:36:07	01:35:48	+00:31:26	00:00:00
854 °	146 °	925	M45	00:04:32	José Silva	PT	ACRDE	01:36:08	01:35:48	+00:31:27	00:00:00
855 °	192 °	232	M20	00:04:32	Bruno Carvalho	PT	Individual	01:36:10	01:35:50	+00:31:29	00:00:00
856 °	202 °	1975	M35	00:04:28	Carlos Quinones Piquenque	GL	Individual	01:36:14	01:34:28	+00:31:33	00:47:54
857 °	155 °	1013	M40	00:00:00	MARCOS GARCIA LAGO	GL	ASOCIACION DEPORTIVA C.A.R.	01:36:16	00:00:00	+00:31:35	00:45:36
858 °	156 °	2401	M40	00:04:29	ALEJANDRO GARCIA BARREIRO	GL	ATHLETICS SMOOY TEAM	01:36:16	01:34:37	+00:31:35	00:49:18
859 °	135 °	1680	M50	00:04:33	MANUEL COSTA	PT	DASDIKES	01:36:17	01:36:00	+00:31:35	00:45:39
860 °	136 °	483	M50	00:04:33	Oscar Loureiro	PT	Individual	01:36:17	01:36:04	+00:31:36	00:45:29
861 °	137 °	1784	M50	00:04:31	MANUEL COSTA	PT	ASSOCIAÇÃO CULTURAL DE VERMOIM	01:36:19	01:35:21	+00:31:38	00:00:00
862 °	203 °	2224	M35	00:04:25	Bruno Pérez	GL	Individual	01:36:26	01:33:29	+00:31:44	00:00:00
863 °	193 °	207	M20	00:04:33	FILIPE MIGUEL FIGUEIREDO ALVES	PT	INDIVIDUAL	01:36:26	01:36:00	+00:31:45	00:46:31
864 °	194 °	1015	M20	00:04:33	Borja Conejero	GL	Individual	01:36:26	01:36:01	+00:31:45	00:46:28
865 °	147 °	1273	M45	00:04:31	FIRMINO NOGUEIRA	PT	CLUBE MILLENNIUMBSP	01:36:27	01:35:30	+00:31:46	00:46:11
866 °	204 °	249	M35	00:04:32	Luis Patrão	PT	Individual	01:36:28	01:35:50	+00:31:46	00:47:28
867 °	205 °	1063	M35	00:04:31	Jatonejro Nestor Torea Moledo	GL	Individual	01:36:31	01:35:22	+00:31:50	00:00:00
868 °	195 °	2464	M20	00:04:30	ISRAEL CASTRO	GL	Individual	01:36:31	01:35:11	+00:31:50	00:00:00
869 °	138 °	1380	M50	00:04:28	FERNANDO ALCAIDE	PT	OS BRAGUINHAS	01:36:32	01:34:31	+00:31:51	00:00:00
870 °	206 °	2234	M35	00:04:26	Vernet Solla	GL	Individual	01:36:32	01:33:35	+00:31:51	00:00:00
871 °	196 °	1514	M20	00:04:33	manuel emidio nunes	PT	associação moledense intrução e recreio	01:36:32	01:36:05	+00:31:51	00:44:18
872 °	29 °	309	F20	00:04:33	Fiona Felgueiras Fernandes	PT	Individual	01:36:33	01:36:00	+00:31:52	00:00:00
873 °	157 °	1291	M40	00:04:29	LUIS DAVID MARTIN PENA	GL	Individual	01:36:35	01:34:46	+00:31:54	00:47:38
874 °	197 °	2438	M20	00:04:33	Bruno Jose Oliveira Pereira	PT	Associação Triatlo de Caminha	01:36:37	01:36:13	+00:31:56	00:46:32
875 °	158 °	2409	M40	00:04:29	XOSÉ MAGARIÑOS MACEIRAS	GL	ATLETISMO ESTRADENSE	01:36:37	01:34:51	+00:31:56	00:46:32
876 °	198 °	720	M20	00:04:28	BORJA CADILLA	GL	S. XEROME	01:36:38	01:34:29	+00:31:57	00:48:15
877 °	159 °	486	M40	00:04:34	Pedro Machado	PT	Individual	01:36:38	01:36:30	+00:31:57	00:47:34
878 °	160 °	1821	M40	00:04:29	josé manuel ribeiro	PT	Individual	01:36:39	01:34:37	+00:31:58	00:47:00
879 °	207 °	2377	M35	00:04:34	Jose Manuel Abreu Carvalho	PT	Porto Runners	01:36:43	01:36:31	+00:32:02	00:00:00
880 °	139 °	2665	M50	00:04:34	JOSE GOMES	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:36:45	01:36:24	+00:32:04	00:46:45
881 °	148 °	917	M45	00:04:34	Gerlado Gomes	PT	Atletismo de Vila Boa do Bispo	01:36:47	01:36:40	+00:32:06	00:43:53
882 °	208 °	2429	M35	00:04:31	Javier Santaclara Rodriguez	GL	CORREDOIRAS	01:36:48	01:35:19	+00:32:07	00:46:15
883 °	209 °	2515	M35	00:04:33	Rogério Duarte Oliveira	PT	Individual	01:36:49	01:36:15	+00:32:08	00:00:00
884 °	210 °	1840	M35	00:04:32	Orlando Santos	PT	CF Oliveira do Douro	01:36:50	01:35:56	+00:32:09	00:47:30
885 °	199 °	565	M20	00:04:31	Chris Williams	PT	Individual	01:36:50	01:35:22	+00:32:09	00:47:36
886 °	200 °	469	M20	00:04:31	Paulo Pinho	PT	Individual	01:36:51	01:35:27	+00:32:09	00:48:02
887 °	211 °	752	M35	00:04:29	JOSE GARABATOS	GL	AS SURF SHOP	01:36:52	01:34:48	+00:32:11	00:47:35
888 °	161 °	668	M40	00:04:29	Armando Verde	GL	1 EURO POR KM	01:36:52	01:34:43	+00:32:11	00:48:27
889 °	201 °	2906	M20	00:04:35	Carlos Vítor Amorim	PT	EDP GAS	01:36:52	01:36:43	+00:32:11	00:00:00
890 °	140 °	712	M50	00:04:32	Manuel Pereira	PT	Grupo Desportivo Cultural TENVC	01:36:54	01:35:48	+00:32:13	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
891 °	162 °	1501	M40	00:04:34	Paulo Marques	PT	Café Ponto Final/Confeções Paulo Nogueira	01:36:56	01:36:37	+00:32:15	00:46:18
892 °	212 °	2457	M35	00:04:30	BERNARDO CARRERA	GL	Running Lusekelo	01:36:57	01:34:59	+00:32:16	00:46:51
893 °	213 °	276	M35	00:04:33	Jonathan Murolo Salerno	GL	Individual	01:36:58	01:36:14	+00:32:17	00:00:00
894 °	163 °	2289	M40	00:04:30	José Bernardino	PT	A.C.R.Matriz	01:36:59	01:35:12	+00:32:18	00:00:00
895 °	141 °	1120	M50	00:04:33	José Teixeira	PT	CENAP	01:37:00	01:35:59	+00:32:18	00:46:49
896 °	164 °	2291	M40	00:04:30	João Gomes	PT	Atlético da Póvoa	01:37:00	01:35:11	+00:32:19	00:46:24
897 °	30 °	2881	F20	00:04:35	FATIMA VEIGA	PT	ASSOCIAÇÃO DESPORTIVA AFIFENSE	01:37:00	01:36:44	+00:32:19	00:00:00
898 °	202 °	2441	M20	00:04:30	Fernando Miguel Gomes Maia	PT	Individual	01:37:00	01:35:11	+00:32:19	00:00:00
899 °	214 °	889	M35	00:04:32	Nuno Pinho da Cruz	PT	Individual	01:37:01	01:35:38	+00:32:20	00:49:39
900 °	149 °	1534	M45	00:04:35	António Serafim Silva	PT	Individual	01:37:02	01:36:43	+00:32:21	00:46:27
901 °	165 °	1223	M40	00:04:34	Carlos Queirós	PT	Leone Runners	01:37:02	01:36:40	+00:32:21	00:45:00
902 °	166 °	2395	M40	00:04:33	MANUEL PINHEIRO	PT	Individual	01:37:02	01:36:09	+00:32:21	00:00:00
903 °	167 °	1129	M40	00:04:33	Ricardo Vilão	PT	Individual	01:37:02	01:36:05	+00:32:21	00:46:01
904 °	215 °	2959	M35	00:04:33	MARCO GOMES	PT	VITALIS	01:37:03	01:36:18	+00:32:22	00:46:30
905 °	168 °	2257	M40	00:04:34	Xesus Ferreira	GL	Os Tumbalobos	01:37:04	01:36:27	+00:32:22	00:46:34
906 °	150 °	530	M45	00:04:35	JOAO PAULO MARTINS CORREIA	PT	LOUSADA RUNNERS	01:37:04	01:36:51	+00:32:23	00:44:59
907 °	203 °	952	M20	00:04:35	John Olsen	PT	Individual	01:37:04	01:36:47	+00:32:23	00:45:38
908 °	204 °	540	M20	00:04:32	Armando Pereira	PT	Individual	01:37:05	01:35:42	+00:32:24	00:48:02
909 °	142 °	1084	M50	00:04:35	Armando Cerqueira	PT	Leões do Veneza	01:37:05	01:36:59	+00:32:24	00:00:00
910 °	205 °	2848	M20	00:04:35	Rui Albano Malheiro	PT	Individual	01:37:08	01:36:42	+00:32:27	00:46:32
911 °	206 °	205	M20	00:04:32	Hugo André Ferreira	PT	H-Raki	01:37:09	01:35:54	+00:32:28	00:47:12
912 °	169 °	2598	M40	00:04:34	IGNACIO MANUEL COMESANA PÉREZ	GL	Individual	01:37:11	01:36:29	+00:32:30	00:45:15
913 °	143 °	928	M50	00:04:33	Antonio Melon Gonzalez	GL	Individual	01:37:12	01:35:58	+00:32:31	00:46:59
914 °	207 °	1086	M20	00:04:32	Carlos Martins	PT	Leões do Veneza	01:37:13	01:35:55	+00:32:32	00:48:00
915 °	216 °	1466	M35	00:04:35	Filipe Costa	PT	Moutados Team	01:37:13	01:36:48	+00:32:32	00:00:00
916 °	151 °	1102	M45	00:04:33	CESAR LEBOSO FERREIRO	GL	ESPRINTES OURENSE	01:37:14	01:36:07	+00:32:33	00:47:42
917 °	31 °	342	F20	00:04:33	SILVIA RODRIGUEZ	GL	ESPRINTES OURENSE	01:37:15	01:36:04	+00:32:33	00:47:43
918 °	217 °	155	M35	00:04:33	Ricardo Jorge Queirós	PT	Individual	01:37:15	01:36:13	+00:32:34	00:47:28
919 °	152 °	1468	M45	00:04:35	Antenor Costa	PT	Moutados Team	01:37:16	01:36:51	+00:32:35	00:46:55
920 °	153 °	689	M45	00:04:36	Fernando Vítor Silva	PT	G.C.R Alvarelhos	01:37:16	01:37:07	+00:32:35	00:45:34
921 °	170 °	388	M40	00:04:33	Rui Freitas	PT	Freixo runners	01:37:17	01:36:03	+00:32:36	00:47:10
922 °	218 °	208	M35	00:04:35	AUGUSTO LIMA	PT	GAVIÕES	01:37:18	01:36:58	+00:32:36	00:46:56
923 °	171 °	912	M40	00:04:31	Pedro Teixeira	PT	Atletismo Vila Boa do Bispo	01:37:18	01:35:32	+00:32:37	00:48:23
924 °	32 °	2456	F20	00:04:35	PAULA MARQUES	PT	LEÕES DA FRONTEIRA - VILAR FORMOSO	01:37:19	01:36:58	+00:32:37	00:46:12
925 °	219 °	103	M35	00:04:36	José Figueiredo	PT	Individual	01:37:19	01:37:02	+00:32:38	00:46:10
926 °	172 °	1483	M40	00:04:33	Miguel Ângelo Salgueiro Araújo	PT	Individual	01:37:20	01:36:05	+00:32:38	00:46:57
927 °	220 °	2894	M35	00:04:35	PAULO PEREIRA	PT	INDIVIDUAL	01:37:20	01:36:50	+00:32:39	00:39:51
928 °	208 °	1353	M20	00:04:32	VITOR BARREIRO	PT	OS LAMBAREIROS DO ASFALTO	01:37:21	01:35:54	+00:32:40	00:50:20
929 °	144 °	1262	M50	00:04:32	Jaime Quinones Piquenque	GL	Individual	01:37:23	01:35:37	+00:32:42	00:48:17



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
930 °	209 °	1959	M20	00:04:31	JOSÉ NUNO SOUSA PINTO	PT	GET RUNNING	01:37:24	01:35:37	+00:32:43	00:47:56
931 °	221 °	176	M35	00:04:35	Pedro Martins	PT	Individual	01:37:24	01:36:43	+00:32:43	00:45:03
932 °	222 °	1412	M35	00:04:33	DAVID COSTAS PEREZ	GL	CRCS BEADE	01:37:25	01:36:13	+00:32:44	00:00:00
933 °	210 °	1258	M20	00:04:33	José Antonio Fernández Núñez	GL	Individual	01:37:25	01:36:04	+00:32:44	00:00:00
934 °	223 °	2135	M35	00:04:32	Jose Manuel Mallo Nieves	GL	Noitebra F.C.	01:37:25	01:35:43	+00:32:44	00:47:14
935 °	173 °	2700	M40	00:04:33	Fernando Rebanal Alfaya	GL	trotADAS	01:37:26	01:36:04	+00:32:45	00:47:18
936 °	154 °	20	M45	00:04:37	JOSE PARENTE	PT	CYCLONES SANITOP	01:37:27	01:37:24	+00:32:46	00:45:18
937 °	174 °	419	M40	00:04:32	Antoine Calcada	PT	MINERAL PRODUCT	01:37:27	01:35:47	+00:32:46	00:47:46
938 °	224 °	418	M35	00:04:32	cyril canini	PT	Individual	01:37:28	01:35:46	+00:32:47	00:47:50
939 °	211 °	2707	M20	00:04:34	FERNANDO CARNEIRO	PT	INDIVIDUAL	01:37:28	01:36:24	+00:32:47	00:46:44
940 °	212 °	197	M20	00:04:32	José Carlos Machado	PT	Individual	01:37:30	01:35:40	+00:32:49	00:47:53
941 °	145 °	1518	M50	00:04:37	José Coelho Silva	PT	Clube de Pessoal EDP - Porto	01:37:32	01:37:23	+00:32:51	00:45:33
942 °	146 °	1864	M50	00:04:34	JOÃO CARLOS PEDROSA DA SILVA	PT	GINASIO CLUBE SANTO TIRSO	01:37:33	01:36:40	+00:32:52	00:46:31
943 °	147 °	2295	M50	00:04:34	José Ribeiro	PT	Grupo Desportivo da Limpeza Urbana	01:37:33	01:36:38	+00:32:52	00:46:59
944 °	155 °	326	M45	00:04:34	JOSE MARIA LEVOSO TOUCEDA	GL	ESPRINTES OURENSE	01:37:34	01:36:23	+00:32:53	00:00:00
945 °	225 °	730	M35	00:04:33	FERNANDO REMELGADO	PT	Individual	01:37:37	01:36:00	+00:32:56	00:00:00
946 °	226 °	2074	M35	00:04:32	ANTONIO SALGADO	PT	FUNTASTIC S	01:37:38	01:35:51	+00:32:57	00:47:56
947 °	175 °	2708	M40	00:04:32	Celestino Garcia	PT	Individual	01:37:39	01:35:47	+00:32:58	00:47:26
948 °	176 °	2147	M40	00:04:35	Marcos Castro Balboa	GL	Individual	01:37:39	01:37:00	+00:32:58	00:46:25
949 °	213 °	345	M20	00:04:34	Vasco Carvalho	PT	Individual	01:37:40	01:36:27	+00:32:58	00:47:15
950 °	214 °	184	M20	00:04:34	Rui Sousa Ribeiro	PT	Individual	01:37:40	01:36:28	+00:32:59	00:00:00
951 °	148 °	1370	M50	00:04:35	RUI GOMES	PT	OS BRAGUINHAS	01:37:40	01:37:01	+00:32:59	00:00:00
952 °	149 °	2093	M50	00:04:34	Emilio Canal Blanco	GL	PRAIA DE CARNOTA RUNNERS	01:37:41	01:36:38	+00:33:00	00:00:00
953 °	156 °	2071	M45	00:04:34	VICTOR COELHO	PT	PORTO RUNNERS	01:37:46	01:36:21	+00:33:05	00:00:00
954 °	150 °	2080	M50	00:00:00	Domingos Ribeiro	PT	Individual	01:37:49	00:00:00	+00:33:08	00:46:00
955 °	177 °	1931	M40	00:04:35	Jorge Miguel Marques	PT	Porto Runners	01:37:51	01:36:43	+00:33:10	00:47:17
956 °	227 °	1665	M35	00:04:33	Antonio Barreiro	GL	Individual	01:37:52	01:36:06	+00:33:11	00:00:00
957 °	178 °	1465	M40	00:04:37	José Cunha	PT	Moutados Team	01:37:52	01:37:28	+00:33:11	00:00:00
958 °	228 °	278	M35	00:04:32	Pedro Couto	PT	Individual	01:37:53	01:35:41	+00:33:12	00:48:58
959 °	157 °	2098	M45	00:04:35	MANUEL GIL RODRIGUEZ	GL	ESPRINTES OURENSE	01:37:54	01:36:44	+00:33:13	00:00:00
960 °	158 °	1384	M45	00:04:36	ANTÓNIO FERREIRA	PT	OS BRAGUINHAS	01:37:54	01:37:13	+00:33:13	00:46:30
961 °	215 °	1724	M20	00:04:36	Bernárdez Aarón	GL	Individual	01:37:55	01:37:22	+00:33:14	00:46:27
962 °	179 °	1867	M40	00:04:37	VITOR LOPES	PT	GINASIO CLUBE SANTO TIRSO	01:37:56	01:37:39	+00:33:15	00:44:35
963 °	159 °	1805	M45	00:04:34	Jorge Moreira	PT	STARolas	01:37:57	01:36:38	+00:33:16	00:47:32
964 °	216 °	1583	M20	00:04:35	Pedro Pimenta	PT	Individual	01:37:58	01:36:55	+00:33:17	00:45:05
965 °	217 °	1462	M20	00:04:37	Jesus Campos	PT	Moutados Team	01:37:59	01:37:34	+00:33:18	00:46:11
966 °	218 °	266	M20	00:04:36	PEDRO BRAGA	PT	Clube Portugal Telecom Zona Norte	01:38:00	01:37:04	+00:33:18	00:46:46
967 °	151 °	938	M50	00:04:37	Armando Macedo	PT	Amigos Quinta das Freiras	01:38:00	01:37:35	+00:33:19	00:45:10
968 °	152 °	1381	M50	00:04:33	DÁRIO BRAGA	PT	OS BRAGUINHAS	01:38:00	01:36:00	+00:33:19	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
969 °	219 °	2419	M20	00:04:38	Manuel Anxo Gandón Estevez	GL	CORREDOIRAS	01:38:00	01:37:51	+00:33:19	00:45:29
970 °	160 °	1408	M45	00:04:37	Davide marques	PT	CAVE Esposende	01:38:00	01:37:30	+00:33:19	00:00:00
971 °	153 °	2216	M50	00:04:35	Ramon Barreiro Cernadas	GL	PATO BLANCO DE CELANOVA	01:38:01	01:36:42	+00:33:20	00:47:19
972 °	229 °	2949	M35	00:04:38	SÉRGIO PADINHA	PT	VITALIS	01:38:02	01:37:59	+00:33:21	00:47:09
973 °	220 °	1908	M20	00:04:38	Ricardo Jorge Fernandes Alves	PT	Individual	01:38:04	01:37:47	+00:33:23	00:00:00
974 °	154 °	56	M50	00:04:38	TOMÉ ARTEIRO	PT	GINASIO VILACONDENSE	01:38:05	01:38:01	+00:33:24	00:00:00
975 °	161 °	1578	M45	00:04:37	melchor perez laspra	GL	Individual	01:38:05	01:37:24	+00:33:24	00:00:00
976 °	33 °	2557	F20	00:04:38	CUSTODIA RODRIGUES	PT	N.A.Taipas	01:38:06	01:37:51	+00:33:24	00:46:43
977 °	162 °	2330	M45	00:04:34	Silvério Pinto	PT	Comporto	01:38:06	01:36:30	+00:33:25	00:47:08
978 °	155 °	1383	M50	00:04:35	RUI OLIVEIRA	PT	OS BRAGUINHAS	01:38:07	01:37:01	+00:33:26	00:00:00
979 °	180 °	2824	M40	00:04:34	Luis Miguel Torres	PT	H3 Running Norte	01:38:08	01:36:31	+00:33:26	00:47:29
980 °	156 °	1073	M50	00:04:37	JOSÉ ANTÓNIO MAGALHÃES VIEIRA	PT	GNR GUIMARÃES	01:38:08	01:37:32	+00:33:27	00:46:04
981 °	230 °	2160	M35	00:04:37	Rui Jorge Morais	PT	Individual	01:38:16	01:37:43	+00:33:35	00:00:00
982 °	221 °	619	M20	00:04:33	Ricardo Jorge Teixeira	PT	Individual	01:38:16	01:36:18	+00:33:35	00:48:37
983 °	222 °	1843	M20	00:04:36	Bruno Alves	PT	CF Oliveira do Douro	01:38:18	01:37:23	+00:33:37	00:47:30
984 °	231 °	1489	M35	00:04:34	MARCOS VARELA	GL	Individual	01:38:19	01:36:40	+00:33:38	00:49:07
985 °	157 °	2199	M50	00:04:35	Manuel Otero Pérez	GL	CORREDOIRAS	01:38:20	01:36:43	+00:33:39	00:49:07
986 °	158 °	1167	M50	00:04:37	CARLOS CARNEIRO	PT	MAIA ATLETICO CLUBE	01:38:20	01:37:33	+00:33:39	00:46:21
987 °	181 °	727	M40	00:04:37	Jesús Navazo	GL	Individual	01:38:20	01:37:43	+00:33:39	00:47:45
988 °	182 °	210	M40	00:04:38	MANUEL SILVA	PT	GAVIÕES	01:38:21	01:38:00	+00:33:39	00:45:06
989 °	163 °	898	M45	00:04:38	José Domingos Santos	PT	Viana Trail	01:38:21	01:37:52	+00:33:40	00:46:11
990 °	183 °	2861	M40	00:04:35	Antonio Machado	PT	Individual	01:38:23	01:36:51	+00:33:42	00:47:49
991 °	184 °	2811	M40	00:04:38	Paulo Duarte Silvano	PT	Individual	01:38:24	01:37:53	+00:33:43	00:46:28
992 °	185 °	186	M40	00:04:38	PAULO ALEXANDRE SANTOS	PT	GBES - DELEGAÇÃO NORTE	01:38:24	01:37:45	+00:33:43	00:45:50
993 °	164 °	1572	M45	00:04:34	Alfonso Costas Fernández	GL	Individual	01:38:26	01:36:27	+00:33:45	00:47:05
994 °	232 °	1170	M35	00:04:37	Alexandre Neves	PT	CCDTC:M.Gondomar	01:38:28	01:37:32	+00:33:47	00:46:58
995 °	165 °	1358	M45	00:04:37	fernando peixoto	PT	c.nossa senhora da conceição	01:38:28	01:37:28	+00:33:47	00:47:57
996 °	166 °	1357	M45	00:04:37	joaquim santos	PT	c.nossa senhora da conceição	01:38:29	01:37:27	+00:33:47	00:00:00
997 °	159 °	2280	M50	00:00:00	RAMON ALENDE CEA	GL	NOITEBRA F.C.	01:38:29	00:00:00	+00:33:48	00:00:00
998 °	167 °	420	M45	00:04:37	Paulo Campos	PT	Leões da Agra	01:38:30	01:37:42	+00:33:49	00:47:45
999 °	168 °	422	M45	00:04:37	Antonio Gonçalves	PT	Leões da Agra	01:38:30	01:37:41	+00:33:49	00:47:45
1000 °	169 °	421	M45	00:04:37	Joaquim Monteiro	PT	Leões da Agra	01:38:30	01:37:41	+00:33:49	00:47:44
1001 °	160 °	899	M50	00:04:37	Antonio Oliveira	PT	Lousada runners	01:38:30	01:37:42	+00:33:49	00:47:44
1002 °	186 °	2488	M40	00:04:37	PEDRO SANCHES	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:38:31	01:37:26	+00:33:49	00:47:44
1003 °	170 °	933	M45	00:04:39	Nascimento Pires	PT	Amigos Quinta das Freiras	01:38:31	01:38:08	+00:33:50	00:46:23
1004 °	171 °	229	M45	00:04:39	Carlos Ribeiro	PT	Individual	01:38:32	01:38:24	+00:33:51	00:46:33
1005 °	223 °	1038	M20	00:04:38	Ricardo Ramos	PT	Vilar Runners	01:38:32	01:37:51	+00:33:51	00:46:58
1006 °	172 °	2220	M45	00:04:37	Jose Moreira Fuentes	GL	VETERAN@S DE GALICIA	01:38:34	01:37:26	+00:33:52	00:48:47
1007 °	187 °	1825	M40	00:04:39	JOSE SILVA	PT	FERREIROLUX	01:38:35	01:38:07	+00:33:53	00:47:10

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1008 °	173 °	164	M45	00:04:38	CARLOS ALBERTO R. NEIVA	PT	VIANA TRAIL	01:38:36	01:37:44	+00:33:55	00:46:29
1009 °	188 °	961	M40	00:04:37	César Orejas Martínez	GL	Individual	01:38:37	01:37:33	+00:33:56	00:48:04
1010 °	189 °	2132	M40	00:04:35	Fernando Antero Ferro	GL	Noitebra F.C.	01:38:38	01:36:57	+00:33:56	00:47:52
1011 °	190 °	1467	M40	00:04:39	David Rodrigues	PT	Moutados Team	01:38:38	01:38:15	+00:33:57	00:48:04
1012 °	191 °	614	M40	00:04:36	Alexandre Cruz	PT	Individual	01:38:40	01:37:16	+00:33:58	00:49:40
1013 °	174 °	2859	M45	00:04:36	Joaquim Machado	PT	Individual	01:38:41	01:37:08	+00:34:00	00:47:49
1014 °	224 °	2458	M20	00:04:35	BRUNO CAMPELO	PT	Individual	01:38:42	01:36:48	+00:34:00	00:00:00
1015 °	233 °	1644	M35	00:04:35	JOSE LOURENÇO	PT	C.A. OVAR	01:38:42	01:36:44	+00:34:01	00:49:36
1016 °	234 °	936	M35	00:04:38	Paulo Costa	PT	Amigos Quinta das Freiras	01:38:43	01:37:51	+00:34:02	00:47:31
1017 °	161 °	1231	M50	00:04:35	Francisco Rodrigues	PT	A.C.R.Vigorosa Trofa	01:38:44	01:37:01	+00:34:03	00:49:08
1018 °	235 °	2148	M35	00:04:40	Paulo Renato Ferreira	GL	Individual	01:38:45	01:38:27	+00:34:04	00:46:18
1019 °	236 °	495	M35	00:04:39	Nuno Gomes de Pina	PT	Clube Vodafone	01:38:48	01:38:15	+00:34:06	00:46:56
1020 °	162 °	1657	M50	00:04:38	manuel luis	PT	nucleo de atletismo de cucujaes	01:38:48	01:37:50	+00:34:07	00:48:00
1021 °	163 °	2239	M50	00:04:37	Rui Duarte	PT	R. C. Holmes Place Arrábida	01:38:51	01:37:35	+00:34:10	00:47:32
1022 °	164 °	2238	M50	00:04:34	Joaquim Leandro	PT	R. C. Holmes Place Arrábida	01:38:51	01:36:39	+00:34:10	00:48:09
1023 °	175 °	445	M45	00:04:38	Miguel Ângelo Araújo	PT	Individual	01:38:53	01:38:02	+00:34:12	00:47:14
1024 °	237 °	2151	M35	00:04:37	Miguel Gil Gonzalez	GL	Individual	01:38:54	01:37:35	+00:34:12	00:45:34
1025 °	238 °	1441	M35	00:04:36	António Baptista da Silva	PT	Individual	01:38:56	01:37:18	+00:34:14	00:00:00
1026 °	225 °	2583	M20	00:04:37	Márcio Filipe Araújo Amaro Carneiro	PT	Clube Desportivo de Lousado	01:38:56	01:37:27	+00:34:15	00:00:00
1027 °	176 °	1132	M45	00:04:35	JOAQUIM MANUEL PINTO VIEIRA	PT	OS CACHOS	01:38:57	01:36:41	+00:34:16	00:48:58
1028 °	165 °	2357	M50	00:04:39	Fernando Sousa Santos Leite	PT	Individual	01:38:59	01:38:23	+00:34:18	00:48:34
1029 °	239 °	279	M35	00:04:37	Ricardo Barroso	PT	Individual	01:38:59	01:37:26	+00:34:18	00:00:00
1030 °	34 °	1976	F20	00:04:37	Paula Quintela	PT	escola atletismo Rosa Oliveira	01:39:01	01:37:30	+00:34:19	00:00:00
1031 °	166 °	2417	M50	00:04:39	Jose Pablo Magdaleno Lourido	GL	CORREDOIRAS	01:39:01	01:38:13	+00:34:20	00:47:52
1032 °	226 °	1011	M20	00:04:39	Ricardo José Vieira de Sousa	PT	Individual	01:39:03	01:38:25	+00:34:22	00:00:00
1033 °	192 °	2123	M40	00:04:38	PABLO REGO PÉREZ	GL	ESPRINTES OURENSE	01:39:06	01:37:55	+00:34:24	00:00:00
1034 °	193 °	2054	M40	00:04:38	NUNO CACERES	PT	PORTO RUNNERS	01:39:07	01:38:02	+00:34:26	00:47:25
1035 °	167 °	298	M50	00:04:36	adelino luciano silva brito	PT	Individual	01:39:07	01:37:05	+00:34:26	00:48:13
1036 °	194 °	635	M40	00:04:41	Rui Cavalheiro	PT	Individual	01:39:07	01:38:58	+00:34:26	00:45:25
1037 °	168 °	964	M50	00:04:37	Virgilio Palmeiro	PT	Os Rompe Solas de Vila do Conde	01:39:08	01:37:41	+00:34:27	00:00:00
1038 °	240 °	1697	M35	00:04:39	JOAO CAMPOS	PT	SERVIÇOS SOCIAS MONTEPIO	01:39:13	01:38:15	+00:34:32	00:47:34
1039 °	195 °	1615	M40	00:04:38	antonio teixeira morais	PT	porto runners	01:39:19	01:37:48	+00:34:37	00:48:07
1040 °	177 °	2474	M45	00:04:36	ANXO TABOADA	GL	Running Lusekelo	01:39:19	01:37:22	+00:34:38	00:49:03
1041 °	241 °	2668	M35	00:04:40	VICTOR SOUSA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:39:19	01:38:40	+00:34:38	00:44:28
1042 °	227 °	2130	M20	00:00:00	Diego Garcia Padin	GL	Individual	01:39:21	00:00:00	+00:34:40	00:44:38
1043 °	196 °	1315	M40	00:04:40	Marco Paulo Da Silva Dias	PT	Individual	01:39:23	01:38:38	+00:34:42	00:47:18
1044 °	197 °	272	M40	00:04:40	José Manuel Pinhel Gonçalves	PT	Motomorfes	01:39:25	01:38:38	+00:34:44	00:48:01
1045 °	242 °	1638	M35	00:04:42	MARCO BRUNO DE ALMEIDA GARCIA	PT	Individual	01:39:27	01:39:19	+00:34:45	00:46:33
1046 °	243 °	1341	M35	00:04:39	FILIPE NASCIMENTO	PT	COMPANHIA BAZOFIAS	01:39:27	01:38:07	+00:34:46	00:47:58

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1047	169	59	M50	00:04:40	HENRIQUE MARTINS	PT	Individual	01:39:28	01:38:34	+00:34:47	00:00:00
1048	198	1725	M40	00:04:39	Orlando Silva	PT	Individual	01:39:28	01:38:13	+00:34:47	00:48:20
1049	199	1590	M40	00:04:39	RICARDO OLIVEIRA	PT	COMPANHIA BAZOFIAS	01:39:29	01:38:09	+00:34:48	00:00:00
1050	244	497	M35	00:04:41	Hugo Gonçalves	PT	Individual	01:39:29	01:39:00	+00:34:48	00:46:45
1051	245	1139	M35	00:04:42	JORGE AUGUSTO	PT	SERAPICOS	01:39:30	01:39:11	+00:34:48	00:00:00
1052	200	1435	M40	00:04:42	Aristides Vidazinha	PT	SERAPICOS	01:39:30	01:39:13	+00:34:49	00:46:44
1053	178	1046	M45	00:04:40	Nuno Rodrigues	PT	Individual	01:39:31	01:38:29	+00:34:50	00:47:27
1054	179	473	M45	00:04:40	João Alves da Silva	PT	Individual	01:39:35	01:38:35	+00:34:54	00:49:10
1055	246	2862	M35	00:04:42	Paulo Jorge Pereira Machado	PT	CTM-Vila Pouca De Aguiar	01:39:36	01:39:23	+00:34:55	00:45:27
1056	170	1205	M50	00:04:41	ANTONIO COSTA	PT	MAIA ATLETICO CLUBE	01:39:36	01:38:54	+00:34:55	00:00:00
1057	171	1379	M50	00:04:39	JOSÉ RIBEIRO	PT	OS BRAGUINHAS	01:39:36	01:38:06	+00:34:55	00:47:53
1058	228	557	M20	00:04:37	David Samuel Teixeira Carvalho	PT	Individual	01:39:39	01:37:43	+00:34:58	00:48:10
1059	229	2933	M20	00:04:43	NUNO RIBEIRO	PT	EDP GAS	01:39:40	01:39:33	+00:34:59	00:46:00
1060	180	1160	M45	00:04:40	Fernando Fonseca	PT	O MUNDO DA CORRIDA	01:39:42	01:38:39	+00:35:01	00:47:31
1061	181	2754	M45	00:04:41	Paulo Jorge Dias Domingues	PT	Individual	01:39:45	01:38:51	+00:35:04	00:48:54
1062	247	2198	M35	00:04:42	Manuel Fernandes	PT	Individual	01:39:45	01:39:08	+00:35:04	00:48:36
1063	248	2647	M35	00:04:39	Nuno Martins	PT	Individual	01:39:46	01:38:26	+00:35:05	00:49:52
1064	201	196	M40	00:04:38	ALBERTO DUARTE VIEIRA MOREIRA	PT	AMIGOS ATLETISMO POVOENSE	01:39:48	01:38:03	+00:35:07	00:48:48
1065	202	1878	M40	00:04:42	ANTONIO OLIVEIRA	PT	Individual	01:39:48	01:39:17	+00:35:07	00:46:56
1066	182	404	M45	00:04:41	VITOR LOURENÇO	PT	Individual	01:39:49	01:38:59	+00:35:08	00:48:12
1067	172	2853	M50	00:04:43	Jorge Ferro	PT	Individual	01:39:50	01:39:32	+00:35:08	00:44:46
1068	230	1097	M20	00:04:40	Ricardo Freitas	PT	Leões do Veneza	01:39:52	01:38:40	+00:35:11	00:49:52
1069	249	286	M35	00:04:39	Gustavo Jorge da Rocha Taveira	PT	Individual	01:39:54	01:38:19	+00:35:13	00:50:01
1070	231	2034	M20	00:04:41	LUIS PALHARES	PT	PORTO RUNNERS	01:39:58	01:38:48	+00:35:17	00:48:23
1071	250	1796	M35	00:04:42	CARLOS MAIA	PT	Individual	01:39:59	01:39:29	+00:35:18	00:48:14
1072	203	2246	M40	00:04:39	Angel Munin	GL	Noitebra F.C.	01:40:01	01:38:19	+00:35:20	00:00:00
1073	173	2928	M50	00:04:39	Fernando Pinto Carvalho	PT	EDP GAS	01:40:01	01:38:22	+00:35:20	00:48:01
1074	204	2375	M40	00:04:43	Jorge Manuel Magalhães	PT	Porto Runners	01:40:03	01:39:47	+00:35:22	00:47:13
1075	174	1361	M50	00:04:42	JOSÉ ANDRADE	PT	MAIA ATLETICO CLUBE	01:40:03	01:39:15	+00:35:22	00:48:17
1076	251	2724	M35	00:04:41	JAVIER BLANCO AQUINO	GL	Individual	01:40:05	01:39:06	+00:35:24	00:48:14
1077	252	2683	M35	00:04:43	fernando manuel ribeiro	PT	Individual	01:40:05	01:39:36	+00:35:24	00:47:21
1078	35	1652	F20	00:04:43	Brigida Pinto	PT	chill out - amigos do trail	01:40:07	01:39:40	+00:35:26	00:00:00
1079	253	1472	M35	00:04:41	Antonio Coelho	PT	Individual	01:40:08	01:38:53	+00:35:27	00:49:07
1080	205	2272	M40	00:04:44	Fabricio Ferro Folgar	GL	Individual	01:40:09	01:40:06	+00:35:28	00:44:06
1081	232	1596	M20	00:04:42	Filipe Leitão	PT	Individual	01:40:09	01:39:15	+00:35:28	00:46:59
1082	206	747	M40	00:04:44	Paulo Fernandes	PT	AFIS/Ovar	01:40:12	01:40:02	+00:35:31	00:48:47
1083	183	2301	M45	00:04:42	António Celeste	PT	Grupo Desportivo da Limpeza Urbana	01:40:13	01:39:21	+00:35:32	00:47:53
1084	233	1316	M20	00:04:40	Filipe Manuel Sampaio Marinho	PT	Individual	01:40:14	01:38:30	+00:35:33	00:49:17
1085	175	2233	M50	00:00:00	Fernando Huelin Trillo	GL	VETERAN@S DE GALICIA	01:40:14	00:00:00	+00:35:33	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1086 °	234 °	2903	M20	00:04:42	Fábio Manuel Cruz	PT	EDP GAS	01:40:15	01:39:09	+00:35:34	00:50:06
1087 °	254 °	2907	M35	00:04:41	António Miguel Torres	PT	EDP GAS	01:40:15	01:39:06	+00:35:34	00:50:58
1088 °	235 °	339	M20	00:04:39	José Manuel Santos Faria	PT	Individual	01:40:16	01:38:13	+00:35:34	00:00:00
1089 °	176 °	2744	M50	00:04:45	JOSE CAMPO ALVAREZ	GL	Individual	01:40:17	01:40:13	+00:35:36	00:46:46
1090 °	207 °	1456	M40	00:04:42	Isaac Martínez Chouza	GL	Castrelos 20:30 - B	01:40:18	01:39:28	+00:35:37	00:47:16
1091 °	236 °	383	M20	00:04:43	Diogo Soares da Costa Almeida	PT	Desnivel Positivo	01:40:18	01:39:49	+00:35:37	00:47:16
1092 °	255 °	1330	M35	00:04:40	Jorge Dias	PT	Amigos Atletismo Povoense	01:40:18	01:38:38	+00:35:37	00:00:00
1093 °	237 °	1426	M20	00:04:40	Alberto Lucas	PT	Falta Muito?	01:40:21	01:38:36	+00:35:39	00:00:00
1094 °	208 °	574	M40	00:04:43	Augusto Lima	PT	Tartarugas	01:40:23	01:39:30	+00:35:41	00:47:49
1095 °	177 °	524	M50	00:04:43	MANUEL FERNANDO TEIXEIRA	PT	LOUSADA RUNNERS	01:40:25	01:39:50	+00:35:44	00:47:02
1096 °	184 °	295	M45	00:04:40	Eduardo Valeije alvarez	GL	Individual	01:40:26	01:38:27	+00:35:44	00:49:03
1097 °	256 °	587	M35	00:04:39	Rui Barbosa	PT	Confraria da Bike Clube	01:40:26	01:38:19	+00:35:45	00:48:44
1098 °	238 °	1540	M20	00:04:44	PEDRO MIGUEL SOUSA PIMENTA	PT	ASSOCIAÇÃO MOLEDENSE INTRUÇÃO E RECREIO	01:40:31	01:40:04	+00:35:50	00:46:56
1099 °	185 °	1554	M45	00:04:45	Fernando Abreu	GL	C.A.R. Marisqueiro	01:40:31	01:40:13	+00:35:50	00:48:50
1100 °	239 °	876	M20	00:04:40	JOSÉ COELHO	PT	CAL - Clube Atletismo de Lamas	01:40:32	01:38:38	+00:35:51	00:46:57
1101 °	257 °	2185	M35	00:04:41	Aofonso Feijóo	GL	Individual	01:40:32	01:38:52	+00:35:51	00:49:19
1102 °	178 °	628	M50	00:04:45	António Matos	PT	Individual	01:40:32	01:40:22	+00:35:51	00:48:47
1103 °	186 °	655	M45	00:04:43	Arnaldo Pereira	PT	Individual	01:40:35	01:39:42	+00:35:53	00:46:08
1104 °	209 °	651	M40	00:04:45	Pedro Conde	PT	Individual	01:40:35	01:40:22	+00:35:54	00:48:49
1105 °	258 °	270	M35	00:04:43	JOSÉ AFONSO FERREIRA	PT	Clube Portugal Telecom Zona Norte	01:40:36	01:39:41	+00:35:55	00:49:01
1106 °	240 °	922	M20	00:04:42	Bruno Vilaça	PT	Individual	01:40:38	01:39:28	+00:35:57	00:49:28
1107 °	179 °	983	M50	00:04:43	Anselmo Moreira	PT	Individual	01:40:39	01:39:39	+00:35:58	00:47:43
1108 °	210 °	2787	M40	00:04:41	JOSÉ MAQUIEIRA	GL	Individual	01:40:46	01:39:00	+00:36:05	00:48:50
1109 °	180 °	1304	M50	00:04:45	Jaime Pereira	PT	A D Amarante	01:40:48	01:40:17	+00:36:07	00:48:14
1110 °	259 °	300	M35	00:04:45	Ricardo José David Vieira	PT	Individual	01:40:48	01:40:28	+00:36:07	00:47:09
1111 °	260 °	867	M35	00:04:41	BRUNO CUNHA	PT	Individual	01:40:50	01:38:53	+00:36:09	00:49:31
1112 °	181 °	1305	M50	00:04:45	Macedo Teixeira	PT	A D Amarante	01:40:51	01:40:21	+00:36:10	00:48:11
1113 °	182 °	1817	M50	00:04:45	CARLOS PEREIRA	PT	FERREIROLUX	01:40:51	01:40:25	+00:36:10	00:47:27
1114 °	261 °	1194	M35	00:04:43	Jose Diogo Carneiro Giraldes	PT	GDST	01:40:54	01:39:45	+00:36:12	00:49:49
1115 °	241 °	1577	M20	00:04:42	José Miguel da Silva Rodrigues	PT	Individual	01:40:55	01:39:19	+00:36:14	00:49:20
1116 °	242 °	700	M20	00:04:41	Amadeu Carvalho	PT	Individual	01:40:55	01:38:55	+00:36:14	00:49:37
1117 °	183 °	1993	M50	00:04:46	ANTONIO MESQUITA	PT	PORTO RUNNERS	01:40:55	01:40:42	+00:36:14	00:48:04
1118 °	262 °	1564	M35	00:04:45	Joao Paulo Barrigão Rodrigues	PT	Individual	01:40:56	01:40:14	+00:36:15	00:47:05
1119 °	211 °	1240	M40	00:04:45	Vitor Manuel Gonçalves Sousa	PT	Individual	01:40:57	01:40:17	+00:36:16	00:48:45
1120 °	243 °	2729	M20	00:04:40	EMILIO SABORIDO FERNANDEZ	GL	Individual	01:40:57	01:38:46	+00:36:16	00:00:00
1121 °	212 °	2911	M40	00:04:44	Artur Bernardino Ramos	PT	EDP GAS	01:40:59	01:39:54	+00:36:18	00:50:59
1122 °	213 °	2370	M40	00:04:42	Sérgio Canedo	PT	Individual	01:41:00	01:39:11	+00:36:19	00:49:55
1123 °	36 °	1176	F20	00:04:45	ANA PIRES	PT	MAIA ATLETICO CLUBE	01:41:01	01:40:13	+00:36:19	00:49:56

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1124	214	594	M40	00:04:41	Fernando Ferreira	PT	Kangaroo Runners	01:41:01	01:39:02	+00:36:20	00:00:00
1125	184	1374	M50	00:04:41	AMÉRICO FERREIRA	PT	OS BRAGUINHAS	01:41:03	01:39:03	+00:36:22	00:49:03
1126	244	2453	M20	00:04:44	NELSON ALVES	PT	Individual	01:41:06	01:40:10	+00:36:25	00:00:00
1127	185	2158	M50	00:04:36	Antonio Teolino Torre Mejia	GL	Verxel N.D.	01:41:07	01:37:10	+00:36:26	00:50:11
1128	186	2690	M50	00:04:45	JOSÉ MAGALHAES	PT	ASS DESP CASTELOES	01:41:09	01:40:15	+00:36:28	00:45:49
1129	245	2378	M20	00:04:41	Michael Leal e Sousa	PT	Individual	01:41:09	01:38:55	+00:36:28	00:00:00
1130	215	2081	M40	00:04:42	Jose Alvarez Lorenzo	GL	RUNNING LUSEKELO	01:41:11	01:39:16	+00:36:30	00:49:32
1131	246	2286	M20	00:04:46	Simon de Sousa	PT	Individual	01:41:12	01:40:49	+00:36:31	00:46:12
1132	263	340	M35	00:00:00	Iago Quiroga	GL	Individual	01:41:12	00:00:00	+00:36:31	00:48:16
1133	187	358	M50	00:04:44	SERAFIN .	GL	INDIVIDUAL	01:41:12	01:40:07	+00:36:31	00:48:46
1134	264	261	M35	00:04:42	David Garabatos Barciela	GL	Individual	01:41:13	01:39:09	+00:36:31	00:00:00
1135	216	2282	M40	00:04:45	jose luis barreiras	PT	Individual	01:41:14	01:40:32	+00:36:33	00:00:00
1136	217	1362	M40	00:04:47	Jaime L Silva Júnior	PT	CCD/Renault-Cacia	01:41:16	01:41:11	+00:36:35	00:47:30
1137	218	2805	M40	00:04:44	Julio Antonio Gonçalves	PT	Individual	01:41:19	01:39:58	+00:36:38	00:47:50
1138	247	2302	M20	00:04:45	MANUEL BARROCAS	PT	OS BRAGUINHAS	01:41:20	01:40:12	+00:36:39	00:47:47
1139	248	2564	M20	00:04:43	SÉRGIO ANTÓNIODA SILVA ARAÚJO	PT	AMIGOS ATLETISMO POVOENSE	01:41:21	01:39:40	+00:36:40	00:00:00
1140	187	2101	M45	00:04:43	José Guilherme Santos	PT	Individual	01:41:22	01:39:33	+00:36:41	00:50:02
1141	249	2341	M20	00:04:45	BERNARDINO FRANCISCO SILVA	PT	INDIVIDUAL	01:41:22	01:40:29	+00:36:41	00:43:24
1142	188	1334	M50	00:04:43	Manuel Almeida Fernandes	PT	Amigos Atletismo Povoense	01:41:23	01:39:41	+00:36:42	00:49:08
1143	189	843	M50	00:04:46	Álvaro Araújo	PT	Batotas	01:41:23	01:40:38	+00:36:42	00:47:24
1144	250	2757	M20	00:04:47	NUNO MIGUEL GOMES VIEIRA	PT	PARQUE NASCENTE HEALTH CLUB	01:41:24	01:40:54	+00:36:43	00:48:05
1145	265	398	M35	00:04:47	JOÃO GONÇALVES	PT	COMO TAMOS PAULINHA	01:41:27	01:41:06	+00:36:46	00:46:39
1146	37	2270	F20	00:04:37	Merche De La Torre	GL	Pinarium	01:41:28	01:37:35	+00:36:46	00:50:03
1147	219	1267	M40	00:04:43	RAMIRO BALEA PIÑEIRO	GL	Individual	01:41:28	01:39:42	+00:36:47	00:51:11
1148	220	2939	M40	00:04:48	MIGUEL SA	PT	EDP GAS	01:41:29	01:41:18	+00:36:48	00:46:50
1149	266	1088	M35	00:04:45	ANDRES RODRIGUEZ DOMINGUEZ	GL	Individual	01:41:31	01:40:30	+00:36:49	00:47:26
1150	188	1851	M45	00:04:46	juan carlos rodriguez rial	GL	Individual	01:41:34	01:40:39	+00:36:53	00:50:25
1151	267	2121	M35	00:04:45	Filipe Machado	PT	Individual	01:41:34	01:40:31	+00:36:53	00:47:32
1152	190	2268	M50	00:04:46	Andres Martin-Esperanza	GL	CASTRELOS 20:30	01:41:34	01:40:38	+00:36:53	00:50:25
1153	251	190	M20	00:04:47	Alexandro Cravo Ribeiro	PT	Individual	01:41:34	01:41:14	+00:36:53	00:48:42
1154	268	1935	M35	00:04:45	Humberto Pousa	PT	Individual	01:41:35	01:40:32	+00:36:53	00:00:00
1155	252	948	M20	00:04:42	Edgar Silvano	PT	Individual	01:41:35	01:39:15	+00:36:54	00:49:50
1156	269	2904	M35	00:04:45	Francisco Mason Branco	PT	EDP GAS	01:41:35	01:40:27	+00:36:54	00:50:59
1157	253	879	M20	00:04:46	LUIS CONCEIÇÃO	PT	CAL - Clube Atletismo de Lamas	01:41:36	01:40:38	+00:36:55	00:49:56
1158	38	216	F20	00:04:47	Teresa Cardoso	PT	Clube dos Galitos	01:41:37	01:41:14	+00:36:56	00:00:00
1159	191	1184	M50	00:04:45	José Rocha	PT	Grupo Os Barrigas	01:41:39	01:40:20	+00:36:58	00:00:00
1160	192	2237	M50	00:04:46	Miguel San-Payo	PT	Run 4 Fun	01:41:40	01:40:41	+00:36:59	00:49:08
1161	254	552	M20	00:04:48	Pedro Miguel Baptista Pereira	PT	Individual	01:41:40	01:41:35	+00:36:59	00:45:39
1162	189	2380	M45	00:04:46	Mário José da Costa Carapineiro	PT	Run@Figueira	01:41:41	01:40:43	+00:36:59	00:48:52

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1163	255	723	M20	00:04:45	Pedro Meixedo	PT	Individual	01:41:47	01:40:23	+00:37:06	00:00:00
1164	270	2410	M35	00:04:43	JOAO GONCALVES	PT	Individual	01:41:48	01:39:44	+00:37:07	00:50:10
1165	256	2776	M20	00:04:46	Tiago Maia Silva Rocha	PT	Individual	01:41:48	01:40:40	+00:37:07	00:50:09
1166	190	1306	M45	00:04:47	António Veríssimo	PT	A D Amarante	01:41:49	01:41:15	+00:37:08	00:47:26
1167	271	783	M35	00:04:44	DAVID CABALEIRO	GL	Individual	01:41:49	01:40:10	+00:37:08	00:51:56
1168	221	512	M40	00:04:45	JONATAN CABALEIRO	GL	Individual	01:41:49	01:40:12	+00:37:08	00:51:55
1169	272	789	M35	00:04:46	Ricardo Rocha	PT	G. A. Independentes Gaia	01:41:51	01:40:38	+00:37:09	00:49:27
1170	193	1208	M50	00:04:48	Alfredo Barbosa	PT	Douro Azul	01:41:51	01:41:18	+00:37:10	00:48:22
1171	273	1017	M35	00:04:46	Vitor Anibal Filipe de Melo	PT	Os Amadores	01:41:52	01:40:42	+00:37:11	00:50:10
1172	222	2119	M40	00:04:48	Santiago Fenollera Bolívar	GL	CLUB TRIATLÓN MAR DE VIGO	01:41:58	01:41:32	+00:37:17	00:48:08
1173	257	108	M20	00:04:47	Artur Pereira	PT	É de Shot International	01:42:00	01:41:11	+00:37:19	00:48:28
1174	191	1327	M45	00:04:45	João Oliveira	PT	Amigos Atletismo Povoense	01:42:00	01:40:16	+00:37:19	00:00:00
1175	194	1524	M50	00:04:49	Joaquim Azevedo	PT	ARPO - Associação Recreativa Pousadense	01:42:01	01:41:45	+00:37:20	00:48:37
1176	192	1819	M45	00:04:49	JOSE ARANTES	PT	FERREIROLUX	01:42:02	01:41:40	+00:37:21	00:00:00
1177	223	1415	M40	00:04:48	Sérgio lima teixeira	PT	Individual	01:42:05	01:41:21	+00:37:24	00:49:16
1178	195	402	M50	00:04:48	Quique Abati Gómez	GL	Praia de Carnota Running	01:42:08	01:41:27	+00:37:27	00:00:00
1179	258	2786	M20	00:04:47	MARIO DANIEL VARELA CRESPO	GL	ESPRINTES OURENSE	01:42:08	01:41:11	+00:37:27	00:00:00
1180	259	1685	M20	00:04:46	Daniel Sousa	PT	FAMA RUNNERS	01:42:09	01:40:35	+00:37:27	00:50:10
1181	274	2636	M35	00:04:46	Amilcar Costa	PT	ESTORNORTE	01:42:09	01:40:52	+00:37:27	00:49:52
1182	260	907	M20	00:04:45	Eduardo Gomes Alves Cabral	PT	Individual	01:42:09	01:40:21	+00:37:28	00:48:02
1183	224	403	M40	00:04:48	RICARDO PEREIRA	PT	Individual	01:42:09	01:41:17	+00:37:28	00:47:14
1184	275	147	M35	00:04:46	Rui António Alves Pinto	PT	acorrerportodolado	01:42:11	01:40:45	+00:37:29	00:50:19
1185	225	1118	M40	00:04:48	Nelson Araújo	PT	NAmadores	01:42:11	01:41:17	+00:37:30	00:00:00
1186	261	1373	M20	00:00:00	ANGELO COSTA	PT	OS BRAGUINHAS	01:42:13	00:00:00	+00:37:31	00:00:00
1187	276	2320	M35	00:04:47	Jose Rodrigues	PT	Individual	01:42:13	01:41:14	+00:37:32	00:49:36
1188	196	134	M50	00:04:50	Leonardo Cerejeira	PT	Individual	01:42:16	01:42:12	+00:37:35	00:00:00
1189	262	1178	M20	00:04:48	Helder Fernando Pinto da Silva	PT	Individual	01:42:18	01:41:26	+00:37:37	00:47:28
1190	277	2179	M35	00:04:46	Roberto Besada Montenegro	GL	Athletics smooy team	01:42:18	01:40:38	+00:37:37	00:00:00
1191	39	2131	F20	00:04:46	PURIFICACION BERMUDEZ TURNES	GL	NOITEBRA F.C.	01:42:19	01:40:37	+00:37:38	00:48:25
1192	263	562	M20	00:04:49	luis ramos	PT	Individual	01:42:19	01:41:38	+00:37:38	00:49:36
1193	278	1941	M35	00:04:47	Oscar Diaz Prado	GL	Individual	01:42:23	01:41:10	+00:37:42	00:49:43
1194	226	1455	M40	00:04:48	Roberto Álvarez Alonso	GL	Castrelos 20:30 - B	01:42:24	01:41:33	+00:37:43	00:00:00
1195	227	821	M40	00:04:46	RICARDO LEMOS	PT	Individual	01:42:25	01:40:43	+00:37:43	00:50:06
1196	264	989	M20	00:04:50	Filipe Sales Fernandes	PT	Individual	01:42:27	01:42:02	+00:37:46	00:48:12
1197	265	2889	M20	00:04:44	GERMAN GOMES AZEVEDO	GL	INDIVIDUAL	01:42:27	01:40:08	+00:37:46	00:00:00
1198	279	2909	M35	00:04:48	Rui Pedro Santos	PT	EDP GÁS	01:42:28	01:41:19	+00:37:47	00:50:19
1199	40	2772	F20	00:00:00	Raquel Maria Gonçalves Guimarães	PT	C.A.R.Marisqueiro	01:42:29	00:00:00	+00:37:48	00:48:45
1200	280	1786	M35	00:04:48	VICTOR COSTA	PT	ASSOCIAÇÃO CULTURAL DE VERMOIM	01:42:30	01:41:33	+00:37:49	00:47:59
1201	197	450	M50	00:04:50	Adelio Silva moutinho	PT	Grupo Cultural Recreativo Alvarehos	01:42:31	01:42:09	+00:37:50	00:49:15

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1202 °	193 °	387	M45	00:04:48	Miguel Pinto	PT	Freixo runners	01:42:33	01:41:19	+00:37:52	00:47:33
1203 °	194 °	826	M45	00:04:49	Aloísio Nogueira	PT	Individual	01:42:33	01:41:44	+00:37:52	00:49:56
1204 °	41 °	1444	F20	00:04:49	Carla Araújo	PT	Kagados	01:42:34	01:41:47	+00:37:53	00:48:56
1205 °	281 °	1591	M35	00:04:48	PEDRO MELO	PT	COMPANHIA BAZOFIAS	01:42:34	01:41:15	+00:37:53	00:47:58
1206 °	282 °	1342	M35	00:04:48	ARTUR COSTA	PT	COMPANHIA BAZOFIAS	01:42:36	01:41:16	+00:37:55	00:47:58
1207 °	228 °	2340	M40	00:04:50	Pedro Goncalves	PT	gr clube	01:42:36	01:42:10	+00:37:55	00:00:00
1208 °	195 °	2619	M45	00:04:47	António Jose Teixeira	PT	Individual	01:42:36	01:41:09	+00:37:55	00:49:57
1209 °	283 °	1673	M35	00:04:50	Nelson Martinho Maia Ferreira	PT	Individual	01:42:40	01:42:05	+00:37:59	00:47:44
1210 °	284 °	2726	M35	00:04:49	BRUNO SANTOS	PT	Individual	01:42:41	01:41:57	+00:38:00	00:47:54
1211 °	196 °	2844	M45	00:04:45	Armando José Martins Ferreira	PT	Individual	01:42:45	01:40:26	+00:38:04	00:50:15
1212 °	42 °	949	F20	00:04:48	Carla Fernandes	PT	Individual	01:42:46	01:41:33	+00:38:04	00:00:00
1213 °	229 °	1335	M40	00:04:47	Joaquim Vieira	PT	Amigos Atletismo Povoense	01:42:46	01:41:04	+00:38:05	00:48:13
1214 °	266 °	201	M20	00:04:47	Márcio Filipe Castro	PT	Individual	01:42:46	01:41:00	+00:38:05	00:00:00
1215 °	285 °	1605	M35	00:04:51	Daniel Cerqueira	PT	Individual	01:42:47	01:42:26	+00:38:06	00:48:23
1216 °	230 °	2728	M40	00:04:46	LUIS SABORIDO FERNANDEZ	GL	fontes do sar	01:42:48	01:40:35	+00:38:07	00:50:44
1217 °	43 °	2924	F20	00:04:47	Donzília Correia da Silva	PT	EDP GAS	01:42:49	01:41:09	+00:38:07	00:50:24
1218 °	267 °	654	M20	00:04:50	HELDER FERREIRA	PT	Individual	01:42:50	01:42:08	+00:38:09	00:48:39
1219 °	268 °	893	M20	00:04:50	CARLOS ALBERTO CASEIRO ROLO	PT	INDIVIDUAL	01:42:50	01:42:04	+00:38:09	00:46:48
1220 °	286 °	1138	M35	00:04:48	joaquin rodiño rey	GL	Individual	01:42:51	01:41:31	+00:38:10	00:00:00
1221 °	269 °	1617	M20	00:04:47	Joao Silva	PT	Individual	01:42:52	01:41:09	+00:38:11	00:49:52
1222 °	197 °	841	M45	00:04:50	Manuel Neves Caramalho	PT	Individual	01:42:52	01:42:06	+00:38:11	00:46:48
1223 °	198 °	1044	M50	00:04:49	José Antón Rey	GL	Comesaña Sporting Club	01:42:54	01:41:56	+00:38:13	00:00:00
1224 °	199 °	1445	M50	00:04:50	Joaquim Lopes	PT	Kagados	01:42:54	01:42:08	+00:38:13	00:48:55
1225 °	231 °	2755	M40	00:04:50	JUAN PEÑA BARREIRO	GL	CLUB ATLETISMO DE NOIA	01:42:54	01:42:03	+00:38:13	00:00:00
1226 °	287 °	2122	M35	00:04:47	Javier Santos González	GL	Afilados Runner.s	01:42:54	01:41:13	+00:38:13	00:49:05
1227 °	232 °	2963	M40	00:04:52	MIGUEL MARTINS	PT	VITALIS	01:42:55	01:42:46	+00:38:13	00:00:00
1228 °	198 °	529	M45	00:04:48	antonio augusto reis silva	PT	LOUSADA RUNNERS	01:42:56	01:41:32	+00:38:15	00:49:46
1229 °	270 °	1970	M20	00:00:00	Gonçalo Costa	PT	FAMA RUNNERS	01:42:57	00:00:00	+00:38:16	00:00:00
1230 °	200 °	1561	M50	00:04:49	José Costa	PT	GD Airão	01:42:58	01:41:49	+00:38:17	00:49:16
1231 °	233 °	50	M40	00:04:52	PEDRO SANTOS	PT	Individual	01:43:00	01:42:58	+00:38:19	00:48:12
1232 °	271 °	2431	M20	00:04:51	PEDRO FERNANDO	PT	GRE BONFIM	01:43:00	01:42:32	+00:38:19	00:51:07
1233 °	272 °	2248	M20	00:04:50	David Lado	GL	Individual	01:43:01	01:42:14	+00:38:20	00:48:00
1234 °	234 °	1877	M40	00:04:51	Albano Martins	PT	Individual	01:43:02	01:42:33	+00:38:21	00:48:51
1235 °	273 °	1730	M20	00:04:51	Pedro Filipe Oliveira Machado	PT	Parque Nascente Health Club	01:43:02	01:42:33	+00:38:21	00:48:51
1236 °	235 °	2413	M40	00:04:47	JULIO ALVAREZ ESTÉVEZ	GL	Individual	01:43:04	01:41:14	+00:38:23	00:49:02
1237 °	274 °	413	M20	00:04:47	Fernando Manuel Fontes	PT	Individual	01:43:08	01:41:08	+00:38:27	00:49:19
1238 °	275 °	846	M20	00:04:48	Pedro Fernandes	PT	Vitória Sport Clube	01:43:09	01:41:21	+00:38:28	00:50:46
1239 °	288 °	2725	M35	00:04:51	MIGUEL MARTÍN PENA	GL	Individual	01:43:12	01:42:24	+00:38:31	00:00:00
1240 °	236 °	192	M40	00:04:52	Arlindo Alves Rodrigues	PT	Individual	01:43:14	01:42:55	+00:38:33	00:48:41



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1241	237	1771	M40	00:00:00	FRANCISCO MIRANDA	PT	ASSOCIAÇÃO CULTURAL DE VERMOIM	01:43:17	00:00:00	+00:38:36	00:00:00
1242	289	2905	M35	00:04:50	Hélder Fernando Meira	PT	EDP GAS	01:43:17	01:42:11	+00:38:36	00:00:00
1243	238	48	M40	00:04:53	DAMIÃO PACHECO	PT	PARQUE NASCENTE HEALTH CLUB	01:43:17	01:43:11	+00:38:36	00:00:00
1244	290	2910	M35	00:04:50	Jorge Paulo Fernandes	PT	EDP GAS	01:43:17	01:42:10	+00:38:36	00:50:58
1245	199	2097	M45	00:04:47	Gersom Costas	GL	Individual	01:43:18	01:41:10	+00:38:37	00:00:00
1246	200	231	M45	00:04:53	Paulo Jorge Loureiro	PT	Individual	01:43:18	01:43:07	+00:38:37	00:48:11
1247	201	1521	M50	00:04:48	Armandino Couto	PT	ARPO - Associação Recreativa Pousadense	01:43:19	01:41:26	+00:38:38	00:52:53
1248	291	2519	M35	00:04:53	Tiago Gomes Haddad	PT	Individual	01:43:23	01:43:14	+00:38:41	00:45:28
1249	292	781	M35	00:04:48	CESAR IGLESIAS FERNANDEZ	GL	Individual	01:43:23	01:41:30	+00:38:42	00:50:22
1250	239	49	M40	00:04:54	RUI BORGES	PT	Individual	01:43:24	01:43:22	+00:38:42	00:00:00
1251	201	1491	M45	00:04:51	Rogério Freitas	PT	Comandos 87	01:43:25	01:42:26	+00:38:44	00:49:42
1252	202	2240	M45	00:04:47	Ernesto Anjos	PT	R. C. Holmes Place Arrábida	01:43:26	01:41:11	+00:38:45	00:00:00
1253	240	1629	M40	00:00:00	Hugo Gonçalves	PT	Individual	01:43:27	00:00:00	+00:38:46	00:50:13
1254	203	1475	M45	00:04:48	Fernando Martins Gonçalves	PT	Individual	01:43:28	01:41:27	+00:38:47	00:50:27
1255	204	548	M45	00:04:48	João Paulo Oliveira	PT	Individual	01:43:29	01:41:29	+00:38:48	00:52:13
1256	241	123	M40	00:04:50	Paulo Alexandre Silva	PT	Individual	01:43:30	01:42:14	+00:38:49	00:49:13
1257	205	1785	M45	00:04:51	JOSE COSTA	PT	ASSOCIAÇÃO CULTURAL DE VERMOIM	01:43:30	01:42:33	+00:38:49	00:00:00
1258	206	1852	M45	00:04:53	ALVARO MANUEL DA COSTA MARQUES	PT	GINASIO CLUBE SANTO TIRSO	01:43:30	01:43:10	+00:38:49	00:46:09
1259	207	1135	M45	00:00:00	ANTONIO MANUEL LOPES	PT	OS CACHOS	01:43:31	00:00:00	+00:38:50	00:00:00
1260	276	525	M20	00:04:48	João Cacheira	PT	Individual	01:43:31	01:41:20	+00:38:50	00:50:49
1261	242	2666	M40	00:04:48	paulo abreu	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:43:32	01:41:32	+00:38:51	00:50:48
1262	208	1492	M45	00:04:51	António Carvalho	PT	Comandos 87	01:43:32	01:42:33	+00:38:51	00:00:00
1263	277	1905	M20	00:04:51	Daniel Nogueira	PT	AASM Triatlo	01:43:33	01:42:28	+00:38:52	00:00:00
1264	243	581	M40	00:04:48	Jose neves	PT	Individual	01:43:33	01:41:32	+00:38:52	00:52:13
1265	209	2067	M45	00:04:52	RUI SANTOS	PT	PORTO RUNNERS	01:43:35	01:42:53	+00:38:53	00:00:00
1266	244	2063	M40	00:04:52	RICARDO TEIXEIRA	PT	PORTO RUNNERS	01:43:35	01:42:52	+00:38:53	00:00:00
1267	245	248	M40	00:04:53	João Carlos da Costa Cerqueira	PT	Individual	01:43:38	01:43:07	+00:38:57	00:49:53
1268	210	1474	M45	00:04:53	José António Ferraz Ribeiro	PT	Individual	01:43:39	01:43:03	+00:38:58	00:00:00
1269	246	2195	M40	00:04:53	José Carlos Fonseca	PT	Individual	01:43:41	01:43:08	+00:38:59	00:47:33
1270	202	1551	M50	00:04:51	LIMA NUNES	PT	TUTILAR CLASS RUNNERS	01:43:41	01:42:27	+00:39:00	00:49:45
1271	278	1000	M20	00:04:49	Joaquim António Aires	PT	Pedaladas Soltas	01:43:41	01:41:38	+00:39:00	00:47:23
1272	203	2022	M50	00:04:51	JOAQUIM PERES	PT	PORTO RUNNERS	01:43:41	01:42:33	+00:39:00	00:49:49
1273	44	1072	F20	00:04:54	Flor Maria Madureira	PT	Leões do Veneza	01:43:41	01:43:24	+00:39:00	00:49:07
1274	204	333	M50	00:04:53	Custodio Neto	PT	Individual	01:43:42	01:43:06	+00:39:01	00:48:24
1275	247	1659	M40	00:04:49	Luis Manuel da Silva Antunes	PT	Individual	01:43:42	01:41:48	+00:39:01	00:48:53
1276	248	434	M40	00:04:50	JOSE FARIA	PT	VETERANOS DO BERÇO	01:43:43	01:42:14	+00:39:02	00:00:00
1277	293	2938	M35	00:04:54	JOAQUIM FREITAS	PT	EDP GAS	01:43:44	01:43:37	+00:39:03	00:46:03
1278	279	2125	M20	00:04:50	Iván Abal Pulleiro	GL	Individual	01:43:46	01:42:05	+00:39:04	00:00:00
1279	249	2914	M40	00:04:52	Anónio Ponte	PT	EDP GAS	01:43:46	01:42:40	+00:39:05	00:50:58

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1280	294	1422	M35	00:04:49	paulo bártolo	PT	Individual	01:43:46	01:41:50	+00:39:05	00:48:59
1281	211	2893	M45	00:04:52	NUNO SIMOES	PT	INDIVIDUAL	01:43:47	01:42:56	+00:39:06	00:48:45
1282	205	873	M50	00:04:52	LUCIDIO DIAS	PT	CAL - Clube Atletismo de Lamas	01:43:49	01:42:57	+00:39:08	00:49:17
1283	206	1991	M50	00:04:51	ANTONIO MORAIS	PT	PORTO RUNNERS	01:43:52	01:42:19	+00:39:11	00:51:03
1284	295	2961	M35	00:04:55	MÁRIO LANÇA	PT	VITALIS	01:43:55	01:43:47	+00:39:14	00:48:56
1285	280	629	M20	00:04:49	Filipe Manuel Vicente Afonso	PT	Individual	01:43:56	01:41:51	+00:39:15	00:52:33
1286	281	462	M20	00:04:55	David Dencker	PT	Individual	01:43:56	01:43:53	+00:39:15	00:47:08
1287	282	2750	M20	00:04:52	RUI ESCALEIRA	PT	VIANA TRAIL	01:43:58	01:42:48	+00:39:17	00:00:00
1288	283	2545	M20	00:04:53	Hugo Campos	PT	Thunderrunners	01:43:58	01:43:16	+00:39:17	00:00:00
1289	250	1765	M40	00:04:50	Joaquim Marques	PT	Individual	01:44:03	01:42:01	+00:39:22	00:49:22
1290	207	1523	M50	00:04:50	Anibal Costa	PT	ARPO - Associação Recreativa Pousadense	01:44:03	01:42:15	+00:39:22	00:00:00
1291	208	1275	M50	00:04:54	LEONEL POÇAS	PT	CLUBE MILLENNIUMBCP	01:44:03	01:43:29	+00:39:22	00:49:11
1292	209	2533	M50	00:04:50	JOAO SILVA	PT	N.A.Taipas	01:44:04	01:42:08	+00:39:23	00:51:33
1293	210	2553	M50	00:04:50	JOSE LOPES	PT	N.A.Taipas	01:44:04	01:42:07	+00:39:23	00:51:16
1294	251	1547	M40	00:04:54	Antonio Rios	PT	Individual	01:44:05	01:43:42	+00:39:23	00:47:53
1295	284	1747	M20	00:04:51	Manuel Alves	PT	Caetano Runners	01:44:05	01:42:36	+00:39:23	00:50:14
1296	285	620	M20	00:04:54	Tiago Martins	PT	Individual	01:44:05	01:43:27	+00:39:24	00:50:29
1297	211	596	M50	00:04:53	António Gomes Sousa	PT	Nucleo Sportinguista Ilha de S.Miguel	01:44:06	01:43:04	+00:39:25	00:49:42
1298	286	191	M20	00:04:53	Manuel José Santos Silva Jesus	PT	Individual	01:44:06	01:43:14	+00:39:25	00:00:00
1299	296	1823	M35	00:04:55	JOAQUIM GALO	PT	FERREIROLUX	01:44:06	01:43:43	+00:39:25	00:47:58
1300	212	233	M45	00:04:49	MIGUEL PEREZ	GL	TANINOS RUNNERS PONTEAREAS	01:44:07	01:41:51	+00:39:25	00:51:13
1301	212	1587	M50	00:04:51	Manuel Simões	PT	Individual	01:44:07	01:42:33	+00:39:26	00:00:00
1302	252	213	M40	00:04:49	Jacinto Serge	PT	Individual	01:44:08	01:41:54	+00:39:27	00:00:00
1303	287	2305	M20	00:04:51	Jesus Eduardo Perez Rodriguez	GL	Individual	01:44:12	01:42:27	+00:39:31	00:51:36
1304	288	1619	M20	00:04:51	Daniel Cruz	PT	i-Run	01:44:13	01:42:21	+00:39:32	00:52:01
1305	289	2321	M20	00:04:55	Ricardo Poças	PT	Individual	01:44:14	01:43:45	+00:39:32	00:48:17
1306	213	750	M45	00:04:55	Luis Viana	PT	Como Tamos Paulinha	01:44:14	01:43:46	+00:39:33	00:00:00
1307	214	995	M45	00:04:51	Jacinto Manuel trindade santos	PT	Individual	01:44:14	01:42:35	+00:39:33	00:49:58
1308	213	1397	M50	00:04:53	JOSÉ MARIA	PT	OS BRAGUINHAS	01:44:15	01:43:07	+00:39:34	00:49:35
1309	45	1371	F20	00:04:53	VALQUIRIA SILVA	PT	OS BRAGUINHAS	01:44:15	01:43:07	+00:39:34	00:49:35
1310	46	274	F20	00:04:55	Patricia gillde	PT	Individual	01:44:15	01:43:48	+00:39:34	00:50:10
1311	215	425	M45	00:04:56	Jose Santos	PT	turbo lentos da maia	01:44:16	01:44:14	+00:39:35	00:48:43
1312	216	2010	M45	00:04:52	FILIPE LEMOS	PT	PORTO RUNNERS	01:44:16	01:42:45	+00:39:35	00:51:03
1313	297	1259	M35	00:04:53	Sérgio Fernando Soares Pinto	PT	Individual	01:44:19	01:43:06	+00:39:37	00:50:11
1314	298	1885	M35	00:04:51	Mario Sá Carneiro Barbosa	PT	iRUN	01:44:20	01:42:28	+00:39:39	00:52:01
1315	253	685	M40	00:04:56	José Carlos Oliveira	PT	G.C.R Alvarelhos	01:44:21	01:44:11	+00:39:40	00:47:53
1316	299	1918	M35	00:04:51	João Nuno Araújo	PT	Wellrunners	01:44:24	01:42:27	+00:39:42	00:51:14
1317	300	1285	M35	00:04:56	CARLOS NEVES	PT	CLUBE MILLENNIUMBCP	01:44:24	01:44:04	+00:39:43	00:48:59
1318	290	303	M20	00:04:53	Xô Doutôre Pedro Azevedo	PT	Individual	01:44:26	01:43:13	+00:39:45	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1319	217	954	M45	00:04:53	CARLOS PEREIRA	PT	FALTA MUITO	01:44:28	01:43:07	+00:39:47	00:49:55
1320	291	464	M20	00:04:56	João Pedro Santos	PT	Individual	01:44:29	01:44:22	+00:39:48	00:49:53
1321	292	656	M20	00:04:56	Nuno Figueiredo	PT	Gin Atómico	01:44:30	01:44:07	+00:39:48	00:51:44
1322	301	323	M35	00:04:53	RICARDO DELFIM	PT	Individual	01:44:30	01:43:19	+00:39:48	00:00:00
1323	302	1340	M35	00:04:57	mario monteiro	PT	c.nossa senhora da conceição	01:44:33	01:44:29	+00:39:52	00:00:00
1324	254	616	M40	00:04:55	Pedro Manuel Correia	PT	Individual	01:44:34	01:43:53	+00:39:53	00:52:40
1325	47	385	F20	00:04:51	Sara Campos	PT	Individual	01:44:38	01:42:36	+00:39:57	00:51:39
1326	214	2760	M50	00:04:53	joão rocha	PT	Individual	01:44:38	01:43:10	+00:39:57	00:49:29
1327	303	2947	M35	00:04:57	ANTÓNIO LAMEIRA	PT	VITALIS	01:44:39	01:44:35	+00:39:58	00:49:37
1328	304	2260	M35	00:04:53	Miguel Loureiro	PT	Terroros Do Asfalto	01:44:43	01:43:05	+00:40:02	00:00:00
1329	255	1622	M40	00:04:53	Manuel Santos Silva	PT	Individual	01:44:47	01:43:10	+00:40:06	00:51:12
1330	215	1726	M50	00:04:52	SEVERINO SEGUIN CID	GL	Running Lusekelo	01:44:49	01:42:50	+00:40:08	00:49:55
1331	216	1058	M50	00:04:52	Ramiro Taboada Gonzalez	GL	Running Lusekelo	01:44:49	01:42:53	+00:40:08	00:49:55
1332	48	1912	F20	00:04:55	Susana Neta	PT	Individual	01:44:50	01:43:49	+00:40:09	00:49:29
1333	305	1782	M35	00:04:51	Javier González López-Mosquera	GL	Individual	01:44:50	01:42:33	+00:40:09	00:49:10
1334	256	1911	M40	00:04:55	Paulo Neta	PT	Individual	01:44:51	01:43:49	+00:40:10	00:49:29
1335	257	1756	M40	00:04:55	José Angel Fernández Fontela	GL	Individual	01:44:51	01:43:45	+00:40:10	00:51:29
1336	306	1604	M35	00:04:55	Jorge Manuel Ribeiro Santos	PT	Individual	01:44:51	01:43:56	+00:40:10	00:50:45
1337	49	2451	F20	00:04:58	MONTSERRAT ALVAREZ DA SILVA	GL	Individual	01:44:53	01:44:46	+00:40:12	00:49:54
1338	293	410	M20	00:04:55	crstovao filipe torre vieira	PT	Individual	01:44:53	01:44:01	+00:40:12	00:51:05
1339	258	725	M40	00:04:54	José Luís Oliveira Eusébio	PT	Individual	01:44:53	01:43:38	+00:40:12	00:49:35
1340	307	741	M35	00:04:52	Jose Maria Guianca Parada	GL	Individual	01:44:55	01:42:58	+00:40:13	00:50:55
1341	308	584	M35	00:04:52	Sérgio Gandarela	PT	Individual	01:44:55	01:42:57	+00:40:14	00:52:00
1342	217	2917	M50	00:04:53	Joaquim Carvalho	PT	EDP GAS	01:44:55	01:43:15	+00:40:14	00:49:50
1343	218	636	M50	00:04:55	ANTÓNIO COUTINHO	PT	A.R. DE NEGRELOS	01:44:56	01:44:02	+00:40:15	00:00:00
1344	309	829	M35	00:04:53	Miguel Mera Cuevas	GL	PICARANA	01:44:57	01:43:17	+00:40:16	00:00:00
1345	259	677	M40	00:04:53	Adelino Silva	PT	Individual	01:44:58	01:43:12	+00:40:16	00:51:07
1346	219	2076	M50	00:04:53	Osvaldo Oliveira	PT	FUNTASTICs	01:44:58	01:43:10	+00:40:17	00:50:10
1347	260	864	M40	00:04:55	Nuno Cintra	PT	Individual	01:44:59	01:43:52	+00:40:18	00:49:51
1348	261	1797	M40	00:04:58	NELSON GABRIEL LOPES	PT	Individual	01:44:59	01:44:56	+00:40:18	00:48:58
1349	220	242	M50	00:04:55	Mário Vilarinho	PT	Individual	01:45:01	01:43:46	+00:40:19	00:49:49
1350	221	1563	M50	00:04:54	JOSE RAMON CONDE TORRES	GL	atletismo porriño	01:45:01	01:43:38	+00:40:20	00:00:00
1351	218	2369	M45	00:04:57	JORGE ASSUNÇÃO	PT	GRCLUBE	01:45:01	01:44:37	+00:40:20	00:00:00
1352	50	377	F20	00:04:57	Elisabete Nunes	PT	Grupo Juvenil de Vila de Punhe	01:45:03	01:44:38	+00:40:21	00:49:44
1353	51	2659	F20	00:04:57	HELENA MENDES	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:45:03	01:44:35	+00:40:22	00:49:52
1354	262	645	M40	00:04:52	Pedro L. Fírvida Diz	GL	Individual	01:45:04	01:42:56	+00:40:23	00:51:35
1355	294	541	M20	00:04:55	Pedro Rocha	PT	Viana Cycles	01:45:04	01:43:43	+00:40:23	00:50:59
1356	310	2565	M35	00:04:57	Jorge Rego	PT	Desnivel Positivo	01:45:05	01:44:36	+00:40:24	00:49:54
1357	52	1977	F20	00:04:57	Sandra Azevedo	PT	Desnivel Positivo	01:45:06	01:44:37	+00:40:25	00:49:54

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1358 °	295 °	1632	M20	00:04:52	Ivo Parada	PT	parque health club	01:45:06	01:42:53	+00:40:25	00:53:05
1359 °	222 °	607	M50	00:04:57	manuel fernandez arean	GL	Individual	01:45:07	01:44:26	+00:40:26	00:50:55
1360 °	296 °	2835	M20	00:04:57	Bruno Daniel Pinto Vinhós	PT	A.D.Amarante Trail Running	01:45:10	01:44:34	+00:40:29	00:48:24
1361 °	263 °	2353	M40	00:04:57	Vergilio Artur Barbosa	PT	Centro Desportivo e Cultural de Navais	01:45:11	01:44:34	+00:40:30	00:51:03
1362 °	223 °	1409	M50	00:04:53	Albino oliveira	PT	CAVE Esposende	01:45:12	01:43:08	+00:40:30	00:50:46
1363 °	264 °	2307	M40	00:04:54	Joao Paulo Rodrigues	PT	Individual	01:45:12	01:43:22	+00:40:31	00:50:46
1364 °	297 °	1710	M20	00:04:54	Rui Neves	PT	Individual	01:45:13	01:43:39	+00:40:32	00:52:34
1365 °	224 °	988	M50	00:00:00	Manuel Torres	PT	Centro de Atletismo de Matosinhos	01:45:14	00:00:00	+00:40:33	00:00:00
1366 °	219 °	770	M45	00:04:50	FRANCLIM CARDOSO PRATA	PT	WELLRUNNERS	01:45:16	01:41:59	+00:40:35	00:51:47
1367 °	311 °	2526	M35	00:04:56	JESUS CARLOS QUINTAS BARROS	GL	ESPRINTES OURENSE	01:45:16	01:44:04	+00:40:35	00:50:45
1368 °	265 °	366	M40	00:04:56	Paulo Rito	PT	40	01:45:17	01:44:04	+00:40:36	00:51:22
1369 °	220 °	953	M45	00:04:58	António Prazeres	PT	Individual	01:45:17	01:44:54	+00:40:36	00:49:46
1370 °	221 °	2112	M45	00:04:55	Basilio Verdeal Gonzalez	GL	Individual	01:45:18	01:43:56	+00:40:37	00:51:54
1371 °	222 °	2603	M45	00:04:57	MANUEL PUERTA DA COSTA	PT	PORTO RUNNERS	01:45:18	01:44:43	+00:40:37	00:00:00
1372 °	266 °	1350	M40	00:04:55	DOMINGOS PEDRO MENDES FERREIRA	PT	OS LAMBAREIROS DO ASFALTO	01:45:21	01:43:57	+00:40:40	00:50:46
1373 °	53 °	1351	F20	00:04:55	LETICIA CHARLENE MELO	PT	OS LAMBAREIROS DO ASFALTO	01:45:21	01:43:56	+00:40:40	00:50:45
1374 °	312 °	2593	M35	00:04:56	JUANJO LOPEZ DE LA OSA	GL	Individual	01:45:21	01:44:23	+00:40:40	00:52:51
1375 °	298 °	1354	M20	00:04:55	JORGE ALEXANDRE DIAS RODRIGUES	PT	OS LAMBAREIROS DO ASFALTO	01:45:22	01:43:55	+00:40:41	00:00:00
1376 °	299 °	2777	M20	00:04:59	MANUEL FERREIRA DE SAMPAIO	PT	INDIVIDUAL	01:45:23	01:45:12	+00:40:41	00:49:44
1377 °	313 °	1414	M35	00:04:56	FELIPE IGLESIAS MIRA	GL	ESPRINTES OURENSE	01:45:24	01:44:13	+00:40:43	00:50:46
1378 °	225 °	1119	M50	00:04:55	Joaquim Amieiro	PT	CENAP	01:45:26	01:43:53	+00:40:45	00:49:23
1379 °	226 °	2055	M50	00:04:56	NUNO OLIVEIRA	PT	PORTO RUNNERS	01:45:27	01:44:20	+00:40:45	00:00:00
1380 °	227 °	908	M50	00:04:56	Francisco José Castro Lemos	PT	Individual	01:45:27	01:44:15	+00:40:46	00:52:35
1381 °	267 °	2672	M40	00:04:56	Paulo Pinto	PT	Individual	01:45:28	01:44:11	+00:40:47	00:49:55
1382 °	228 °	2674	M50	00:04:56	António Augusto Pereira	PT	Individual	01:45:28	01:44:10	+00:40:47	00:00:00
1383 °	268 °	316	M40	00:04:55	fernando osvaldo socorro	PT	fluvial triathlon	01:45:28	01:43:54	+00:40:47	00:50:26
1384 °	300 °	745	M20	00:04:55	NUNO FERNANDES	PT	FLUVIALTRIATHLON	01:45:29	01:43:54	+00:40:47	00:50:24
1385 °	301 °	592	M20	00:04:58	Ricardo Duarte Pereira Santos	PT	Individual	01:45:31	01:44:46	+00:40:50	00:51:38
1386 °	302 °	2207	M20	00:04:54	carlos manuel lima de miranda	PT	Individual	01:45:31	01:43:39	+00:40:50	00:51:38
1387 °	314 °	549	M35	00:04:54	Miguel Meireles	PT	Running class Holmes Place Arrábida	01:45:31	01:43:26	+00:40:50	00:51:02
1388 °	269 °	2716	M40	00:04:51	José Pedro Silva	PT	Individual	01:45:32	01:42:24	+00:40:51	00:53:07
1389 °	270 °	2831	M40	00:04:55	ALBERTO BRAGADO RODRIGUEZ	GL	Individual	01:45:32	01:43:45	+00:40:51	00:00:00
1390 °	229 °	934	M50	00:04:58	Agostinho Costa	PT	Amigos Quinta das Freiras	01:45:33	01:44:47	+00:40:52	00:00:00
1391 °	271 °	2206	M40	00:04:57	Paulo Jorge Abrantes Ferrão	PT	Escola do Movimento	01:45:33	01:44:43	+00:40:52	00:49:07
1392 °	223 °	1568	M45	00:04:57	Luís Manuel Silva Cruz	PT	TUBAROES DE ESPINHO	01:45:34	01:44:41	+00:40:53	00:50:52
1393 °	224 °	2946	M45	00:04:55	JOÃO PEDRO PINHEIRO	PT	VITALIS	01:45:34	01:43:56	+00:40:53	00:51:27
1394 °	230 °	1565	M50	00:04:57	Carlos Alberto Tavares Silva	PT	TUBAROES DE ESPINHO	01:45:34	01:44:40	+00:40:53	00:00:00
1395 °	225 °	1128	M45	00:04:59	José Oliveira	PT	Grupo Os Barrigas	01:45:35	01:45:13	+00:40:54	00:50:57
1396 °	226 °	2623	M45	00:04:55	Francisco Conde Cid	GL	Individual	01:45:36	01:43:48	+00:40:55	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1397 °	315 °	334	M35	00:05:00	Manuel António Oliveira Araújo	PT	Individual	01:45:36	01:45:33	+00:40:55	00:00:00
1398 °	303 °	2243	M20	00:04:59	Ricardo Briote	PT	PropedalTeam	01:45:37	01:45:23	+00:40:56	00:48:57
1399 °	227 °	2177	M45	00:04:56	Fernando Villamarín Álvarez	GL	Individual	01:45:38	01:44:23	+00:40:57	00:00:00
1400 °	231 °	301	M50	00:04:58	Antonio Armando Santos	PT	Individual	01:45:39	01:44:51	+00:40:58	00:50:39
1401 °	272 °	728	M40	00:04:58	ALEJANDRO GANDARA BOUZA	GL	CASTRELOS	01:45:40	01:44:49	+00:40:59	00:49:45
1402 °	232 °	866	M50	00:04:56	Manuel Lemos Soares	PT	Individual	01:45:41	01:44:14	+00:41:00	00:50:47
1403 °	273 °	2535	M40	00:05:00	JOAQUIM SILVA	PT	N.A.Taipas	01:45:42	01:45:35	+00:41:01	00:50:19
1404 °	304 °	909	M20	00:04:57	Luis Miguel Lemos	PT	Individual	01:45:44	01:44:32	+00:41:03	00:00:00
1405 °	228 °	2694	M45	00:04:56	Carlos Filipe de Almeida Fernandes	PT	Individual	01:45:46	01:44:06	+00:41:04	00:00:00
1406 °	316 °	1790	M35	00:04:56	Miguel Maia Dias	PT	Falta de Treino	01:45:47	01:44:09	+00:41:06	00:00:00
1407 °	305 °	2167	M20	00:04:58	Vitor Hugo Vieira Lessa	PT	Individual	01:45:47	01:44:47	+00:41:06	00:51:27
1408 °	274 °	2930	M40	00:04:58	Manuel Marques	PT	EDP GAS	01:45:48	01:44:59	+00:41:07	00:51:55
1409 °	306 °	2162	M20	00:05:00	Pedro Osório da Silva Azevedo	PT	Individual	01:45:48	01:45:34	+00:41:07	00:51:12
1410 °	275 °	2309	M40	00:04:55	Filipe Jorge Varandas	PT	Report Pro	01:45:49	01:44:00	+00:41:08	00:51:25
1411 °	307 °	2143	M20	00:04:57	Daniel Lopes	PT	A.D.RIO LARGO C.E.	01:45:50	01:44:40	+00:41:08	00:48:15
1412 °	276 °	1161	M40	00:04:56	Eusebio Gaião Ruas	PT	Individual	01:45:53	01:44:17	+00:41:12	00:51:48
1413 °	233 °	325	M50	00:04:59	Gabriel Santos	PT	C.P.R A-do-Barbas	01:45:55	01:45:25	+00:41:13	00:00:00
1414 °	229 °	1162	M45	00:04:56	Francisco Ferreira	PT	Individual	01:45:56	01:44:19	+00:41:15	00:51:48
1415 °	277 °	647	M40	00:04:57	Plácido Sousa	PT	Individual	01:45:57	01:44:37	+00:41:15	00:50:37
1416 °	278 °	1679	M40	00:04:59	RICARDO ROCHA	PT	DASDIKES	01:45:57	01:45:23	+00:41:16	00:00:00
1417 °	234 °	474	M50	00:04:55	Nuno Henrique da Costa Russo	PT	Individual	01:45:58	01:43:47	+00:41:16	00:00:00
1418 °	235 °	755	M50	00:04:56	Pio Domínguez Rodríguez	GL	Individual	01:45:58	01:44:05	+00:41:17	00:52:20
1419 °	308 °	2856	M20	00:00:00	MIGUEL TORRES	PT	Clube Fluvial Vilacondense	01:45:59	00:00:00	+00:41:18	00:51:19
1420 °	317 °	1603	M35	00:05:00	Cipriano Sousa	PT	Clube os 5 à Hora	01:46:00	01:45:34	+00:41:19	00:49:16
1421 °	309 °	1627	M20	00:04:56	TIAGO JESUS	PT	RECREIO DESPORTIVO DE AGUEDA	01:46:03	01:44:17	+00:41:22	00:52:17
1422 °	279 °	2691	M40	00:04:56	AGOSTINHO BARROS	PT	ASS DESP CASTELOES	01:46:03	01:44:11	+00:41:22	00:53:17
1423 °	310 °	696	M20	00:05:01	Rafael Águas	PT	Individual	01:46:04	01:45:59	+00:41:23	00:49:32
1424 °	318 °	2818	M35	00:04:58	Tiago Patrício	PT	CML	01:46:14	01:44:50	+00:41:33	00:50:42
1425 °	319 °	514	M35	00:04:56	Hugo Tedim	PT	Parque Health Club	01:46:15	01:44:04	+00:41:34	00:52:57
1426 °	54 °	662	F20	00:04:56	Alice Moutinho	PT	Individual	01:46:15	01:44:14	+00:41:34	00:51:28
1427 °	236 °	1886	M50	00:04:59	Serafim Ramos	PT	Clube de Pessoal EDP - Porto	01:46:15	01:45:20	+00:41:34	00:00:00
1428 °	55 °	2925	F20	00:04:57	Silvia Alexandra Tomas	PT	EDP GAS	01:46:16	01:44:37	+00:41:35	00:51:14
1429 °	56 °	2929	F20	00:04:57	Angelina Pino	PT	EDP GAS	01:46:16	01:44:37	+00:41:35	00:51:14
1430 °	311 °	2886	M20	00:04:59	PEDRO FERNANDES	PT	INDIVIDUAL	01:46:22	01:45:15	+00:41:41	00:00:00
1431 °	320 °	2153	M35	00:04:57	Albino José Machado	PT	Individual	01:46:23	01:44:38	+00:41:42	00:00:00
1432 °	230 °	2337	M45	00:04:58	Pedro Ferraz	PT	MTF Runners	01:46:23	01:44:54	+00:41:42	00:50:45
1433 °	312 °	1060	M20	00:04:57	Jacinto Marques	PT	Individual	01:46:27	01:44:25	+00:41:46	00:50:17
1434 °	280 °	451	M40	00:04:56	ANTONIO DE LA CRUZ	GL	Individual	01:46:29	01:44:21	+00:41:48	00:51:35
1435 °	237 °	448	M50	00:05:00	José Duarte	PT	SSCGD	01:46:30	01:45:29	+00:41:49	00:50:49

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1436	321	2365	M35	00:04:57	Pedro Vasco Santos	PT	Individual	01:46:31	01:44:43	+00:41:50	00:51:27
1437	281	2871	M40	00:04:58	CARLOS ALONSO	GL	Individual	01:46:31	01:44:48	+00:41:50	00:51:17
1438	322	2715	M35	00:04:58	Rui Pedro Gonçalves	PT	VIANACYCLES	01:46:37	01:44:54	+00:41:55	00:51:51
1439	323	762	M35	00:04:56	Fernando Delgado	GL	Bekele Running Team	01:46:37	01:44:20	+00:41:56	00:52:32
1440	324	724	M35	00:04:56	CÉSAR OSORIO DIÉGUEZ	GL	BEKELE RUNNING TEAM	01:46:37	01:44:20	+00:41:56	00:00:00
1441	57	2783	F20	00:04:57	SONIA ALONSO MIGUEZ	GL	LOMBIS	01:46:37	01:44:35	+00:41:56	00:52:33
1442	238	2869	M50	00:04:57	RAMON HERMO REY	GL	Lombis	01:46:37	01:44:34	+00:41:56	00:00:00
1443	231	1809	M45	00:05:02	MANUEL FERNANDES	PT	FERREIROLUX	01:46:38	01:46:18	+00:41:57	00:49:57
1444	282	2311	M40	00:05:01	Paulo Sérgio Costa Oliveira	PT	Individual	01:46:41	01:45:59	+00:42:00	00:51:43
1445	232	1576	M45	00:05:00	António Cruz	PT	Individual	01:46:42	01:45:45	+00:42:01	00:52:36
1446	313	1718	M20	00:05:01	Pedro Marques	PT	Individual	01:46:42	01:45:57	+00:42:01	00:50:39
1447	325	822	M35	00:04:58	OSCAR LEMOS	PT	Individual	01:46:42	01:45:00	+00:42:01	00:53:00
1448	314	897	M20	00:04:58	Ricardo Manuel Lopes	PT	No Tomorrow Running Team	01:46:43	01:45:03	+00:42:02	00:52:07
1449	283	568	M40	00:04:57	João Günther Amaral	PT	Individual	01:46:43	01:44:41	+00:42:02	00:51:39
1450	326	2759	M35	00:04:58	Sérgio Silva	PT	Terroros do Asfalto	01:46:45	01:44:57	+00:42:04	00:00:00
1451	284	151	M40	00:05:01	orlando jose da silva parente	PT	os amadores	01:46:46	01:46:07	+00:42:05	00:50:29
1452	285	2095	M40	00:05:01	Jose Antonio Otero Ramirez	GL	Individual	01:46:46	01:45:57	+00:42:05	00:00:00
1453	239	1082	M50	00:05:01	José Pires	PT	Leões do Veneza	01:46:46	01:45:52	+00:42:05	00:51:01
1454	240	965	M50	00:04:58	João Andrade	PT	Os Rompe Solas de Vila do Conde	01:46:47	01:44:54	+00:42:06	00:53:21
1455	315	571	M20	00:05:02	David Alexandre Rodrigues	PT	Individual	01:46:48	01:46:24	+00:42:07	00:49:41
1456	316	362	M20	00:04:59	Diego García Lorenzo	GL	Club atletismo Fontes do Sar	01:46:49	01:45:15	+00:42:08	00:52:34
1457	241	852	M50	00:04:58	Carlos Ribeiro	PT	Vitória Sport Clube	01:46:51	01:45:00	+00:42:09	00:53:56
1458	233	850	M45	00:04:58	Alberto Mendes	PT	Vitória Sport Clube	01:46:51	01:44:56	+00:42:09	00:53:57
1459	317	2141	M20	00:05:01	Alvaro Rodriguez	GL	Individual	01:46:51	01:45:53	+00:42:10	00:00:00
1460	327	1594	M35	00:05:01	Jorge Figueiredo	PT	Individual	01:46:52	01:46:01	+00:42:10	00:00:00
1461	242	1556	M50	00:05:02	CONSTANTINO MOREIRA	PT	FERREIROLUX	01:46:52	01:46:28	+00:42:11	00:00:00
1462	243	1569	M50	00:05:01	António Fernando Ferreira	PT	TUBAROES DE ESPINHO	01:46:53	01:45:58	+00:42:12	00:51:51
1463	244	1567	M50	00:05:01	António José Lopes	PT	TUBAROES DE ESPINHO	01:46:53	01:45:59	+00:42:12	00:00:00
1464	245	978	M50	00:05:02	JOAQUIM GOMES	PT	A.D.RIO LARGO C.E.	01:46:53	01:46:21	+00:42:12	00:51:22
1465	246	857	M50	00:04:58	Alvaro Araujo	PT	Vitória Sport Clube	01:46:54	01:44:55	+00:42:13	00:53:57
1466	318	2523	M20	00:05:00	Leonardo Maia	PT	Team Bikespace Braga	01:46:55	01:45:49	+00:42:14	00:00:00
1467	234	915	M45	00:05:00	José Pessoa	PT	Atletismo de Vila Boa do Bispo	01:46:56	01:45:35	+00:42:14	00:49:50
1468	286	442	M40	00:04:58	Julio Carpintero Dominguez	GL	Individual	01:46:56	01:44:49	+00:42:15	00:51:42
1469	328	580	M35	00:00:00	JOSÉ RUI MAIA	PT	Individual	01:46:57	00:00:00	+00:42:16	00:00:00
1470	319	858	M20	00:04:58	Miguel Mendes	PT	Vitória Sport Clube	01:46:57	01:44:59	+00:42:16	00:53:57
1471	287	797	M40	00:00:00	António Alves	PT	Individual	01:46:59	00:00:00	+00:42:18	00:00:00
1472	247	117	M50	00:05:01	Gil da Costa	PT	Individual	01:46:59	01:45:50	+00:42:18	00:52:40
1473	248	844	M50	00:00:00	Simao Pereira	PT	Vitória Sport Clube	01:47:00	00:00:00	+00:42:19	00:00:00
1474	249	2331	M50	00:04:59	Alvaro Vaz	PT	Comporto	01:47:00	01:45:23	+00:42:19	00:52:23

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1475	250	1238	M50	00:04:58	Jorge Loureiro	PT	CAVE Esposende	01:47:01	01:44:57	+00:42:20	00:52:33
1476	288	2823	M40	00:05:02	José Miguel Vieira Carvalho	PT	Individual	01:47:02	01:46:19	+00:42:21	00:50:40
1477	329	401	M35	00:04:58	Rui Jorge Novo	PT	Individual	01:47:04	01:44:55	+00:42:23	00:52:28
1478	320	2543	M20	00:05:02	Pedro Campos	PT	Thunderrunners	01:47:05	01:46:23	+00:42:24	00:51:08
1479	58	588	F20	00:05:02	Carla Sofia Ribeiro Ramalho	PT	Individual	01:47:06	01:46:26	+00:42:25	00:51:34
1480	289	2468	M40	00:04:58	JUAN JOSE PEREZ FERREIRO	GL	Individual	01:47:06	01:45:04	+00:42:25	00:53:23
1481	235	2756	M45	00:05:02	Agostinho de Barros Gonçalves	PT	Individual	01:47:06	01:46:10	+00:42:25	00:51:25
1482	330	1269	M35	00:05:02	Miguel Pinto	PT	Individual	01:47:08	01:46:25	+00:42:27	00:50:21
1483	290	860	M40	00:04:59	José Freitas	PT	Vitória Sport Clube	01:47:08	01:45:09	+00:42:27	00:53:58
1484	236	996	M45	00:04:59	José Carlos Ramalho	PT	.COM - Clube de Orientação do Minho	01:47:11	01:45:20	+00:42:29	00:49:27
1485	321	2513	M20	00:05:02	CARLOS RIAL SUAREZ	GL	ATHLETICS AVENTURA	01:47:11	01:46:15	+00:42:30	00:50:45
1486	322	355	M20	00:04:58	Carlos Vieira	PT	Individual	01:47:12	01:45:05	+00:42:31	00:52:08
1487	59	356	F20	00:04:58	Isa Silva	PT	Individual	01:47:12	01:45:06	+00:42:31	00:52:08
1488	323	1647	M20	00:05:04	Bartolomeu Franco	PT	Individual	01:47:12	01:47:00	+00:42:31	00:51:12
1489	324	1650	M20	00:05:04	Bruno Rocha	PT	Individual	01:47:13	01:47:00	+00:42:31	00:51:12
1490	291	2414	M40	00:05:01	PAULO PEDRA	PT	COMO TAMOS PAULINHA	01:47:13	01:46:09	+00:42:32	00:52:07
1491	251	1585	M50	00:05:02	Manuel Pardal	PT	Associação de Atletismo Lebres do Sado	01:47:13	01:46:24	+00:42:32	00:51:34
1492	331	1106	M35	00:00:00	HUGO PAREDES	PT	UTAD RUNNERS	01:47:14	00:00:00	+00:42:33	00:54:29
1493	60	894	F20	00:05:04	Helena Margarida Verde	PT	Os Fura Montanhas	01:47:14	01:46:56	+00:42:33	00:50:56
1494	325	1056	M20	00:05:01	Simão Moreira	PT	Falta Muito?	01:47:15	01:45:53	+00:42:33	00:00:00
1495	332	172	M35	00:05:03	ARMANDO VIEIRA	PT	BATOTAS	01:47:16	01:46:33	+00:42:35	00:49:51
1496	252	2068	M50	00:05:00	RUI VILAR	PT	PORTO RUNNERS	01:47:18	01:45:47	+00:42:37	00:51:33
1497	253	1217	M50	00:05:01	Lúis Vilela	PT	Douro Azul	01:47:18	01:45:57	+00:42:37	00:51:09
1498	61	378	F20	00:05:02	Elsa Pereira	PT	Grupo Juvenil de Vila de Punhe	01:47:19	01:46:28	+00:42:37	00:00:00
1499	292	171	M40	00:05:02	Duarte Alves	PT	Individual	01:47:20	01:46:21	+00:42:39	00:51:41
1500	293	102	M40	00:05:04	Rui Tinoco	PT	Individual	01:47:21	01:47:04	+00:42:40	00:50:57
1501	254	2297	M50	00:05:01	José Leites	PT	Grupo Desportivo da Limpeza Urbana	01:47:21	01:45:51	+00:42:40	00:53:03
1502	294	2355	M40	00:05:00	Pedro Mesquita	PT	Oporto Squash & Running	01:47:22	01:45:28	+00:42:41	00:53:48
1503	326	1574	M20	00:05:00	Gustavo Ferraz Vieira Pinto	PT	Oporto Squash & Running	01:47:22	01:45:28	+00:42:41	00:53:48
1504	255	2926	M50	00:05:05	Fernando Vieira	PT	EDP GAS	01:47:22	01:47:19	+00:42:41	00:50:48
1505	295	2222	M40	00:05:00	Daniel Guimarães González	GL	Individual	01:47:23	01:45:33	+00:42:42	00:51:52
1506	62	2075	F20	00:05:03	Maria Otero Ramirez	GL	Individual	01:47:23	01:46:35	+00:42:42	00:51:04
1507	256	945	M50	00:05:02	Jose Manuel Avendaño	GL	Athletics Aventura	01:47:23	01:46:26	+00:42:42	00:00:00
1508	333	807	M35	00:05:01	stephane simoes	PT	Individual	01:47:25	01:46:00	+00:42:44	00:52:38
1509	237	1399	M45	00:05:02	ADRIANO PINTO	PT	OS BRAGUINHAS	01:47:26	01:46:16	+00:42:45	00:52:07
1510	257	2736	M50	00:05:03	JOSE LUIS SIMOES FERNANDEZ	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:47:28	01:46:38	+00:42:47	00:51:16
1511	63	1687	F20	00:05:01	Sofia Figueiredo	PT	FAMA RUNNERS	01:47:29	01:45:55	+00:42:47	00:53:00
1512	334	627	M35	00:05:02	Rui Freitas	PT	Individual	01:47:32	01:46:15	+00:42:51	00:53:50
1513	238	784	M45	00:05:04	Henrique Manuel Trindade	PT	Individual	01:47:34	01:46:53	+00:42:53	00:51:10

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1514	296	1509	M40	00:05:04	PAULO JORGE GONÇALVES SOARES	PT	CÓSMICOS	01:47:38	01:47:02	+00:42:57	00:00:00
1515	297	1375	M40	00:05:02	CLAUDIO COSTA	PT	OS BRAGUINHAS	01:47:38	01:46:29	+00:42:57	00:51:49
1516	258	1186	M50	00:05:02	RAUL ALVES DE MATOS FERREIRA	PT	Individual	01:47:38	01:46:13	+00:42:57	00:52:34
1517	327	2404	M20	00:05:03	VITOR FREITAS	PT	Individual	01:47:39	01:46:32	+00:42:58	00:50:29
1518	239	21	M45	00:05:06	ANTONIO PARENTE	PT	CYCLONES SANITOP	01:47:39	01:47:37	+00:42:58	00:50:18
1519	335	2236	M35	00:05:04	Camili Lopez Valencia	GL	A.D. Limiactiva	01:47:40	01:47:02	+00:42:59	00:51:25
1520	336	2878	M35	00:05:00	XURXO CONDE SIEIRA	GL	Individual	01:47:45	01:45:32	+00:43:03	00:53:48
1521	337	2096	M35	00:05:01	Jaime Carlos Martinez Losada	GL	RUNNING LUSEKELO	01:47:49	01:45:50	+00:43:08	00:52:40
1522	338	1630	M35	00:05:04	PAULO VILAS BOAS	PT	UNIDOS A FRESCA	01:47:51	01:47:06	+00:43:09	00:50:40
1523	328	2677	M20	00:05:01	Fernando Manuel Zenha	PT	Individual	01:47:56	01:46:09	+00:43:15	00:51:20
1524	329	2876	M20	00:00:00	DANIEL PAREDES SEQUEIROS	GL	Tontolaba	01:47:59	00:00:00	+00:43:17	00:00:00
1525	259	431	M50	00:05:03	JORGE TEIXEIRA	PT	VETERANOS DO BERÇO	01:48:00	01:46:33	+00:43:19	00:53:28
1526	298	1930	M40	00:05:02	Fernando Manuel Martins	PT	Individual	01:48:00	01:46:25	+00:43:19	00:52:52
1527	299	2686	M40	00:05:04	Francisco Cerqueira	PT	Maratonistas do Minho	01:48:00	01:47:09	+00:43:19	00:00:00
1528	240	1149	M45	00:05:04	JOSE BENTO MORAIS	PT	CENTRO RECREIO POPULAR S.TIAGO	01:48:00	01:47:07	+00:43:19	00:52:37
1529	260	2547	M50	00:05:07	FRANCISCO XAVIER	PT	N.A.Taipas	01:48:01	01:47:58	+00:43:20	00:53:20
1530	241	780	M45	00:05:06	JOSÉ JAIME SILVA TEIXEIRA	PT	GBES - DELEGAÇÃO NORTE	01:48:01	01:47:44	+00:43:20	00:00:00
1531	330	1940	M20	00:05:05	Lucas Gros	PT	Individual	01:48:02	01:47:33	+00:43:20	00:49:44
1532	64	1691	F20	00:05:06	Maria Campos	PT	Individual	01:48:02	01:47:45	+00:43:21	00:51:27
1533	65	1889	F20	00:05:03	Ana Catarina da Rocha Talina	PT	Os Amadores	01:48:03	01:46:51	+00:43:22	00:51:46
1534	261	1325	M50	00:00:00	Manuel Luis Moreira	PT	Amigos Atletismo Povoense	01:48:05	00:00:00	+00:43:24	00:00:00
1535	242	1115	M45	00:05:01	SÉRGIO LAURINDO FERREIRA	PT	NAMADORES	01:48:06	01:45:50	+00:43:25	00:55:11
1536	243	2390	M45	00:05:00	MIGUEL MARTINEZ FERNÁNDEZ	GL	Individual	01:48:08	01:45:47	+00:43:27	00:54:18
1537	339	2400	M35	00:05:00	SERGIO DA ROCHA SOARES	PT	Individual	01:48:08	01:45:47	+00:43:27	00:54:18
1538	300	1592	M40	00:05:02	Paulo Pereira	PT	Wellrunners	01:48:11	01:46:13	+00:43:30	00:50:39
1539	301	1883	M40	00:05:01	Miguel Rocha	PT	Abekulas	01:48:11	01:46:10	+00:43:30	00:54:58
1540	331	2650	M20	00:05:06	Rafael campos dos santos	PT	Individual	01:48:11	01:47:37	+00:43:30	00:47:44
1541	66	828	F20	00:05:04	Elena Almandos Garcia	GL	CASTRELOS	01:48:12	01:47:08	+00:43:31	00:53:23
1542	332	2830	M20	00:05:07	DOMINGOS CUNHA VIEIRA	PT	INDIVIDUAL	01:48:13	01:48:01	+00:43:31	00:49:57
1543	340	2841	M35	00:05:05	Joaquim Augusto Ribeiro	PT	Galp Energia	01:48:16	01:47:24	+00:43:35	00:49:40
1544	67	754	F20	00:05:06	Cristina Rios	PT	Como Tamos Paulinha	01:48:16	01:47:50	+00:43:35	00:00:00
1545	262	99	M50	00:05:01	Manuel Cruz	PT	Individual	01:48:19	01:46:08	+00:43:38	00:53:21
1546	341	812	M35	00:05:03	nuno coelho da silva	PT	Individual	01:48:19	01:46:49	+00:43:38	00:52:58
1547	333	2279	M20	00:05:06	Dinis Augusto Martins Barbosa	PT	Clube de Praças da Armada	01:48:22	01:47:53	+00:43:41	00:51:12
1548	263	582	M50	00:05:04	Jorge Fernando	PT	Individual	01:48:23	01:47:09	+00:43:42	00:52:15
1549	302	2271	M40	00:05:06	bruno Rodrigues	PT	Individual	01:48:26	01:47:50	+00:43:45	00:50:58
1550	264	2275	M50	00:05:04	JOSE ISAIAS BORLIDO BORREGO	GL	Club Atletismo Porriño	01:48:26	01:47:06	+00:43:45	00:50:47
1551	334	618	M20	00:05:04	Abílio Casanova	PT	Gin Atómico	01:48:27	01:46:59	+00:43:46	00:00:00
1552	342	1801	M35	00:05:04	José Fonseca	PT	FAMA RUNNERS	01:48:30	01:46:56	+00:43:48	00:53:00



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1553	343	2525	M35	00:05:05	João Paulo Melo Ferreira	PT	lixaplace team	01:48:30	01:47:15	+00:43:49	00:53:27
1554	344	2016	M35	00:05:07	JOAO MANGERICAO	PT	PORTO RUNNERS	01:48:31	01:47:56	+00:43:50	00:51:35
1555	265	2294	M50	00:05:04	Luís Conceição	PT	CCRD Burinhosa	01:48:31	01:47:01	+00:43:50	00:52:33
1556	345	615	M35	00:05:06	Célio Pereira	PT	2slow2run	01:48:32	01:47:38	+00:43:51	00:52:18
1557	266	2418	M50	00:05:05	Francisco Jose Otero Garcia	GL	CORREDOIRAS	01:48:33	01:47:20	+00:43:52	00:00:00
1558	346	1760	M35	00:05:03	Miguel Oliveira	PT	CCC Maduragem	01:48:35	01:46:34	+00:43:54	00:53:59
1559	244	1624	M45	00:05:03	AMILCAR HENRIQUES	PT	RECREIO DESPORTIVO DE ÁGUEDA	01:48:37	01:46:52	+00:43:55	00:00:00
1560	267	853	M50	00:05:03	José Rocha	PT	Vitória Sport Clube	01:48:37	01:46:44	+00:43:56	00:54:36
1561	268	2009	M50	00:05:04	FERNANDO LEITE	PT	PORTO RUNNERS	01:48:38	01:47:06	+00:43:57	00:52:26
1562	68	1580	F20	00:05:07	Silvia Calvo Marta	GL	Individual	01:48:38	01:47:57	+00:43:57	00:51:46
1563	335	332	M20	00:05:07	Sérgio Rêgo	PT	Cósmicos	01:48:38	01:48:03	+00:43:57	00:00:00
1564	269	1988	M50	00:05:04	ABEL CARDOSO	PT	PORTO RUNNERS	01:48:38	01:47:05	+00:43:57	00:52:26
1565	270	1989	M50	00:05:04	ALVARO ALMEIDA	PT	PORTO RUNNERS	01:48:38	01:47:06	+00:43:57	00:52:27
1566	303	2602	M40	00:00:00	MARIANO MOREIRA	GL	Individual	01:48:39	00:00:00	+00:43:57	00:52:28
1567	336	2722	M20	00:05:03	PEDRO LEITE ANTUNES	PT	CULSEN.com Running Team	01:48:39	01:46:39	+00:43:58	00:52:16
1568	245	122	M45	00:05:04	José Fernandes Ferreira	PT	Individual	01:48:40	01:47:08	+00:43:59	00:52:27
1569	69	1189	F20	00:05:06	Margarida Magalhães	PT	APFC	01:48:42	01:47:53	+00:44:01	00:51:34
1570	304	1623	M40	00:05:04	CARLOS GUERRA	PT	RECREIO DESPORTIVO DE ÁGUEDA	01:48:43	01:46:57	+00:44:02	00:00:00
1571	347	1320	M35	00:05:02	Ricardo Monteiro	PT	NAmadores	01:48:47	01:46:31	+00:44:06	00:00:00
1572	305	2621	M40	00:05:07	Jorge Manuel Novo	PT	Individual	01:48:49	01:48:11	+00:44:08	00:51:17
1573	246	2373	M45	00:05:08	Pedro Oliveira	PT	GR clube	01:48:50	01:48:25	+00:44:09	00:54:13
1574	306	1332	M40	00:05:04	Rui Ribeiro	PT	Amigos Atletismo Povoense	01:48:50	01:47:12	+00:44:09	00:52:32
1575	271	1209	M50	00:05:06	Alberto Melo	PT	Douro Azul	01:48:50	01:47:38	+00:44:09	00:00:00
1576	272	859	M50	00:00:00	José Machado	PT	Vitória Sport Clube	01:48:53	00:00:00	+00:44:12	00:00:00
1577	247	1519	M45	00:05:04	Manuel Almeida	PT	ARPO - Associação Recreativa Pousadense	01:48:53	01:47:00	+00:44:12	00:00:00
1578	70	1036	F20	00:05:06	Montserrat Carreira Costas	GL	Comesaña Sporting Club	01:48:53	01:47:55	+00:44:12	00:52:54
1579	71	1322	F20	00:05:03	Ana Luis Reis	PT	Açaí	01:48:55	01:46:49	+00:44:14	00:52:16
1580	337	683	M20	00:05:04	Nuno Filipe Faria Ferreira	PT	Individual	01:48:56	01:47:09	+00:44:14	00:51:07
1581	348	2882	M35	00:05:07	NUNO FRANCO	PT	INDIVIDUAL	01:48:57	01:48:01	+00:44:16	00:53:56
1582	273	856	M50	00:05:04	Casimiro Fernandes	PT	Vitória Sport Clube	01:48:58	01:47:05	+00:44:16	00:54:37
1583	307	2103	M40	00:05:06	Francisco Fran	GL	Individual	01:48:59	01:47:40	+00:44:18	00:00:00
1584	349	2060	M35	00:05:06	PEDRO ANDRADE	PT	PORTO RUNNERS	01:49:00	01:47:40	+00:44:19	00:54:00
1585	308	2265	M40	00:05:04	Miguel Carneiro	PT	Individual	01:49:00	01:47:01	+00:44:19	00:54:59
1586	350	2874	M35	00:05:06	ANTONIO HIDALGO FERNANDEZ	GL	Individual	01:49:01	01:47:42	+00:44:20	00:52:59
1587	274	2555	M50	00:05:09	ANTONIO RODRIGUES	PT	N.A.Taipas	01:49:04	01:48:55	+00:44:23	00:52:26
1588	248	517	M45	00:05:05	Claudio Monteiro	PT	RUN 4 FUN	01:49:05	01:47:20	+00:44:24	00:52:05
1589	338	1347	M20	00:05:05	Pedro Sá	PT	Running Team	01:49:05	01:47:32	+00:44:24	00:54:07
1590	351	1183	M35	00:05:05	Fernando Silva	PT	Running Team	01:49:05	01:47:32	+00:44:24	00:54:07
1591	309	801	M40	00:05:04	emmanuel girondo rueda	GL	Individual	01:49:06	01:47:00	+00:44:25	00:53:14

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1592	249	1302	M45	00:05:09	Fernando Cerqueira	PT	A D Amarante	01:49:11	01:48:38	+00:44:30	00:50:28
1593	352	2649	M35	00:05:08	Fernando Ricardo Oliveira	PT	Parque Nascente	01:49:14	01:48:19	+00:44:33	00:49:12
1594	310	593	M40	00:05:08	António José Castro	PT	Individual	01:49:15	01:48:29	+00:44:34	00:53:05
1595	339	847	M20	00:05:05	Lino Vinhas	PT	Vitória Sport Clube	01:49:16	01:47:21	+00:44:35	00:54:36
1596	340	2742	M20	00:05:09	Pedro Cardoso	PT	Parque Nascente Health Club	01:49:19	01:48:53	+00:44:37	00:00:00
1597	353	1520	M35	00:05:05	Vitor Costa	PT	ARPO - Associação Recreativa Pousadense	01:49:21	01:47:25	+00:44:40	00:53:19
1598	250	597	M45	00:05:09	Artur Nunes	PT	Batotas	01:49:24	01:48:40	+00:44:43	00:00:00
1599	275	2228	M50	00:05:07	Xose Do Pazo Diaz	GL	VETERAN@S DE GALICIA	01:49:26	01:48:15	+00:44:45	00:00:00
1600	251	704	M45	00:05:07	CARLOS FERREIRA	PT	CÂES D AVENIDA	01:49:27	01:47:59	+00:44:46	00:00:00
1601	354	1345	M35	00:05:07	JOAO PEDRO MARTINS	PT	COMPANHIA BAZOFIAS	01:49:28	01:48:07	+00:44:47	00:52:34
1602	341	2697	M20	00:05:06	GUILHERME SALGADO GOMES	PT	INDIVIDUAL	01:49:29	01:47:44	+00:44:48	00:00:00
1603	342	2780	M20	00:05:06	José Pita	PT	Individual	01:49:29	01:47:44	+00:44:48	00:56:47
1604	72	968	F20	00:05:09	Patrícia Leite	PT	Porto Runners	01:49:29	01:48:48	+00:44:48	00:00:00
1605	311	1324	M40	00:05:06	José Rui Moreira	PT	Amigos Atletismo Povoense	01:49:30	01:47:44	+00:44:49	00:48:50
1606	343	902	M20	00:05:09	Gustavo Bamba	PT	Individual	01:49:31	01:48:49	+00:44:49	00:49:50
1607	276	1566	M50	00:05:07	Laurindo Rodrigues	PT	Individual	01:49:34	01:48:11	+00:44:53	00:00:00
1608	73	2346	F20	00:05:08	CARMEN COSTAS RODRIGUEZ	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:49:35	01:48:36	+00:44:54	00:52:31
1609	312	1108	M40	00:05:06	Miguel Sampaio de Mattos	PT	Individual	01:49:36	01:47:38	+00:44:55	00:54:58
1610	277	2079	M50	00:05:08	Francisco Sousa	PT	Individual	01:49:36	01:48:36	+00:44:55	00:52:15
1611	355	630	M35	00:05:06	António Teixeira	PT	Individual	01:49:40	01:47:36	+00:44:59	00:52:43
1612	278	714	M50	00:05:08	Fernando Pereira	PT	Grupo Desportivo Cultural TENVC	01:49:40	01:48:35	+00:44:59	00:52:16
1613	279	2347	M50	00:00:00	FELIX ALVAREZ RODRIGUEZ	GL	CLUB ALEJANDRO GOMEZ-ACADE	01:49:40	00:00:00	+00:44:59	00:00:00
1614	344	768	M20	00:05:08	Nuno Barbosa	PT	FERREIROLUX	01:49:45	01:48:19	+00:45:04	00:53:26
1615	280	753	M50	00:05:07	Ricardo Vieites Blanco	GL	Individual	01:49:47	01:47:56	+00:45:06	00:52:49
1616	281	1646	M50	00:05:10	FERNANDO S. VALENTE	PT	G.D.R. JUVENTUDE DAS RIBEIRAS	01:49:53	01:49:08	+00:45:12	00:00:00
1617	356	1413	M35	00:05:12	Feliciano Dias	PT	Individual	01:49:54	01:49:42	+00:45:12	00:51:33
1618	252	411	M45	00:05:10	jose joaquim ribeiro da silva	PT	Individual	01:49:55	01:49:02	+00:45:14	00:51:04
1619	345	409	M20	00:05:10	MARIO JAIME COUTINHO DE AMORIM	PT	INDIVIDUAL	01:49:55	01:49:03	+00:45:14	00:51:04
1620	253	1276	M45	00:05:11	JOSE PIRES	PT	CLUBE MILLENNIUMBPCP	01:49:55	01:49:22	+00:45:14	00:00:00
1621	313	489	M40	00:05:12	Luis Cunha	PT	Individual	01:49:55	01:49:46	+00:45:14	00:50:00
1622	346	1898	M20	00:05:09	Paulo Madeira	PT	Individual	01:49:58	01:48:38	+00:45:17	00:53:40
1623	254	2345	M45	00:00:00	Nelson silvestre santos	PT	Individual	01:50:00	00:00:00	+00:45:18	00:00:00
1624	357	1045	M35	00:05:09	Vitor Manuel Gonçalves	PT	Individual	01:50:00	01:48:49	+00:45:18	00:51:43
1625	314	2653	M40	00:05:09	JESUS PEREZ BALIRAC	GL	Individual	01:50:01	01:48:38	+00:45:20	00:54:01
1626	74	2660	F20	00:05:11	EUGENIA MORIM	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:50:02	01:49:34	+00:45:21	00:49:54
1627	282	1164	M50	00:05:10	DINIS PIRES	PT	MAIA ATLETICO CLUBE	01:50:04	01:49:15	+00:45:23	00:51:48
1628	255	815	M45	00:05:12	Joaquim Fernando Costa Marques	PT	Grupo Cultural Recreativo alvarehos	01:50:05	01:49:44	+00:45:24	00:49:16
1629	283	2685	M50	00:05:11	JESUS RANHA PLATAS	PT	C.A. BOIMORTO	01:50:06	01:49:31	+00:45:25	00:51:21
1630	347	2361	M20	00:05:07	Tiago Miguel de Sá Campelo	PT	Individual	01:50:08	01:48:14	+00:45:26	00:54:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
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**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1631	284	2350	M50	00:05:08	Alfonso Fernández Graña	GL	Individual	01:50:10	01:48:32	+00:45:29	00:50:56
1632	315	54	M40	00:05:10	CÉSAR AUGUSTO DA SILVA CARVALHO	PT	Individual	01:50:12	01:49:00	+00:45:30	00:00:00
1633	358	703	M35	00:05:09	Marco António Araújo Vieira	PT	Individual	01:50:14	01:48:54	+00:45:32	00:53:41
1634	285	673	M50	00:05:07	ALBERTO SÁ	PT	turbos-lentos	01:50:15	01:48:13	+00:45:34	00:53:21
1635	359	526	M35	00:05:09	André Bandeira	PT	Individual	01:50:15	01:48:47	+00:45:34	00:53:01
1636	256	926	M45	00:05:10	João Artur Martins Cardoso	PT	Individual	01:50:17	01:49:00	+00:45:36	00:52:50
1637	360	472	M35	00:05:10	Filipe Rocha	PT	Individual	01:50:19	01:49:08	+00:45:37	00:53:02
1638	361	739	M35	00:05:12	FERNANDO CARAZO RODRIGUEZ	GL	ATHLETICS SMOOY TEAM	01:50:21	01:49:58	+00:45:40	00:51:17
1639	316	527	M40	00:05:09	Joao Melo Bandeira	PT	Individual	01:50:21	01:48:53	+00:45:40	00:00:00
1640	286	758	M50	00:05:11	Eliseu Martins	PT	VSOP OZOIR 77	01:50:22	01:49:38	+00:45:41	00:50:55
1641	257	2062	M45	00:05:09	RICARDO LEÃO	PT	PORTO RUNNERS	01:50:22	01:48:51	+00:45:41	00:52:42
1642	75	1182	F20	00:05:10	DORA RIBEIRO GOMEZ	GL	KORPORE CARBALLNO	01:50:23	01:49:05	+00:45:41	00:52:35
1643	348	891	M20	00:05:11	FERNANDO DELFIM PINTO	PT	FUTEBOL CLUBE PENAFIEL	01:50:23	01:49:29	+00:45:42	00:52:11
1644	258	886	M45	00:05:08	Paulo Alexandre Ferreira Dias	PT	Individual	01:50:23	01:48:18	+00:45:42	00:54:50
1645	362	1526	M35	00:05:08	Ricardo Meira	PT	ARPO - Associação Recreativa Pousadense	01:50:23	01:48:31	+00:45:42	00:00:00
1646	363	808	M35	00:05:10	pedro caldas	PT	Individual	01:50:23	01:48:59	+00:45:42	00:52:38
1647	317	623	M40	00:05:08	Paulo Craveiro	PT	Individual	01:50:24	01:48:24	+00:45:43	00:50:34
1648	76	984	F20	00:05:09	maria susana alves	PT	Individual	01:50:24	01:48:52	+00:45:43	00:00:00
1649	287	70	M50	00:05:09	JOAQUIM MENESES	PT	VETERANOS DO PORTO	01:50:24	01:48:53	+00:45:43	00:54:10
1650	318	2049	M40	00:05:11	MIGUEL MAGALHÃES	PT	PORTO RUNNERS	01:50:24	01:49:22	+00:45:43	00:51:33
1651	319	2965	M40	00:05:13	JORGE BASTO	PT	VITALIS	01:50:24	01:50:18	+00:45:43	00:51:34
1652	77	2964	F20	00:05:13	PATRICIA SAMPAIO	PT	VITALIS	01:50:24	01:50:19	+00:45:43	00:51:34
1653	288	1393	M50	00:05:10	JOSÉ MOTA	PT	OS BRAGUINHAS	01:50:25	01:49:19	+00:45:44	00:54:36
1654	259	182	M45	00:05:11	Antonio Santiago	PT	Individual	01:50:27	01:49:23	+00:45:46	00:54:49
1655	364	742	M35	00:05:12	Filipe Gonçalves	PT	Team Maria	01:50:27	01:49:51	+00:45:46	00:52:46
1656	349	126	M20	00:05:10	Gonçalo Loureiro Pinheiro	PT	Individual	01:50:29	01:49:14	+00:45:48	00:55:01
1657	320	903	M40	00:05:10	João Sousa	PT	Individual	01:50:31	01:49:09	+00:45:50	00:53:44
1658	78	1158	F20	00:05:09	RAQUEL SOUSA	PT	CENTRO RECREIO POPULAR S.TIAGO	01:50:34	01:48:48	+00:45:53	00:52:53
1659	365	2056	M35	00:05:10	PAULO COSTA	PT	PORTO RUNNERS	01:50:34	01:49:12	+00:45:53	00:00:00
1660	289	2038	M50	00:05:12	MANUEL VELOSO	PT	PORTO RUNNERS	01:50:34	01:49:48	+00:45:53	00:52:53
1661	79	1763	F20	00:05:08	Eva Adegas	GL	Individual	01:50:35	01:48:23	+00:45:54	00:53:46
1662	321	1762	M40	00:05:08	Jan Jose Veiga Teixeira	GL	Individual	01:50:35	01:48:23	+00:45:54	00:53:45
1663	290	148	M50	00:05:12	Jesús Bernal Gómez	GL	C.D. Egozarros	01:50:36	01:49:52	+00:45:54	00:00:00
1664	291	1862	M50	00:05:11	EDUARDO TOMÁS MALHEIRO	PT	GINASIO CLUBE SANTO TIRSO	01:50:37	01:49:28	+00:45:56	00:51:29
1665	292	2932	M50	00:05:12	Fernando Rocha	PT	EDP GAS	01:50:38	01:49:48	+00:45:57	00:51:56
1666	260	1527	M45	00:05:09	Carlos Simões	PT	ARPO - Associação Recreativa Pousadense	01:50:41	01:48:47	+00:46:00	00:53:20
1667	261	1525	M45	00:05:09	José Santana	PT	ARPO - Associação Recreativa Pousadense	01:50:41	01:48:48	+00:46:00	00:53:20
1668	293	1303	M50	00:05:13	Jorge Cerqueira	PT	A D Amarante	01:50:41	01:50:09	+00:46:00	00:53:22
1669	80	292	F20	00:05:08	Fernanda Pinho	PT	Parque Health Club	01:50:41	01:48:30	+00:46:00	00:00:00

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**CLASS.**  
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Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1670 °	294 °	1089	M50	00:05:11	Carlos Pereira	PT	Leões do Veneza	01:50:43	01:49:24	+00:46:02	00:52:03
1671 °	295 °	1807	M50	00:05:13	JOSE FARIA	PT	FERREIROLUX	01:50:43	01:50:21	+00:46:02	00:00:00
1672 °	262 °	2323	M45	00:05:12	António Augusto Madureira	PT	Amigos do Norte	01:50:45	01:49:42	+00:46:04	00:52:44
1673 °	366 °	1055	M35	00:05:09	DAVID FRAILE	GL	ASOCIACION DEPORTIVA C.A.R.	01:50:45	01:48:44	+00:46:04	00:54:35
1674 °	367 °	1668	M35	00:05:11	Ricardo Vidal	PT	Individual	01:50:46	01:49:36	+00:46:05	00:00:00
1675 °	296 °	2099	M50	00:05:10	Rafael Señaris	GL	CLUB SOCIAL BANCO PASTOR	01:50:52	01:49:08	+00:46:11	00:52:10
1676 °	368 °	1674	M35	00:00:00	Jorge Ribeiro	PT	Individual	01:50:53	00:00:00	+00:46:12	00:51:59
1677 °	369 °	271	M35	00:05:09	Diogo José Santos	PT	Individual	01:50:55	01:48:44	+00:46:14	00:55:13
1678 °	322 °	2406	M40	00:05:12	JOÃO FREITAS	PT	Individual	01:50:55	01:49:48	+00:46:14	00:52:31
1679 °	350 °	2356	M20	00:05:14	Marco Teixeira	PT	Individual	01:50:57	01:50:35	+00:46:16	00:54:29
1680 °	351 °	2403	M20	00:05:12	NUNO RIBEIRO	PT	Individual	01:51:01	01:49:55	+00:46:19	00:00:00
1681 °	352 °	2567	M20	00:05:09	Bruno Roberto Leal e Sousa	PT	Individual	01:51:02	01:48:50	+00:46:21	00:00:00
1682 °	370 °	185	M35	00:05:11	Jorge Silva	PT	Individual	01:51:02	01:49:36	+00:46:21	00:00:00
1683 °	323 °	180	M40	00:05:14	alfredo manuel barros perez	GL	Individual	01:51:03	01:50:44	+00:46:22	00:51:59
1684 °	297 °	1584	M50	00:05:13	Francisco Prates	PT	Associação de Atletismo Lebres do Sado	01:51:04	01:50:07	+00:46:23	00:53:31
1685 °	353 °	2182	M20	00:05:11	Sergio Ares Chao	GL	Individual	01:51:04	01:49:26	+00:46:23	00:55:44
1686 °	371 °	1738	M35	00:05:10	Rui Costa	PT	FoThA	01:51:05	01:49:02	+00:46:24	00:53:56
1687 °	372 °	1739	M35	00:05:10	António Monteiro	PT	FoThA	01:51:05	01:49:01	+00:46:24	00:53:56
1688 °	354 °	1693	M20	00:05:12	EMANUEL ALMEIDA	PT	SERVIÇOS SOCIAS MONTEPIO	01:51:06	01:49:58	+00:46:25	00:51:01
1689 °	373 °	881	M35	00:05:10	PEDRO LINO	PT	CAL - Clube Atletismo de Lamas	01:51:08	01:49:14	+00:46:27	00:54:57
1690 °	355 °	877	M20	00:05:10	JOSÉ MOREIRA	PT	CAL - Clube Atletismo de Lamas	01:51:09	01:49:14	+00:46:28	00:54:56
1691 °	263 °	2916	M45	00:05:16	Reinaldo Manuel Lopes	PT	EDP GAS	01:51:14	01:51:07	+00:46:33	00:52:52
1692 °	374 °	967	M35	00:05:12	Filipe Peixe	PT	Individual	01:51:17	01:49:51	+00:46:36	00:55:27
1693 °	375 °	637	M35	00:05:14	Cláudio Cândido	PT	Team Maria	01:51:19	01:50:43	+00:46:37	00:52:47
1694 °	81 °	220	F20	00:05:15	Ana Nogueira	PT	Individual	01:51:20	01:50:48	+00:46:39	00:52:10
1695 °	264 °	1703	M45	00:05:11	Roque Martins	PT	FALTA MUITO	01:51:22	01:49:37	+00:46:41	00:53:40
1696 °	356 °	904	M20	00:05:14	Luis Costa	PT	Individual	01:51:26	01:50:27	+00:46:45	00:54:01
1697 °	357 °	1933	M20	00:05:14	luis manuel miranda correia	PT	Individual	01:51:26	01:50:26	+00:46:45	00:54:00
1698 °	376 °	1621	M35	00:05:12	Jorge Andrade Silva	PT	Individual	01:51:29	01:49:43	+00:46:48	00:52:40
1699 °	265 °	848	M45	00:00:00	Joaquim Faria	PT	Vitória Sport Clube	01:51:31	00:00:00	+00:46:50	00:53:55
1700 °	324 °	2227	M40	00:05:14	David Iguaz	GL	Individual	01:51:33	01:50:35	+00:46:52	00:51:51
1701 °	266 °	2773	M45	00:00:00	Carlos Pérez-Bouzada	GL	Individual	01:51:33	00:00:00	+00:46:52	00:00:00
1702 °	377 °	1144	M35	00:05:11	JOÃO PEDRO VARELA	PT	CÂES D AVENIDA	01:51:34	01:49:27	+00:46:53	00:56:20
1703 °	267 °	481	M45	00:05:14	Juan José Rodríguez González	GL	Individual	01:51:34	01:50:29	+00:46:53	00:55:12
1704 °	358 °	2572	M20	00:05:11	Diogo Manuel Moreira Santos	PT	Parque Health club	01:51:35	01:49:23	+00:46:54	00:53:07
1705 °	359 °	837	M20	00:05:14	Fernando Lemos	PT	Individual	01:51:35	01:50:29	+00:46:54	00:54:49
1706 °	82 °	1799	F20	00:05:13	SILVIA CLAUDIA DIAS GOMES	PT	PARQUE NASCENTE HEALTH CLUB	01:51:36	01:50:10	+00:46:54	00:52:00
1707 °	360 °	1736	M20	00:05:11	Enrique Comesaña Figueroa	GL	Individual	01:51:38	01:49:21	+00:46:57	00:55:15
1708 °	361 °	1207	M20	00:05:12	Filipe Jorge Mendes Carvalho	PT	Individual	01:51:39	01:49:52	+00:46:58	00:53:40

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1709 °	83 °	731	F20	00:05:14	ANA ANDRES DE LA IGLESIA	GL	CASTRELOS	01:51:41	01:50:39	+00:47:00	00:53:33
1710 °	84 °	830	F20	00:05:14	Jessica Fernandez Dominguez	GL	CASTRELOS	01:51:46	01:50:44	+00:47:04	00:00:00
1711 °	325 °	1312	M40	00:05:12	JOAO CRUZ	PT	Individual	01:51:46	01:49:45	+00:47:05	00:52:48
1712 °	378 °	2782	M35	00:05:13	DIEGO GÓMEZ CARROS	GL	C.A.PORRINO	01:51:49	01:50:05	+00:47:07	00:53:38
1713 °	326 °	2793	M40	00:05:16	ADOLFO FERNANDEZ DOCASAR	GL	Individual	01:51:49	01:51:23	+00:47:07	00:51:56
1714 °	85 °	2478	F20	00:05:14	ISABEL SABELA	PT	Individual	01:51:51	01:50:32	+00:47:10	00:52:52
1715 °	298 °	23	M50	00:05:18	MANUEL LEITÃO	PT	CYCLONES SANITOP	01:51:51	01:51:50	+00:47:10	00:00:00
1716 °	362 °	2819	M20	00:05:14	Manuel Alexandre Monte	PT	CML	01:51:53	01:50:28	+00:47:12	00:55:45
1717 °	268 °	1232	M45	00:05:14	Celso e Silva de Araújo	PT	Individual	01:51:57	01:50:39	+00:47:16	00:52:19
1718 °	299 °	432	M50	00:05:14	JOSE COELHO	PT	VETERANOS DO BERÇO	01:51:58	01:50:28	+00:47:17	00:53:57
1719 °	379 °	1546	M35	00:05:13	Pedro Fonseca Oliveira	PT	One Man Team	01:51:59	01:50:07	+00:47:18	00:54:10
1720 °	300 °	2002	M50	00:05:16	DANIEL CARDOSO	PT	PORTO RUNNERS	01:51:59	01:51:13	+00:47:18	00:52:45
1721 °	269 °	1386	M45	00:05:14	MANUEL BRAGANÇA	PT	OS BRAGUINHAS	01:51:59	01:50:28	+00:47:18	00:55:48
1722 °	363 °	842	M20	00:05:13	Miguel Aroso	PT	Individual	01:52:01	01:50:23	+00:47:19	00:57:09
1723 °	364 °	2459	M20	00:05:13	MIGUEL PEREIRA	PT	VIANA RUNNERS	01:52:02	01:50:05	+00:47:21	00:00:00
1724 °	270 °	1598	M45	00:05:12	Manuel Machado	PT	Individual	01:52:06	01:49:59	+00:47:25	00:54:10
1725 °	327 °	533	M40	00:05:12	Eduardo Paulo Pinto Teixeira	PT	Individual	01:52:11	01:49:57	+00:47:30	00:52:26
1726 °	328 °	2863	M40	00:05:14	Pedro Rodrigues	PT	Individual	01:52:13	01:50:39	+00:47:32	00:55:46
1727 °	365 °	2816	M20	00:05:15	José Rui Peixoto	PT	CML	01:52:13	01:50:48	+00:47:32	00:55:44
1728 °	271 °	2443	M45	00:05:15	Jorge Leitão	PT	MARATONICES	01:52:14	01:50:48	+00:47:33	00:53:46
1729 °	86 °	2241	F20	00:05:12	Carla Ramos	PT	R. C. Holmes Place Arrábida	01:52:15	01:50:01	+00:47:34	00:52:23
1730 °	301 °	976	M50	00:05:15	ELISIO PEREIRA	PT	A.D.RIO LARGO C.E.	01:52:16	01:51:01	+00:47:35	00:55:20
1731 °	87 °	1597	F20	00:05:14	Catarina Nóvoa	PT	Individual	01:52:22	01:50:32	+00:47:41	00:55:59
1732 °	272 °	2176	M45	00:05:17	RICARDO BASTOS	PT	LEBRES DO SADO	01:52:22	01:51:28	+00:47:41	00:53:13
1733 °	380 °	2053	M35	00:05:15	NUNO BETTENCOURT	PT	PORTO RUNNERS	01:52:23	01:50:59	+00:47:42	00:56:47
1734 °	302 °	1329	M50	00:05:14	António Lourenço	PT	Amigos Atletismo Povoense	01:52:25	01:50:43	+00:47:44	00:53:38
1735 °	381 °	910	M35	00:05:19	DAVIDE MANUEL MOREIRA FERREIRA	PT	GBES - DELEGAÇÃO NORTE	01:52:33	01:52:25	+00:47:52	00:52:30
1736 °	273 °	663	M45	00:05:15	HÉCTOR REBOREDA CAMPO	GL	Individual	01:52:36	01:50:50	+00:47:55	00:55:04
1737 °	382 °	443	M35	00:05:14	Nuno Marques	PT	Individual	01:52:37	01:50:41	+00:47:56	00:00:00
1738 °	366 °	1787	M20	00:05:19	Pedro Matos	PT	Individual	01:52:38	01:52:21	+00:47:57	00:00:00
1739 °	88 °	1052	F20	00:00:00	Ângela Cristina Carvalho	PT	Individual	01:52:39	00:00:00	+00:47:57	00:53:02
1740 °	89 °	2661	F20	00:05:19	ANA LEONOR	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:52:43	01:52:15	+00:48:01	00:52:29
1741 °	303 °	2315	M50	00:05:15	Daniel Otero Cepeda	GL	Individual	01:52:43	01:50:49	+00:48:02	00:54:08
1742 °	367 °	2259	M20	00:05:17	Tiago Rocha	PT	Individual	01:52:45	01:51:39	+00:48:03	00:51:03
1743 °	329 °	800	M40	00:05:14	henrique david Ribeiro	PT	Parque Health club	01:52:46	01:50:35	+00:48:05	00:54:00
1744 °	383 °	1778	M35	00:05:16	Marco Gil Morais	PT	Individual	01:52:48	01:51:22	+00:48:07	00:55:17
1745 °	90 °	732	F20	00:05:17	PAZ RODRIGUEZ ALONSO	GL	CASTRELOS	01:52:48	01:51:43	+00:48:07	00:53:34
1746 °	91 °	831	F20	00:05:17	Patricia Garcia Vazquez	GL	CASTRELOS	01:52:48	01:51:44	+00:48:07	00:53:34
1747 °	304 °	1881	M50	00:05:18	Altino Silva	PT	Clube de Pessoal EDP - Porto	01:52:51	01:51:58	+00:48:10	00:00:00

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1748	384	2201	M35	00:05:16	Tiago Medeiros	PT	Individual	01:52:52	01:51:24	+00:48:11	00:56:55
1749	385	2408	M35	00:05:16	PEDRO MATOS	PT	Individual	01:52:53	01:51:25	+00:48:11	00:00:00
1750	92	1616	F20	00:05:17	carmen lima	PT	Individual	01:52:58	01:51:27	+00:48:17	00:55:05
1751	93	2758	F20	00:05:17	Sandra Maria Ribeiro da Silva	PT	Individual	01:52:59	01:51:45	+00:48:18	00:53:59
1752	305	1888	M50	00:05:20	Armando Peneda	PT	Clube de Pessoal EDP - Porto	01:53:01	01:52:46	+00:48:20	00:51:19
1753	306	297	M50	00:05:16	Paulo Valente	PT	Porto Runners	01:53:01	01:51:23	+00:48:20	00:50:46
1754	274	2858	M45	00:05:18	JOÃO ALMEIDA	PT	SOLINCA RUNNING	01:53:03	01:51:50	+00:48:22	00:53:59
1755	368	2310	M20	00:00:00	Rui Carvalho	PT	Individual	01:53:06	00:00:00	+00:48:25	00:45:33
1756	275	222	M45	00:00:00	Fernando Cunha	PT	Os Fura Montanhas	01:53:07	00:00:00	+00:48:26	00:51:10
1757	307	153	M50	00:05:19	Agostinho Fontes	PT	Os Amadores	01:53:08	01:52:28	+00:48:27	00:52:25
1758	308	1806	M50	00:05:20	AMADEU FERREIRA	PT	FERREIROLUX	01:53:09	01:52:45	+00:48:28	00:50:45
1759	369	595	M20	00:05:19	José Henrique Pinto Oliveira	PT	Individual	01:53:13	01:52:27	+00:48:31	00:53:31
1760	386	1962	M35	00:05:17	RUI RIBEIRO	PT	AÇOREANA CLUBE BANIF	01:53:15	01:51:38	+00:48:34	00:55:23
1761	276	2073	M45	00:05:16	Gilberto Silva	PT	Individual	01:53:19	01:51:11	+00:48:38	00:55:17
1762	370	2050	M20	00:05:17	JOANA LEITE	PT	PORTO RUNNERS	01:53:20	01:51:36	+00:48:39	00:56:12
1763	371	923	M20	00:05:17	Sérgio Suzano	PT	Individual	01:53:21	01:51:46	+00:48:40	00:54:48
1764	277	498	M45	00:05:17	Jorge Moreira	PT	Individual	01:53:23	01:51:36	+00:48:42	00:55:34
1765	330	499	M40	00:05:17	Paulo Silva	PT	Individual	01:53:23	01:51:36	+00:48:42	00:55:34
1766	94	296	F20	00:05:16	Maria Dolores Covelo Gregorio	GL	Individual	01:53:26	01:51:26	+00:48:45	00:00:00
1767	372	1517	M20	00:05:19	NUNO MM DIAS	PT	INDIVIDUAL	01:53:26	01:52:12	+00:48:45	00:55:00
1768	309	1367	M50	00:05:18	José Dias	PT	Turistas pradendes	01:53:28	01:52:08	+00:48:47	00:54:44
1769	310	1310	M50	00:05:18	António Pereira	PT	A D Amarante	01:53:30	01:51:52	+00:48:49	00:53:47
1770	331	277	M40	00:05:19	Jose Luis Villaverde Sanisidro	GL	Individual	01:53:32	01:52:29	+00:48:51	00:55:20
1771	387	1758	M35	00:05:17	Nuno Reis	PT	CCC Maduragem	01:53:33	01:51:32	+00:48:52	00:53:59
1772	373	2828	M20	00:05:17	Pedro Costa	PT	Individual	01:53:36	01:51:42	+00:48:55	00:54:31
1773	311	1364	M50	00:05:20	Eduardo Pereira	PT	Turistas pradendes	01:53:39	01:52:34	+00:48:58	00:52:51
1774	332	2596	M40	00:05:17	CARLOS SUAREZ	GL	Individual	01:53:41	01:51:45	+00:49:00	00:56:21
1775	333	963	M40	00:05:17	Carlos Manuel Sampaio	PT	Os Rompe Solas de Vila do Conde	01:53:41	01:51:34	+00:49:00	00:56:08
1776	278	2550	M45	00:05:22	RICARDO MATOS	PT	N.A.Taipas	01:53:42	01:53:33	+00:49:00	00:54:05
1777	334	2455	M40	00:05:20	FERNANDO MARQUES	PT	COMO TAMOS PAULINHA	01:53:44	01:52:34	+00:49:03	00:54:23
1778	279	2129	M45	00:05:19	Cesar Rodriguez Folgar	GL	Individual	01:53:45	01:52:22	+00:49:04	00:52:40
1779	335	1995	M40	00:05:21	ANTONIO CUNHA	PT	PORTO RUNNERS	01:53:46	01:52:55	+00:49:05	00:53:42
1780	312	2955	M50	00:05:23	JOSÉ SOUSA VIEIRA	PT	VITALIS	01:53:47	01:53:47	+00:49:06	00:56:24
1781	313	975	M50	00:00:00	EDUARDO PASSOS	PT	A.D.RIO LARGO C.E.	01:53:48	00:00:00	+00:49:07	00:00:00
1782	95	1260	F20	00:05:18	Cristina Nunes	PT	Individual	01:53:49	01:52:01	+00:49:08	00:51:52
1783	280	2673	M45	00:05:20	António José Soares Porto	PT	Individual	01:53:50	01:52:45	+00:49:09	00:54:33
1784	96	1907	F20	00:05:20	Ana Carolina Azevedo	PT	BTTPINOCO	01:53:51	01:52:47	+00:49:10	00:54:50
1785	336	2607	M40	00:05:17	JORGE CASTRO	GL	Individual	01:53:51	01:51:38	+00:49:10	00:55:48
1786	374	2454	M20	00:05:22	ANDRÉ SOUSA	PT	UTAD RUNNERS	01:53:53	01:53:31	+00:49:12	00:54:35

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1787 °	97 °	396	F20	00:05:21	Elisabete Repas	PT	Individual	01:53:56	01:52:53	+00:49:15	00:00:00
1788 °	314 °	871	M50	00:05:18	JOSÉ MARIA CARNEIRO	PT	turbos-lentos	01:53:58	01:51:55	+00:49:16	00:54:10
1789 °	375 °	1309	M20	00:05:19	José Miguel Faria	PT	Individual	01:54:00	01:52:11	+00:49:19	00:53:51
1790 °	388 °	357	M35	00:05:19	MANUEL ESTEVEZ BARROS	GL	Individual	01:54:01	01:52:17	+00:49:20	00:53:26
1791 °	376 °	324	M20	00:05:19	Fernando Barros Fernandez	GL	Individual	01:54:01	01:52:17	+00:49:20	00:00:00
1792 °	98 °	2688	F20	00:05:21	Raquel Cerqueira	PT	Maratonistas do Minho	01:54:02	01:53:11	+00:49:20	00:00:00
1793 °	337 °	2186	M40	00:05:21	Tasso Caio	PT	Caetano Runners	01:54:02	01:53:03	+00:49:21	00:53:16
1794 °	281 °	2030	M45	00:05:21	JOSE RODRIGUES	PT	PORTO RUNNERS	01:54:04	01:52:58	+00:49:22	00:54:45
1795 °	282 °	2465	M45	00:05:18	FRANCELINO FERNANDES	PT	ZENBIO - URBAN TRAIL TEAM	01:54:08	01:52:01	+00:49:27	00:54:37
1796 °	377 °	1835	M20	00:05:19	Gonçalo Amorim	PT	Individual	01:54:09	01:52:13	+00:49:28	00:55:27
1797 °	315 °	1396	M50	00:05:23	DANIEL ANTUNES	PT	OS BRAGUINHAS	01:54:10	01:53:37	+00:49:29	00:52:59
1798 °	378 °	257	M20	00:05:19	Bruno Ricardo Martins Machado	PT	D4E	01:54:12	01:52:19	+00:49:31	00:00:00
1799 °	389 °	2747	M35	00:05:21	Custódio Leite da Fonseca	PT	Individual	01:54:13	01:52:53	+00:49:32	00:55:33
1800 °	316 °	1389	M50	00:05:23	ADOLFO SILVA	PT	OS BRAGUINHAS	01:54:14	01:53:42	+00:49:32	00:52:59
1801 °	338 °	1919	M40	00:05:20	RUI QUEIROS	PT	AÇOREANA CLUBE BANIF	01:54:14	01:52:44	+00:49:33	00:55:24
1802 °	390 °	1938	M35	00:05:20	RUI CHAMUSCA	PT	AÇOREANA CLUBE BANIF	01:54:14	01:52:39	+00:49:33	00:55:24
1803 °	379 °	2137	M20	00:05:19	Pedro Vaz	PT	Individual	01:54:20	01:52:24	+00:49:39	00:55:27
1804 °	99 °	1451	F20	00:05:20	Anabela Cristina Almeida	PT	Individual	01:54:20	01:52:33	+00:49:39	00:00:00
1805 °	317 °	1395	M50	00:05:20	Rui Filipe Miranda Brochado	PT	Individual	01:54:21	01:52:34	+00:49:40	00:53:56
1806 °	339 °	2354	M40	00:05:21	Marco António Campos	PT	Individual	01:54:21	01:53:01	+00:49:40	00:55:33
1807 °	340 °	1458	M40	00:05:21	Sérgio Severino	PT	Individual	01:54:21	01:53:04	+00:49:40	00:55:01
1808 °	100 °	1974	F20	00:05:21	TELMA OLIVEIRA	PT	PARQUE NASCENTE HEALTH CLUB	01:54:22	01:52:53	+00:49:41	00:55:42
1809 °	380 °	1117	M20	00:05:18	Tiago Ferreira	PT	NAmadores	01:54:24	01:52:08	+00:49:43	00:55:11
1810 °	318 °	788	M50	00:05:22	Candido Rocha	PT	G. A. Independentes Gaia	01:54:27	01:53:28	+00:49:46	00:52:27
1811 °	381 °	626	M20	00:05:20	António Vela	PT	I2S RUN TEAM	01:54:29	01:52:46	+00:49:47	00:54:12
1812 °	319 °	2264	M50	00:05:18	Carlos Revuelta Mendez	GL	ADAS BARCO	01:54:30	01:52:07	+00:49:49	00:56:15
1813 °	101 °	1279	F20	00:05:23	MARIA TAVARES	PT	CLUBE MILLENNIUMBCP	01:54:30	01:53:40	+00:49:49	00:54:39
1814 °	341 °	136	M40	00:00:00	Jorge Miguel Soares	PT	Individual	01:54:31	00:00:00	+00:49:50	00:54:47
1815 °	342 °	310	M40	00:05:20	Gaspar Adérito Silva de Sousa	PT	No Tomorrow Running Team	01:54:33	01:52:50	+00:49:52	00:56:03
1816 °	391 °	2192	M35	00:05:21	PEDRO PEREIRA	PT	SANITOP	01:54:33	01:52:53	+00:49:52	00:51:11
1817 °	392 °	1516	M35	00:05:24	Alexandre viana	PT	Starolas	01:54:36	01:54:02	+00:49:55	00:00:00
1818 °	343 °	1829	M40	00:05:19	Cândido Otero Salgueiro	GL	Individual	01:54:36	01:52:20	+00:49:55	00:55:35
1819 °	344 °	354	M40	00:05:21	NUNO MIGUEL MESQUITA MARQUES	PT	GBES - DELEGAÇÃO NORTE	01:54:37	01:52:55	+00:49:56	00:55:47
1820 °	283 °	1759	M45	00:05:22	Joaquim Alberto	PT	Individual	01:54:40	01:53:26	+00:49:59	00:54:15
1821 °	102 °	1201	F20	00:05:22	Liliana Cruz	PT	Individual	01:54:40	01:53:27	+00:49:59	00:54:15
1822 °	382 °	1686	M20	00:05:21	Nuno Santos	PT	FAMA RUNNERS	01:54:41	01:53:03	+00:50:00	00:55:33
1823 °	345 °	1490	M40	00:05:21	Angelo Nunes Vidal	PT	Individual	01:54:42	01:53:10	+00:50:01	00:54:11
1824 °	103 °	1298	F20	00:05:24	Elisabete Ribeiro	PT	A D Amarante	01:54:42	01:54:05	+00:50:01	00:54:11
1825 °	346 °	1793	M40	00:05:21	Miguel Silva	PT	Falta de Treino	01:54:42	01:53:06	+00:50:01	00:55:55

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
**Geral Completo**

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1826 °	347 °	1794	M40	00:05:21	Eduardo Dias	PT	Falta de Treino	01:54:43	01:53:05	+00:50:02	00:55:55
1827 °	104 °	154	F20	00:05:23	Neusa Caridade	PT	Os Amadores	01:54:45	01:53:37	+00:50:04	00:54:42
1828 °	348 °	1029	M40	00:05:22	Jesus Maria Losada Arca	GL	Individual	01:54:47	01:53:14	+00:50:06	00:00:00
1829 °	349 °	1133	M40	00:05:20	CARLOS MANUEL PINTO VIEIRA	PT	OS CACHOS	01:54:50	01:52:35	+00:50:09	00:57:05
1830 °	105 °	2312	F20	00:05:21	ISABEL QUELHAS SARAIVA	PT	PORTO RUNNERS	01:54:52	01:53:07	+00:50:11	00:56:11
1831 °	320 °	315	M50	00:05:22	Luís Archer	PT	Porto Runners	01:54:53	01:53:20	+00:50:12	00:53:45
1832 °	284 °	2258	M45	00:05:21	Gonzalo Leyenda	GL	Individual	01:54:54	01:53:07	+00:50:12	00:54:37
1833 °	106 °	1349	F20	00:05:22	ALDA CRISTINA MATIAS DA ROCHA	PT	OS LAMBAREIROS DO ASFALTO	01:54:54	01:53:28	+00:50:13	00:53:53
1834 °	285 °	223	M45	00:05:22	Frederico Esteves	PT	MARATONICES	01:54:55	01:53:25	+00:50:14	00:54:47
1835 °	286 °	510	M45	00:05:20	MIGUEL ANGEL ALVAREZ BLANCAT	GL	Individual	01:54:56	01:52:43	+00:50:15	00:55:06
1836 °	107 °	379	F20	00:05:25	Patrícia Sousa	PT	Grupo Juvenil de Vila de Punhe	01:54:59	01:54:35	+00:50:18	00:00:00
1837 °	393 °	1272	M35	00:05:26	Nuno Miguel Azevedo	PT	Dínamo	01:55:00	01:54:56	+00:50:19	00:00:00
1838 °	108 °	698	F20	00:05:22	Sónia Mota	PT	Individual	01:55:03	01:53:29	+00:50:22	00:54:50
1839 °	287 °	2058	M45	00:05:21	PAULO BRANDÃO	PT	PORTO RUNNERS	01:55:04	01:52:54	+00:50:23	00:56:11
1840 °	383 °	317	M20	00:05:25	Leonel Boaventura Salgueiro	PT	Cavaleiros do Minho	01:55:10	01:54:32	+00:50:28	00:56:16
1841 °	350 °	183	M40	00:05:25	Adelino José Enes Rodrigues	PT	Individual	01:55:10	01:54:31	+00:50:29	00:56:27
1842 °	351 °	166	M40	00:05:23	Vítor Manuel reis	PT	Individual	01:55:17	01:53:51	+00:50:35	00:54:24
1843 °	384 °	1929	M20	00:05:24	João Manuel Roldão Cruz	PT	Individual	01:55:17	01:54:01	+00:50:36	00:54:06
1844 °	288 °	1737	M45	00:05:22	Miguel Cunha	PT	FoThA	01:55:18	01:53:14	+00:50:37	00:56:41
1845 °	394 °	2796	M35	00:05:24	Nuno Gonçalves	PT	Individual	01:55:22	01:54:13	+00:50:40	00:56:16
1846 °	289 °	1943	M45	00:05:26	Macário Silva	PT	Individual	01:55:23	01:54:51	+00:50:42	00:55:03
1847 °	352 °	1773	M40	00:05:23	Sandro Lopes da Silva	PT	Individual	01:55:24	01:53:42	+00:50:43	00:55:47
1848 °	353 °	1582	M40	00:05:26	Mario Jorge Portela Miranda	PT	Individual	01:55:25	01:54:47	+00:50:44	00:53:36
1849 °	321 °	991	M50	00:05:24	Adriano Queiroz	PT	N.A.Matosinhos	01:55:29	01:54:04	+00:50:48	00:52:49
1850 °	290 °	658	M45	00:05:22	Germano Santos	GL	Individual	01:55:30	01:53:29	+00:50:49	00:54:43
1851 °	322 °	1757	M50	00:05:28	David Frick	PT	Individual	01:55:38	01:55:28	+00:50:57	00:00:00
1852 °	385 °	786	M20	00:05:26	Joel Marques	PT	G. A. Independentes Gaia	01:55:39	01:54:37	+00:50:58	00:00:00
1853 °	354 °	1400	M40	00:05:24	JOSÉ ANTÓNIO SILVA	PT	OS BRAGUINHAS	01:55:42	01:54:11	+00:51:01	00:55:48
1854 °	291 °	2609	M45	00:05:22	DANIEL GARRIDO	GL	Individual	01:55:44	01:53:30	+00:51:02	00:55:49
1855 °	109 °	376	F20	00:05:26	Ana Pereira	PT	Grupo Juvenil de Vila de Punhe	01:55:44	01:54:53	+00:51:03	00:51:37
1856 °	292 °	746	M45	00:05:25	Jose Simões	PT	Individual	01:55:45	01:54:28	+00:51:04	00:00:00
1857 °	110 °	1978	F20	00:00:00	Carla Monteiro	PT	Desnivel Positivo	01:55:46	00:00:00	+00:51:05	00:54:55
1858 °	355 °	1775	M40	00:05:24	Miguel Bernardez Martinez	GL	C.A.R. MARISQUEIRO	01:55:47	01:54:00	+00:51:06	00:54:26
1859 °	356 °	2015	M40	00:05:24	JOÃO VIEIRA	PT	PORTO RUNNERS	01:55:49	01:54:07	+00:51:08	00:55:47
1860 °	357 °	1979	M40	00:05:23	FRANCISCO SERRANO CANTALEJO	GL	DESNIVEL POSITIVO	01:55:50	01:53:41	+00:51:09	00:54:55
1861 °	323 °	625	M50	00:05:28	DUARTE SA	PT	Individual	01:55:50	01:55:32	+00:51:09	00:54:48
1862 °	293 °	174	M45	00:05:27	Jorge Querales	PT	Cósmicos	01:55:53	01:55:18	+00:51:12	00:54:52
1863 °	111 °	1283	F20	00:05:27	ISABEL SILVA	PT	CLUBE MILLENNIUMBPCP	01:55:53	01:55:03	+00:51:12	00:54:39
1864 °	324 °	1071	M50	00:05:25	JOSÉ ANTÓNIO FREITAS	PT	GNR GUIMARÃES	01:55:53	01:54:30	+00:51:12	00:54:35



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1865 °	386 °	2820	M20	00:05:26	Joao Vitor Martins	PT	Individual	01:55:56	01:54:41	+00:51:14	00:54:08
1866 °	294 °	1328	M45	00:05:24	Manuel Joaquim Moreira	PT	Amigos Atletismo Povoense	01:55:57	01:54:14	+00:51:16	00:53:39
1867 °	325 °	1990	M50	00:05:28	ALVARO SILVA	PT	PORTO RUNNERS	01:56:04	01:55:23	+00:51:23	00:54:05
1868 °	112 °	810	F20	00:05:25	Mº Dolores Gonzalez Enriquez	GL	Victor Pazos& Bugallas Mobles	01:56:06	01:54:23	+00:51:25	00:00:00
1869 °	395 °	1699	M35	00:05:28	Alfredo Lopez moral	GL	REDONDELITE SOID	01:56:08	01:55:26	+00:51:27	00:00:00
1870 °	396 °	672	M35	00:05:24	José Carlos Figueiro Neves	PT	Individual	01:56:10	01:54:12	+00:51:29	00:56:11
1871 °	113 °	2800	F20	00:05:26	rosa lima	PT	Individual	01:56:10	01:54:49	+00:51:29	00:56:08
1872 °	358 °	2612	M40	00:05:24	FILIPE COUTO	PT	CÂES D AVENIDA	01:56:13	01:54:06	+00:51:32	00:57:45
1873 °	359 °	1538	M40	00:05:24	Antonio Vasconcelos	PT	Individual	01:56:14	01:53:55	+00:51:33	00:00:00
1874 °	360 °	2718	M40	00:05:24	LUIS MELO	PT	Individual	01:56:14	01:53:55	+00:51:33	00:56:31
1875 °	397 °	1916	M35	00:05:25	Telmo Vale Lima	PT	Individual	01:56:17	01:54:23	+00:51:36	00:00:00
1876 °	114 °	1250	F20	00:05:25	lucilia penteado	PT	Individual	01:56:18	01:54:28	+00:51:37	00:56:20
1877 °	361 °	2836	M40	00:05:27	Fernando Gerales	PT	Friend fitness	01:56:20	01:55:04	+00:51:39	00:55:54
1878 °	326 °	2837	M50	00:05:27	Nuno Manuel Silva	PT	Friend fitness	01:56:20	01:55:04	+00:51:39	00:00:00
1879 °	387 °	132	M20	00:05:27	Miguel Ribeiro Carvalho	PT	Individual	01:56:20	01:55:15	+00:51:39	00:56:01
1880 °	388 °	465	M20	00:05:30	Diogo Moutinho	PT	Individual	01:56:21	01:56:12	+00:51:40	00:53:54
1881 °	398 °	1667	M35	00:05:26	Paulo Pereira	PT	Individual	01:56:21	01:54:48	+00:51:40	00:55:56
1882 °	115 °	1669	F20	00:05:26	Ana Costa	PT	Individual	01:56:21	01:54:49	+00:51:40	00:55:56
1883 °	389 °	2639	M20	00:05:24	Filipe Moz	PT	URBAN TEAM	01:56:22	01:54:13	+00:51:41	00:00:00
1884 °	390 °	1608	M20	00:05:24	Ricardo Campos	PT	Urban Team	01:56:22	01:54:13	+00:51:41	00:00:00
1885 °	391 °	874	M20	00:05:25	BRUNO PINHO	PT	CAL - Clube Atletismo de Lamas	01:56:23	01:54:28	+00:51:42	00:54:57
1886 °	392 °	1252	M20	00:05:27	João Nuno Zenha	PT	Individual	01:56:24	01:55:10	+00:51:43	00:56:52
1887 °	393 °	1263	M20	00:05:27	Bruno Alexandre Batista	PT	Individual	01:56:25	01:55:12	+00:51:44	00:56:52
1888 °	116 °	2834	F20	00:05:29	MARIA FERNANDA PIRES VERDE	PT	FRIEND FITNESS	01:56:27	01:55:54	+00:51:45	00:55:54
1889 °	295 °	368	M45	00:05:27	Antonio Nogueira	PT	40	01:56:28	01:55:16	+00:51:47	00:52:21
1890 °	394 °	701	M20	00:05:26	Luis Matos	PT	Individual	01:56:28	01:54:50	+00:51:47	00:57:11
1891 °	399 °	2156	M35	00:05:25	Ricardo Sérgio Lima Bastos	PT	Individual	01:56:29	01:54:20	+00:51:47	00:56:10
1892 °	400 °	2213	M35	00:05:31	Rui Gonçalves	PT	Individual	01:56:29	01:56:23	+00:51:48	00:54:58
1893 °	395 °	589	M20	00:05:27	David José Neves Santos	PT	Gang das Caminhadas	01:56:30	01:55:13	+00:51:48	00:53:50
1894 °	396 °	2501	M20	00:05:28	FILIPE SILVA	PT	MOVIMENTO JUVENTUDE MERELIM	01:56:30	01:55:30	+00:51:49	00:00:00
1895 °	362 °	1984	M40	00:05:31	Luis Azevedo	PT	Individual	01:56:31	01:56:24	+00:51:50	00:54:58
1896 °	117 °	1890	F20	00:05:29	Maria dos Anjos Costa	PT	Clube os 5 à Hora	01:56:36	01:55:49	+00:51:54	00:54:11
1897 °	327 °	1368	M50	00:05:28	ANTÓNIO GOMES	PT	TURISTAS PRADENDES	01:56:37	01:55:38	+00:51:56	00:54:19
1898 °	397 °	2460	M20	00:05:28	PAULO SAMPAIO	PT	Individual	01:56:37	01:55:27	+00:51:56	00:52:28
1899 °	296 °	1136	M45	00:05:30	AUGUSTO CARTUCHO	PT	CÓSMICOS	01:56:38	01:56:02	+00:51:57	00:53:46
1900 °	398 °	1599	M20	00:05:27	João Paulo Macedo Teixeira	PT	Individual	01:56:39	01:55:16	+00:51:58	00:56:46
1901 °	328 °	1010	M50	00:05:27	Henrique Ruivo	PT	Individual	01:56:45	01:55:10	+00:52:04	00:55:50
1902 °	363 °	546	M40	00:05:30	Filipe antonio sampaio	PT	Individual	01:56:46	01:56:15	+00:52:04	00:53:44
1903 °	118 °	2579	F20	00:05:30	monica montenegro	PT	fit for fun vale cambra	01:56:46	01:56:21	+00:52:05	00:54:13

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1904	329	124	M50	00:05:30	celso torres	PT	ginasio fit for fun vale cambra	01:56:46	01:56:21	+00:52:05	00:54:13
1905	364	2389	M40	00:05:30	VITOR SILVEIRA	PT	Individual	01:56:48	01:56:05	+00:52:06	00:54:14
1906	297	2225	M45	00:05:28	JOSE MANUEL GONZALEZ GRANA	GL	FONTES DO SAR	01:56:48	01:55:39	+00:52:07	00:00:00
1907	119	1692	F20	00:05:28	Leonor Cavadas	PT	Casas Adriano Astromil Clube	01:56:51	01:55:21	+00:52:10	00:54:06
1908	330	2953	M50	00:05:32	PAULO PINTO	PT	VITALIS	01:56:56	01:56:50	+00:52:15	00:55:46
1909	365	779	M40	00:05:26	Sérgio dos Santos	PT	Individual	01:56:57	01:54:49	+00:52:16	00:55:45
1910	298	1454	M45	00:05:30	Jesús González Areal	GL	Castrelos 20:30 - B	01:57:00	01:56:09	+00:52:19	00:00:00
1911	366	1032	M40	00:05:31	rui antónio rocha camelo	PT	Individual	01:57:03	01:56:36	+00:52:22	00:51:58
1912	120	1049	F20	00:05:27	CRISTINA MAGALHÃES	PT	VIANA CYCLES	01:57:04	01:55:13	+00:52:23	00:57:32
1913	399	2802	M20	00:05:27	Filipe Rola	PT	Individual	01:57:06	01:55:14	+00:52:25	00:00:00
1914	121	2586	F20	00:00:00	Raquel Varela	PT	Parque Nascente Health Club	01:57:08	00:00:00	+00:52:26	00:56:19
1915	299	1111	M45	00:05:26	Vasco Granja	PT	NAmadores	01:57:12	01:54:57	+00:52:31	00:55:32
1916	122	2655	F20	00:05:31	LILIANA FLORES	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	01:57:13	01:56:36	+00:52:32	00:54:10
1917	401	2950	M35	00:05:33	RICARDO CARVALHO	PT	VITALIS	01:57:17	01:57:09	+00:52:36	00:55:46
1918	123	981	F20	00:05:30	RAQUEL PEREIRA	PT	A.D.RIO LARGO C.E.	01:57:17	01:56:01	+00:52:36	00:00:00
1919	400	2795	M20	00:05:27	Luís Fiipe Garcia Alves	PT	Individual	01:57:21	01:55:15	+00:52:40	00:52:37
1920	331	1142	M50	00:05:28	jose afonso	PT	Individual	01:57:23	01:55:27	+00:52:42	00:55:34
1921	402	982	M35	00:05:30	LUIS RODRIGUES	PT	A.D.RIO LARGO C.E.	01:57:26	01:56:10	+00:52:45	00:55:24
1922	332	2316	M50	00:05:28	Xosé Manuel Carballeira Hortas	GL	Individual	01:57:26	01:55:33	+00:52:45	00:54:57
1923	300	2721	M45	00:05:33	JORGE CARLOS CONDE	GL	Individual	01:57:36	01:57:22	+00:52:55	00:54:03
1924	124	2047	F20	00:05:30	MARLENE FONSECA	PT	PORTO RUNNERS	01:57:38	01:56:14	+00:52:57	00:56:46
1925	401	722	M20	00:05:30	Daniel Caeiro	PT	Individual	01:57:38	01:56:15	+00:52:57	00:56:46
1926	301	2266	M45	00:05:32	Victor Cabral	PT	Victor Cabral	01:57:46	01:57:01	+00:53:05	00:55:53
1927	333	1949	M50	00:05:31	Carlos Augusto Soares da Silva	PT	Individual	01:57:47	01:56:24	+00:53:06	00:56:47
1928	367	2714	M40	00:05:30	Gilberto Azevedo	PT	Individual	01:57:48	01:56:05	+00:53:07	00:57:02
1929	403	1048	M35	00:05:33	Renato Viana	PT	Starolas	01:57:52	01:57:18	+00:53:11	00:55:46
1930	404	2962	M35	00:05:29	PEDRO FERREIRA DA COSTA	PT	VITALIS	01:57:54	01:55:49	+00:53:13	00:56:40
1931	125	2642	F20	00:00:00	Carla Susana Pessegueiro Serra	PT	parque nascente health club	01:57:57	00:00:00	+00:53:16	00:00:00
1932	126	1791	F20	00:05:31	Conceição Silva	PT	Falta de Treino	01:58:03	01:56:26	+00:53:22	00:56:43
1933	405	638	M35	00:05:30	Joel Santos	PT	I2S RUN TEAM	01:58:05	01:56:22	+00:53:24	00:56:32
1934	368	221	M40	00:05:32	João Pedro Couto	PT	Individual	01:58:06	01:56:50	+00:53:25	00:50:33
1935	402	2643	M20	00:05:31	Luís Miguel Neves Teixeira	PT	Individual	01:58:07	01:56:38	+00:53:26	00:55:54
1936	369	1914	M40	00:05:34	Nuno Carracena	PT	Individual	01:58:12	01:57:40	+00:53:31	00:00:00
1937	334	869	M50	00:05:30	JOAO MARQUES	PT	turbos-lentos	01:58:14	01:56:11	+00:53:33	00:58:03
1938	302	1550	M45	00:05:32	FRANCISCO NETO	PT	TUTILAR CLASS RUNNERS	01:58:15	01:56:45	+00:53:34	00:55:55
1939	406	2812	M35	00:05:32	Avelino Fernandes	GL	Individual	01:58:16	01:56:47	+00:53:35	00:55:15
1940	407	2283	M35	00:05:30	André Campante	PT	FoThA	01:58:18	01:56:13	+00:53:37	00:56:41
1941	303	2867	M45	00:05:33	Manuel Carlos Figueiredo	PT	Individual	01:58:19	01:57:18	+00:53:38	00:00:00
1942	403	697	M20	00:00:00	João Miguel Marques	PT	Individual	01:58:20	00:00:00	+00:53:38	00:58:10

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1943	304	2913	M45	00:05:33	Manuel Dias Barbosa	PT	EDP GAS	01:58:20	01:57:14	+00:53:39	00:55:59
1944	408	1671	M35	00:05:35	Domingos Morais	PT	Individual	01:58:20	01:57:49	+00:53:39	00:49:51
1945	404	2710	M20	00:05:33	JOSÉ NETO	PT	INDIVIDUAL	01:58:20	01:57:07	+00:53:39	00:00:00
1946	127	515	F20	00:05:31	Joana Cunha	PT	AASM	01:58:20	01:56:24	+00:53:39	00:00:00
1947	409	480	M35	00:05:33	Paulo Magano	PT	Individual	01:58:20	01:57:07	+00:53:39	00:58:02
1948	405	561	M20	00:05:32	Chistopher Barker	PT	Individual	01:58:21	01:56:53	+00:53:40	00:54:59
1949	128	1230	F20	00:05:33	Conceição Correia	PT	A.C.R.Vigorosa Trofa	01:58:25	01:57:18	+00:53:44	00:54:29
1950	410	2082	M35	00:05:36	José Luís Cunha Ferreira	PT	Individual	01:58:31	01:58:08	+00:53:50	00:56:05
1951	129	1110	F20	00:05:31	Conceição Marques	PT	Individual	01:58:32	01:56:22	+00:53:51	00:54:55
1952	411	2482	M35	00:05:34	JOSE ROSAS PEREIRA	PT	INDIVIDUAL	01:58:32	01:57:32	+00:53:51	00:00:00
1953	412	719	M35	00:05:33	Manuel Silva	PT	Individual	01:58:33	01:57:05	+00:53:52	00:55:09
1954	406	955	M20	00:00:00	Vitor Hugo da Silva Rodrigues	PT	Gin Atómico	01:58:34	00:00:00	+00:53:53	00:57:48
1955	413	2738	M35	00:05:31	César Nuno Pires Gonçalves	PT	Individual	01:58:36	01:56:30	+00:53:55	00:56:42
1956	305	590	M45	00:05:35	Armando Manuel Portela Miranda	PT	Individual	01:58:36	01:57:54	+00:53:55	00:00:00
1957	414	1648	M35	00:05:31	Pedro Miguel Borges Costa	PT	Individual	01:58:36	01:56:34	+00:53:55	00:56:04
1958	407	1836	M20	00:05:32	Paulo Alexandre Graça	PT	No Tomorrow Running Team	01:58:38	01:56:54	+00:53:57	00:56:05
1959	306	1112	M45	00:05:31	Hélder Pereira	PT	NAmadores	01:58:40	01:56:24	+00:53:59	00:55:11
1960	370	1253	M40	00:05:33	Paulo Alexandre Almeida	PT	Individual	01:58:40	01:57:12	+00:53:59	00:55:10
1961	371	343	M40	00:05:31	Clemente Rivera	GL	Individual	01:58:40	01:56:32	+00:53:59	00:54:53
1962	307	188	M45	00:05:36	JOSE MIGUEL CRUZ PINTO	PT	CÓSMICOS	01:58:42	01:58:08	+00:54:01	00:54:33
1963	335	1734	M50	00:05:35	José Gomes	PT	Individual	01:58:42	01:58:05	+00:54:01	00:57:28
1964	130	2379	F20	00:05:34	Lara Catarina Carapêta Azambujo	PT	Run@Figueira	01:58:42	01:57:41	+00:54:01	00:56:21
1965	336	1723	M50	00:05:35	António Monteiro	PT	Individual	01:58:43	01:58:05	+00:54:01	00:57:22
1966	408	2771	M20	00:05:33	Pedro Hugo Vieira da Silva	PT	Individual	01:58:43	01:57:15	+00:54:02	00:00:00
1967	409	2940	M20	00:05:37	PEDRO JOSE GONÇALVES	PT	EDP GAS	01:58:44	01:58:36	+00:54:03	00:00:00
1968	337	769	M50	00:05:32	Armenio Ferreira de Sousa	PT	Individual	01:58:45	01:56:56	+00:54:04	00:59:05
1969	131	2573	F20	00:05:31	Sandra Magalhães Lopes	PT	Parque Health club	01:58:46	01:56:34	+00:54:04	00:58:14
1970	132	150	F20	00:05:36	Ana Paula Pinto	PT	Os Amadores	01:58:47	01:58:08	+00:54:06	00:54:42
1971	410	111	M20	00:05:35	Ricardo Henriques	PT	É de Shot International	01:58:47	01:57:57	+00:54:06	00:58:24
1972	372	1333	M40	00:05:32	Frederico Xavier Amaro	PT	Amigos Atletismo Povoense	01:58:48	01:56:53	+00:54:07	00:54:51
1973	133	1922	F20	00:05:33	ALINE COLAÇO	PT	AÇOREANA CLUBE BANIF	01:58:49	01:57:12	+00:54:07	00:55:25
1974	373	1921	M40	00:05:33	RAUL PEREIRA	PT	AÇOREANA CLUBE BANIF	01:58:49	01:57:12	+00:54:08	00:00:00
1975	411	2249	M20	00:05:35	Luis Pereira	PT	Benturas	01:58:52	01:58:05	+00:54:11	00:55:49
1976	415	2368	M35	00:05:33	Filipe Silva	PT	Individual	01:58:53	01:57:05	+00:54:12	00:55:50
1977	338	583	M50	00:00:00	Luís de Almeida	PT	Confraria da Bike Clube	01:58:59	00:00:00	+00:54:18	00:57:27
1978	134	2644	F20	00:05:34	Carina Andreia Alves Faria	PT	Parque Nascente Health Club	01:59:01	01:57:33	+00:54:20	00:56:24
1979	416	2366	M35	00:05:34	Jorge Daniel Gonçalves Torres	PT	Individual	01:59:04	01:57:35	+00:54:23	00:00:00
1980	417	2364	M35	00:05:34	José Maria Mota Araújo	PT	Individual	01:59:04	01:57:36	+00:54:23	00:57:10
1981	412	2872	M20	00:05:36	GIL CASTRO	PT	Benturas	01:59:08	01:58:22	+00:54:27	00:58:11

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
1982 °	413 °	1169	M20	00:05:36	GILBERTO MELO	PT	MAIA ATLETICO CLUBE	01:59:10	01:58:19	+00:54:29	00:55:54
1983 °	414 °	2189	M20	00:05:36	Sofia Azevedo	PT	Individual	01:59:10	01:58:21	+00:54:29	00:55:54
1984 °	415 °	2250	M20	00:05:36	Andre Maciel	PT	Benturas	01:59:13	01:58:27	+00:54:31	00:55:49
1985 °	308 °	87	M45	00:05:33	MARCOS CALÇADA	PT	LIBERTY SEGUROS	01:59:14	01:57:15	+00:54:33	00:56:49
1986 °	418 °	268	M35	00:05:36	PAULO COELHO	PT	Clube Portugal Telecom Zona Norte	01:59:18	01:58:23	+00:54:37	00:57:46
1987 °	135 °	2367	F20	00:05:35	Sandra Manuela Freitas	PT	Porto Runners	01:59:18	01:57:57	+00:54:37	00:56:38
1988 °	136 °	1690	F20	00:05:35	Diana Santos	PT	FAMA RUNNERS	01:59:20	01:57:46	+00:54:39	00:57:12
1989 °	339 °	2203	M50	00:05:35	José Figueiredo	PT	FAMA RUNNERS	01:59:21	01:57:50	+00:54:40	00:00:00
1990 °	137 °	112	F20	00:05:37	Liliana Pereira	PT	E de Shot International	01:59:24	01:58:36	+00:54:43	00:58:24
1991 °	416 °	318	M20	00:05:34	Luís Carlos Lopes	PT	Suicidas Brácaros	01:59:24	01:57:43	+00:54:43	00:56:32
1992 °	417 °	1932	M20	00:05:34	Nuno Filipe P.B. Alpoim	PT	Suicidas Brácaros	01:59:25	01:57:37	+00:54:44	00:56:30
1993 °	419 °	670	M35	00:05:33	Nuno Monteiro	PT	Individual	01:59:28	01:57:22	+00:54:47	00:55:23
1994 °	420 °	2870	M35	00:05:34	NUNO RIBAS AMADO	PT	run4fun	01:59:28	01:57:38	+00:54:47	00:57:36
1995 °	374 °	1872	M40	00:05:37	Luís Miguel Duarte Carvalho	PT	Individual	01:59:32	01:58:36	+00:54:51	00:56:00
1996 °	421 °	2720	M35	00:00:00	MANUEL SOUSA	PT	Individual	01:59:36	00:00:00	+00:54:55	00:00:00
1997 °	422 °	416	M35	00:05:39	Cristiano Oliveira	PT	Individual	01:59:37	01:59:16	+00:54:56	00:56:17
1998 °	340 °	1004	M50	00:00:00	JOSE MOTA	PT	SOARENSE SPORT CLUBE	01:59:39	00:00:00	+00:54:57	00:00:00
1999 °	138 °	1870	F20	00:05:36	MARIA MAGALHÃES	PT	FALTA MUITO?	01:59:40	01:58:19	+00:54:59	00:55:46
2000 °	375 °	500	M40	00:05:35	Joaquim Silva	PT	Individual	01:59:41	01:57:54	+00:55:00	00:55:43
2001 °	309 °	2140	M45	00:05:38	carlos marques	PT	Individual	01:59:41	01:59:01	+00:55:00	00:54:24
2002 °	310 °	2262	M45	00:05:35	Manuel Marinho	PT	Individual	01:59:42	01:58:06	+00:55:00	00:55:21
2003 °	311 °	1849	M45	00:05:37	Jorge Manuel da Costa Ramos	PT	Individual	01:59:48	01:58:43	+00:55:07	00:55:57
2004 °	341 °	803	M50	00:05:34	Jose Raimundo	PT	Parque Health club	01:59:49	01:57:38	+00:55:08	00:56:00
2005 °	418 °	1694	M20	00:05:37	BRUNO ESTEVES	PT	SERVIÇOS SOCIAS MONTEPIO	01:59:50	01:58:40	+00:55:09	00:55:55
2006 °	342 °	2328	M50	00:05:37	José António Pires	PT	Individual	01:59:51	01:58:47	+00:55:10	00:56:42
2007 °	419 °	2570	M20	00:05:37	José Franco	PT	Individual	01:59:52	01:58:47	+00:55:11	00:56:22
2008 °	343 °	1092	M50	00:05:37	Mário Miranda	PT	Leões do Veneza	01:59:54	01:58:36	+00:55:13	00:56:46
2009 °	312 °	1402	M45	00:00:00	JOSÉ FERNANDES	PT	VITÓRIA SPORT CLUBE	01:59:55	00:00:00	+00:55:14	00:00:00
2010 °	420 °	1506	M20	00:05:38	manuel sebastiao nunes	PT	associação moledense intrução e recreio	02:00:00	01:59:00	+00:55:18	00:56:56
2011 °	423 °	1511	M35	00:05:38	Joao Paulo lima rodrigues	PT	associação moledense intrução e recreio	02:00:00	01:58:59	+00:55:19	00:56:56
2012 °	313 °	243	M45	00:05:39	João Garcez	PT	Individual	02:00:02	01:59:23	+00:55:21	00:55:51
2013 °	424 °	138	M35	00:05:36	Gomes da Silva	PT	Second Wind	02:00:03	01:58:28	+00:55:22	00:56:43
2014 °	376 °	129	M40	00:05:36	João Campos	PT	Second Wind	02:00:03	01:58:27	+00:55:22	00:56:44
2015 °	377 °	706	M40	00:05:37	Laurindo Neves	PT	BTT Valongo	02:00:07	01:58:33	+00:55:26	00:54:08
2016 °	378 °	437	M40	00:05:36	Luis Silva	PT	sportolicos	02:00:12	01:58:16	+00:55:31	00:58:18
2017 °	425 °	1545	M35	00:05:40	Jammy Graçoeiro	PT	Individual	02:00:16	01:59:46	+00:55:34	00:54:45
2018 °	426 °	539	M35	00:05:36	Nuno Carvalho	PT	Individual	02:00:16	01:58:14	+00:55:35	00:57:15
2019 °	379 °	751	M40	00:05:37	Juan Carlos Rodriguez	GL	Individual	02:00:20	01:58:50	+00:55:38	00:57:01
2020 °	139 °	2261	F20	00:05:36	Ivete Carneiro	PT	Os Carro Vassoura	02:00:20	01:58:15	+00:55:39	00:58:33

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2021 °	344 °	765	M50	00:05:37	Emílio Gonçalves	PT	No Tomorrow Running Team	02:00:21	01:58:42	+00:55:40	00:56:16
2022 °	380 °	2785	M40	00:05:36	SERVANDO SANCHES ARROYO	GL	LOMBIS	02:00:22	01:58:18	+00:55:41	00:00:00
2023 °	140 °	2440	F20	00:05:41	Susana Gomes	PT	Grandes Rotas Clube	02:00:31	02:00:03	+00:55:50	00:56:40
2024 °	314 °	2439	M45	00:05:41	Luis Geraldo	PT	Individual	02:00:31	02:00:03	+00:55:50	00:56:39
2025 °	427 °	235	M35	00:05:36	Fernando Pires	PT	FoThA	02:00:32	01:58:28	+00:55:51	00:57:48
2026 °	141 °	2100	F20	00:05:36	Maria Monteiro	PT	FoThA	02:00:33	01:58:28	+00:55:52	00:00:00
2027 °	421 °	2329	M20	00:05:41	Rui Ferreira	PT	Individual	02:00:34	02:00:02	+00:55:53	00:55:39
2028 °	345 °	2161	M50	00:05:41	Veridiano Ribeiro	PT	Individual	02:00:35	02:00:03	+00:55:53	00:55:39
2029 °	422 °	2791	M20	00:05:36	RODRIGO RODRIGUES	PT	Individual	02:00:39	01:58:28	+00:55:58	00:59:32
2030 °	142 °	1109	F20	00:05:37	ISABEL SÓRO	PT	VIANA CYCLES	02:00:40	01:58:49	+00:55:59	00:57:36
2031 °	423 °	796	M20	00:05:40	Tiago Almeida	PT	Clínica de Nutrição	02:00:41	01:59:37	+00:56:00	00:57:14
2032 °	428 °	1225	M35	00:05:38	Sergio Fernandez	GL	Leone Runners	02:00:47	01:58:53	+00:56:06	00:00:00
2033 °	143 °	2477	F20	00:05:37	ISABEL ALONSO	GL	Individual	02:00:51	01:58:37	+00:56:10	00:58:15
2034 °	381 °	2633	M40	00:05:40	Marinho Pereira	PT	ESTORNORTE	02:00:51	01:59:33	+00:56:10	00:56:08
2035 °	144 °	2739	F20	00:05:39	DANIELA MOTA MACHADO	PT	CLUBE CORRIDA SOLINCA	02:00:52	01:59:29	+00:56:11	00:56:26
2036 °	382 °	2498	M40	00:05:42	JOSE BRITO	PT	MOVIMENTO JUVENTUDE MERELIM	02:00:56	02:00:28	+00:56:15	00:53:51
2037 °	346 °	1410	M50	00:05:38	José azevedo	PT	CAVE Esposende	02:01:03	01:58:57	+00:56:22	00:58:49
2038 °	145 °	2085	F20	00:00:00	Mónica Hombreiro Pérez	GL	Taninos Runners Pontareas	02:01:04	00:00:00	+00:56:23	00:00:00
2039 °	383 °	2399	M40	00:05:43	FRANCISCO FARIA	PT	GESTINGA IMOBILIARIA	02:01:04	02:00:42	+00:56:23	00:52:39
2040 °	424 °	1236	M20	00:05:39	Helder Magalhães	PT	One More Mile	02:01:06	01:59:17	+00:56:25	00:57:36
2041 °	429 °	771	M35	00:05:39	Juan E. Gutiérrez Costas	GL	Individual	02:01:10	01:59:17	+00:56:29	00:57:22
2042 °	315 °	1720	M45	00:05:38	Francisco Costa	PT	Individual	02:01:16	01:59:10	+00:56:34	00:57:30
2043 °	347 °	1631	M50	00:05:38	Luis Manuel Brito Pereira	PT	Individual	02:01:16	01:59:09	+00:56:34	00:57:30
2044 °	425 °	1234	M20	00:05:38	João Nunes	PT	Clube de Pessoal EDP - Porto	02:01:18	01:59:08	+00:56:37	01:01:08
2045 °	348 °	1586	M50	00:05:40	Francisco Belo	PT	Individual	02:01:18	01:59:44	+00:56:37	00:56:59
2046 °	349 °	1126	M50	00:05:41	Casimiro Fernandes	PT	Grupo Os Barrigas	02:01:23	02:00:02	+00:56:42	00:56:36
2047 °	430 °	2679	M35	00:05:39	José Pedro Silva	PT	Individual	02:01:26	01:59:23	+00:56:45	01:00:55
2048 °	384 °	591	M40	00:05:43	Joaquim Abel Portela Miranda	PT	Individual	02:01:28	02:00:44	+00:56:47	00:00:00
2049 °	385 °	1923	M40	00:05:41	ALFREDO JORGE FELIX PEREIRA	PT	AÇOREANA CLUBE BANIF	02:01:34	01:59:55	+00:56:53	00:00:00
2050 °	386 °	2187	M40	00:05:43	David Mendonza	PT	Caetano Runners	02:01:38	02:00:39	+00:56:57	00:53:17
2051 °	316 °	773	M45	00:05:42	Paulo Carvalho	PT	Ortopcarv	02:01:39	02:00:22	+00:56:58	00:55:58
2052 °	146 °	2671	F20	00:05:43	Célia Ermelinda Meira	PT	Viana Trail	02:01:40	02:00:36	+00:56:59	00:57:34
2053 °	350 °	1098	M50	00:05:42	Benjamim Kimbuelas	PT	Leões do Veneza	02:01:42	02:00:31	+00:57:01	00:00:00
2054 °	147 °	1942	F20	00:05:41	Sofia Bernardo	PT	FAMA RUNNERS	02:01:43	02:00:12	+00:57:02	00:00:00
2055 °	387 °	1713	M40	00:05:37	FRANCISCO CORTINHAS	PT	Individual	02:01:53	01:58:43	+00:57:12	01:00:04
2056 °	426 °	2891	M20	00:05:43	PEDRO MAIA	PT	INDIVIDUAL	02:01:59	02:00:43	+00:57:17	00:56:26
2057 °	351 °	1274	M50	00:05:46	EMILIO SILVA	PT	CLUBE MILLENNIUMBPCP	02:02:03	02:01:45	+00:57:22	00:54:57
2058 °	148 °	1202	F20	00:05:41	Alexandra Freitas	PT	Individual	02:02:04	02:00:00	+00:57:23	00:57:14
2059 °	431 °	2288	M35	00:05:41	João Leal Fernandes	PT	Team Açai	02:02:04	02:00:00	+00:57:23	00:00:00

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2060	427	2868	M20	00:05:41	TUKASZ TRABINSKI	PT	Individual	02:02:11	01:59:59	+00:57:30	00:56:47
2061	149	2808	F20	00:05:41	IVANA BOHATA	PT	Individual	02:02:12	02:00:00	+00:57:30	00:56:50
2062	388	1961	M40	00:05:43	ANIBAL PAIVA	PT	AÇOREANA CLUBE BANIF	02:02:16	02:00:39	+00:57:35	00:00:00
2063	428	156	M20	00:05:46	PEDRO RICARDO LOURENÇO	PT	GBES - DELEGAÇÃO NORTE	02:02:17	02:01:57	+00:57:36	00:55:44
2064	429	2723	M20	00:05:42	PEDRO SOUSA PEREIRA	PT	CULSEN.com Running Team	02:02:18	02:00:17	+00:57:37	00:56:22
2065	352	2954	M50	00:05:43	AQUILES GERALDES MORENO	PT	VITALIS	02:02:18	02:00:40	+00:57:37	00:59:56
2066	353	1637	M50	00:05:44	PABLO IGLESIAS SEIJO	GL	Individual	02:02:18	02:01:09	+00:57:37	00:56:46
2067	317	2372	M45	00:05:43	JOAQUIM FONTOURA	PT	NO TOMORROW RUNNING TEAM	02:02:23	02:00:42	+00:57:42	00:59:44
2068	430	2952	M20	00:05:43	RICARDO PEREIRA LIRIO	PT	VITALIS	02:02:28	02:00:49	+00:57:47	00:00:00
2069	389	2941	M40	00:05:49	TIAGO DUARTE	PT	VITALIS	02:02:58	02:02:52	+00:58:17	00:57:25
2070	431	2711	M20	00:05:46	Bruno Miguel Martins Araújo	PT	Individual	02:03:03	02:01:59	+00:58:22	00:56:41
2071	150	1433	F20	00:05:45	Sónia Moreira	PT	CHAVES RUNNING TEAM	02:03:03	02:01:33	+00:58:22	00:57:32
2072	432	1788	M20	00:05:46	Rui Manuel Ribeiro Moreira	PT	Caetano Runners	02:03:13	02:01:44	+00:58:32	00:57:51
2073	432	1904	M35	00:05:46	Hugo Martins	PT	Caetano Runners	02:03:13	02:01:44	+00:58:32	00:57:51
2074	151	1607	F20	00:05:48	Maria Fernanda Costa	PT	Clube os 5 à Hora	02:03:17	02:02:30	+00:58:36	00:54:49
2075	354	870	M50	00:05:45	FERNANDO MARINHO	PT	turbos-lentos	02:03:23	02:01:21	+00:58:42	00:58:12
2076	390	674	M40	00:05:45	joaquim oliveira	PT	turbos-lentos	02:03:23	02:01:19	+00:58:42	00:58:03
2077	433	1606	M20	00:05:48	Filipe Cunha	PT	Clube os 5 à Hora	02:03:26	02:02:39	+00:58:45	00:54:49
2078	434	258	M20	00:05:45	Ricardo Bruno Cabral Barbosa	PT	D4E	02:03:27	02:01:34	+00:58:46	00:59:17
2079	355	813	M50	00:05:45	abilio brandao	PT	Individual	02:03:32	02:01:23	+00:58:51	00:59:30
2080	318	1113	M45	00:05:45	Amadeu Medeiros	PT	NAmadores	02:03:34	02:01:21	+00:58:53	01:01:21
2081	435	775	M20	00:05:47	Pedro Jorge Veloso Gonçalves	PT	Individual	02:03:38	02:02:04	+00:58:57	00:57:24
2082	433	228	M35	00:00:00	Hélio Lopes	PT	Individual	02:03:38	00:00:00	+00:58:57	00:57:11
2083	152	461	F20	00:05:49	Catrin Egerton	PT	EMSA	02:03:46	02:02:58	+00:59:05	01:01:01
2084	356	435	M50	00:05:47	MATA DA COSTA	PT	VETERANOS DO BERÇO	02:03:49	02:02:20	+00:59:08	00:58:14
2085	436	275	M20	00:05:48	Pedro Pires	PT	Motomorfes	02:03:54	02:02:28	+00:59:13	00:55:43
2086	153	1548	F20	00:05:51	Lisete Rios	PT	Individual	02:04:02	02:03:35	+00:59:21	00:00:00
2087	434	1896	M35	00:05:48	David Dewasmes	PT	Tartaruga Running	02:04:07	02:02:29	+00:59:26	00:55:58
2088	357	2247	M50	00:05:51	Jose Maria Brea Sanchez	GL	Individual	02:04:09	02:03:24	+00:59:28	00:57:31
2089	435	2582	M35	00:05:49	Daniel Pereira Martins	PT	lixaplace team	02:04:11	02:02:54	+00:59:30	00:59:07
2090	154	1925	F20	00:05:48	Patricia Pererira	PT	FAMA RUNNERS	02:04:12	02:02:40	+00:59:31	00:58:33
2091	436	2590	M35	00:05:51	JOÃO GARCIA	PT	Individual	02:04:18	02:03:43	+00:59:37	00:57:19
2092	391	244	M40	00:05:49	Francisco Lima da Cruz	PT	Individual	02:04:26	02:02:43	+00:59:44	00:58:00
2093	437	993	M20	00:00:00	Fabio miguel pinheiro da cruz	PT	Grupo Desportivo de Prado	02:04:35	00:00:00	+00:59:53	00:00:00
2094	437	1610	M35	00:05:48	Bruno Alves	PT	Individual	02:04:35	02:02:25	+00:59:54	00:59:51
2095	358	994	M50	00:05:52	Francisco Azevedo	PT	Grupo Desportivo de Prado	02:04:35	02:03:48	+00:59:54	00:00:00
2096	155	1717	F20	00:05:48	Susana Monteiro	PT	Individual	02:04:42	02:02:28	+01:00:01	00:59:30
2097	156	2967	F20	00:05:45	LILIANA ALMEIDA PEREIRA	PT	VITALIS	02:04:43	02:01:33	+01:00:02	01:00:03
2098	438	1716	M20	00:05:48	Pedro Silva	PT	Individual	02:04:46	02:02:32	+01:00:05	00:59:29

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2099 °	438 °	2436	M35	00:05:52	Bruno Barata	PT	Individual	02:04:47	02:03:47	+01:00:06	00:57:45
2100 °	439 °	2445	M35	00:05:48	PEDRO RUI OLIVEIRA ARAUJO	PT	Individual	02:04:47	02:02:39	+01:00:06	00:58:26
2101 °	157 °	1254	F20	00:05:48	VERA ALEXANDRA SILVA	PT	R. C. HOLMES PLACE ARRABIDA	02:04:52	02:02:38	+01:00:11	00:00:00
2102 °	158 °	382	F20	00:05:52	Natália Pires Amoedo	PT	Desnivel Positivo	02:04:53	02:04:01	+01:00:12	00:55:40
2103 °	440 °	2968	M35	00:05:50	JOÃO FARIA FELICIANO	PT	VITALIS	02:04:56	02:03:17	+01:00:14	00:59:56
2104 °	159 °	2846	F20	00:05:49	Susana Fernanda Moreira	PT	Individual	02:05:00	02:02:45	+01:00:19	00:59:30
2105 °	441 °	1695	M35	00:05:52	ANDRE ANTUNES	PT	SERVIÇOS SOCIAS MONTEPIO	02:05:00	02:03:57	+01:00:19	00:55:28
2106 °	319 °	2951	M45	00:05:55	JOSÉ PINTO	PT	VITALIS	02:05:02	02:04:54	+01:00:21	00:00:00
2107 °	359 °	2517	M50	00:05:51	Joaquim Gonçalves	PT	Falta de Treino	02:05:02	02:03:25	+01:00:21	00:57:32
2108 °	392 °	1281	M40	00:05:50	ALBERTO PEREIRA	PT	CLUBE MILLENNIUMBCP	02:05:03	02:03:11	+01:00:22	00:59:23
2109 °	442 °	940	M35	00:05:50	john robert fernandes machado	PT	Individual	02:05:12	02:03:14	+01:00:31	01:00:23
2110 °	439 °	2324	M20	00:05:53	Filipe José Gomes Mota	PT	Amigos do Norte	02:05:17	02:04:14	+01:00:36	01:00:06
2111 °	360 °	449	M50	00:05:53	FERNANDO ANDRADE	PT	NO TOMORROW RUNNING TEAM	02:05:19	02:04:20	+01:00:37	00:59:45
2112 °	160 °	1452	F20	00:05:51	Susana Martins Vaz	PT	Individual	02:05:21	02:03:33	+01:00:40	00:57:30
2113 °	443 °	924	M35	00:05:51	Ricardo Oliveira	PT	No Tomorrow Running Team	02:05:23	02:03:38	+01:00:41	00:00:00
2114 °	161 °	1226	F20	00:05:52	Sandra Bastos	PT	Leone Runners	02:05:26	02:04:04	+01:00:45	00:00:00
2115 °	162 °	2829	F20	00:05:52	Ana Maia	PT	Individual	02:05:27	02:04:05	+01:00:46	00:00:00
2116 °	393 °	1833	M40	00:05:52	Felipe Gonçalves	PT	Running team	02:05:31	02:03:57	+01:00:50	00:00:00
2117 °	444 °	2374	M35	00:05:55	Paulo Cerqueira	PT	Individual	02:05:38	02:05:08	+01:00:57	00:59:35
2118 °	445 °	2402	M35	00:05:51	VASCO PIMENTA	PT	Individual	02:05:48	02:03:31	+01:01:07	00:57:59
2119 °	440 °	1339	M20	00:05:51	Fernando Pinto	PT	Clube de Pessoal EDP - Porto	02:05:49	02:03:40	+01:01:08	01:01:08
2120 °	361 °	646	M50	00:05:51	José Francisco Amorim	PT	Clube de Pessoal EDP - Porto	02:05:49	02:03:39	+01:01:08	01:01:08
2121 °	394 °	2956	M40	00:05:57	JOSÉ ALEIXO	PT	VITALIS	02:05:49	02:05:41	+01:01:08	00:59:10
2122 °	320 °	2942	M45	00:05:57	MARC SACHS	PT	VITALIS	02:05:51	02:05:44	+01:01:10	00:00:00
2123 °	441 °	1197	M20	00:05:55	Jorge Alves	PT	Individual	02:05:57	02:04:50	+01:01:16	00:55:30
2124 °	163 °	2450	F20	00:05:56	IVA SILVA	PT	COMO TAMOS PAULINHA	02:06:14	02:05:10	+01:01:33	00:58:40
2125 °	446 °	2839	M35	00:05:53	Paulo Caixeiro	PT	Individual	02:06:18	02:04:11	+01:01:37	01:03:52
2126 °	395 °	1715	M40	00:05:53	Pedro Pinheiro	PT	Individual	02:06:21	02:04:26	+01:01:40	01:01:20
2127 °	447 °	1085	M35	00:05:55	Alexandre Gonçalves	PT	Individual	02:06:25	02:05:03	+01:01:44	00:57:19
2128 °	442 °	2083	M20	00:05:58	Miguel Alexandre Vasquez Cunha	GL	Individual	02:06:26	02:06:02	+01:01:45	00:56:39
2129 °	164 °	1986	F20	00:05:54	estefânia surreira	PT	Individual	02:06:28	02:04:39	+01:01:47	00:00:00
2130 °	448 °	1609	M35	00:05:53	Rui Campos	PT	Urban Team	02:06:32	02:04:24	+01:01:51	00:00:00
2131 °	362 °	1928	M50	00:05:54	JOAQUIM LUIS SANTOS	PT	Individual	02:06:37	02:04:30	+01:01:55	00:58:17
2132 °	363 °	1130	M50	00:00:00	jose ferreira de sousa	PT	gaiphedra	02:06:56	00:00:00	+01:02:14	00:00:00
2133 °	364 °	824	M50	00:05:59	JOSE SAMPAIO	PT	Individual	02:07:01	02:06:21	+01:02:20	00:54:00
2134 °	165 °	2658	F20	00:05:59	ASSUNCAO FRASCO	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	02:07:03	02:06:25	+01:02:22	00:59:21
2135 °	443 °	1360	M20	00:00:00	Filipe Lopes	PT	Individual	02:07:09	00:00:00	+01:02:28	00:00:00
2136 °	449 °	2524	M35	00:05:58	Filipe Alexandre Mendes Moura	PT	lixaplace team	02:07:21	02:06:04	+01:02:40	00:59:07
2137 °	444 °	2614	M20	00:00:00	Hugo Maciel Azevedo	PT	Individual	02:07:23	00:00:00	+01:02:42	01:01:37

**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2138 °	321 °	1220	M45	00:05:56	PEDRO FRANCA	PT	CAES D AVENIDA	02:07:23	02:05:17	+01:02:42	01:01:37
2139 °	166 °	2657	F20	00:06:01	SANDRA VELOSO	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	02:07:35	02:06:56	+01:02:53	01:03:05
2140 °	365 °	2613	M50	00:06:02	JOÃO AUGUSTO DA SILVA MOREIRA	PT	Individual	02:07:43	02:07:21	+01:03:01	00:58:50
2141 °	445 °	2138	M20	00:06:01	pedro marques	PT	Individual	02:07:44	02:07:03	+01:03:03	00:59:02
2142 °	167 °	2134	F20	00:06:01	alexandra marques	PT	Individual	02:07:45	02:07:04	+01:03:03	00:00:00
2143 °	168 °	2303	F20	00:05:57	Maria Jesus	PT	Individual	02:07:46	02:05:41	+01:03:05	00:00:00
2144 °	450 °	1537	M35	00:06:01	Miguel Cruz	PT	Individual	02:07:49	02:07:09	+01:03:08	00:58:48
2145 °	446 °	1539	M20	00:06:01	NUNO ROCHA	PT	INDIVIDUAL	02:07:50	02:07:10	+01:03:09	00:58:48
2146 °	366 °	1425	M50	00:05:58	José Azevedo	PT	Grupo Os Barrigas	02:07:59	02:05:57	+01:03:18	00:00:00
2147 °	169 °	1200	F20	00:06:00	Mafalda Mendes Felgueiras	PT	Individual	02:08:01	02:06:48	+01:03:19	00:00:00
2148 °	447 °	168	M20	00:05:57	Carlos Monteiro	PT	Individual	02:08:02	02:05:51	+01:03:21	00:59:32
2149 °	448 °	2424	M20	00:06:00	João Louro	PT	Real Montanelas	02:08:10	02:06:38	+01:03:29	01:01:25
2150 °	449 °	1265	M20	00:00:00	Miguel Oliveira Pinto	PT	Individual	02:08:10	00:00:00	+01:03:29	00:57:21
2151 °	367 °	1769	M50	00:06:01	Pedro Silva	PT	Run@Figueira	02:08:12	02:07:10	+01:03:31	00:00:00
2152 °	170 °	2559	F20	00:05:59	Ana Santos	PT	Individual	02:08:24	02:06:19	+01:03:43	00:58:33
2153 °	171 °	1676	F20	00:06:01	Raquel Souto	PT	Individual	02:08:52	02:07:01	+01:04:11	00:57:13
2154 °	451 °	2713	M35	00:06:01	Pedro Teixeira	PT	Alvarelos	02:09:21	02:07:12	+01:04:40	01:00:55
2155 °	450 °	1766	M20	00:06:03	Tiago Peixe	PT	CCC Maduragem	02:09:21	02:07:54	+01:04:40	01:02:08
2156 °	172 °	2654	F20	00:06:06	MARIA FERREIRA	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	02:09:28	02:08:50	+01:04:47	01:03:06
2157 °	173 °	24	F20	00:06:08	LIGIA SABOGAL	PT	CLUB DE ATLETISMO CASTRELOS 20:30	02:09:32	02:09:28	+01:04:51	00:00:00
2158 °	322 °	2801	M45	00:06:01	antonio jose oliveira mimoso	PT	Individual	02:09:37	02:07:16	+01:04:56	00:00:00
2159 °	451 °	429	M20	00:06:02	Juan Perez Martin	GL	Individual	02:09:41	02:07:33	+01:04:59	01:01:13
2160 °	174 °	428	F20	00:06:02	Marta Diez Gonzalez	GL	Individual	02:09:41	02:07:34	+01:05:00	01:01:13
2161 °	175 °	2789	F20	00:06:07	ARMINDA DA COSTA	PT	vsop athlétisme ozoir la ferrière	02:09:58	02:09:14	+01:05:17	00:57:50
2162 °	176 °	757	F20	00:06:07	Maria Peixoto	PT	VSOP OZOIR 77	02:09:58	02:09:15	+01:05:17	00:59:17
2163 °	177 °	159	F20	00:06:04	ELISABETE CARVALHO	PT	VIANA CYCLES	02:10:05	02:08:14	+01:05:24	00:00:00
2164 °	178 °	1742	F20	00:06:05	Susana Rego	PT	FoThA	02:10:41	02:08:35	+01:06:00	01:00:33
2165 °	179 °	1741	F20	00:06:05	Andrea Aguiar	PT	FoThA	02:10:41	02:08:34	+01:06:00	01:00:33
2166 °	452 °	2342	M20	00:06:10	André Cubo	PT	Individual	02:10:48	02:10:21	+01:06:07	00:55:50
2167 °	323 °	360	M45	00:06:06	Juan Antonio Bar Núñez	GL	Individual	02:10:48	02:09:01	+01:06:07	00:59:04
2168 °	180 °	2656	F20	00:06:10	CRISTINA FLORES	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	02:10:54	02:10:16	+01:06:13	01:03:05
2169 °	396 °	2048	M40	00:06:07	MIGUEL DIAS	PT	PORTO RUNNERS	02:10:57	02:09:22	+01:06:16	01:02:27
2170 °	452 °	825	M35	00:06:07	Jorge Cruz	PT	Individual	02:10:57	02:09:22	+01:06:16	01:02:27
2171 °	453 °	2020	M35	00:06:07	JOÃO RAMALHÃO	PT	PORTO RUNNERS	02:10:57	02:09:22	+01:06:16	01:02:27
2172 °	397 °	2646	M40	00:06:07	Joao Pedro Barbeiro	PT	Individual	02:10:57	02:09:21	+01:06:16	00:00:00
2173 °	181 °	2601	F20	00:06:08	MARTINHA FERREIRA	PT	Individual	02:11:01	02:09:35	+01:06:20	00:00:00
2174 °	368 °	1958	M50	00:06:11	Júlio Guerra	PT	ABEKULAS	02:11:07	02:10:37	+01:06:25	00:56:59
2175 °	324 °	1913	M45	00:06:11	Xosé Ramón García Mallo	GL	Individual	02:11:11	02:10:36	+01:06:30	01:00:46
2176 °	182 °	2890	F20	00:06:12	MARIA MANUELA M. FERNANDES	PT	INDIVIDUAL	02:11:12	02:10:57	+01:06:31	00:00:00



**EVENTO:** 15 Meia Maratona Manuela Machado 2013  
**DATA:** 20-01-2013 10:30 10:30  
**ORGANIZADOR:** Cyclones - Sanitop

**CLASS.**  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2177 °	369 °	2317	M50	00:06:11	JOSE FERVENZA CANCELAS	GL	Individual	02:11:15	02:10:39	+01:06:34	01:00:16
2178 °	370 °	2803	M50	00:06:08	Helder Jorge Varandas	PT	Report Pro	02:11:20	02:09:30	+01:06:39	01:00:49
2179 °	454 °	811	M35	00:06:09	sergio ramos	PT	Individual	02:11:22	02:09:57	+01:06:41	01:01:09
2180 °	453 °	1764	M20	00:06:09	Miguel Magalhães	PT	Running Team	02:11:31	02:09:56	+01:06:50	01:01:42
2181 °	183 °	1575	F20	00:06:12	Ana Rita Pereira	PT	Individual	02:11:38	02:10:53	+01:06:57	01:01:26
2182 °	184 °	476	F20	00:06:09	Helena Barros	PT	Individual	02:11:42	02:09:51	+01:07:01	01:01:24
2183 °	454 °	414	M20	00:06:12	Tiago Fernandes	PT	Individual	02:11:42	02:10:50	+01:07:01	00:58:51
2184 °	371 °	1838	M50	00:06:08	joão Carlos dos Santos	PT	Individual	02:11:44	02:09:36	+01:07:03	00:58:18
2185 °	185 °	2712	F20	00:06:13	CONCEICAO RABALDO	PT	CLUBE DE ATLETISMO DA POVOA DE VARZIM	02:11:48	02:11:09	+01:07:07	00:59:22
2186 °	455 °	2745	M20	00:06:10	Pedro Miranda	PT	Parque Nascente Health Club	02:11:51	02:10:23	+01:07:10	00:00:00
2187 °	186 °	113	F20	00:06:14	Raquel Campos	PT	É de Shot International	02:12:27	02:11:38	+01:07:45	01:03:40
2188 °	372 °	2033	M50	00:06:13	LUCIANO PEREIRA	PT	PORTO RUNNERS	02:12:36	02:11:11	+01:07:55	01:01:19
2189 °	187 °	1983	F20	00:06:13	Liliana Pita Pereira	PT	Porto Runners	02:12:37	02:11:12	+01:07:56	01:01:19
2190 °	373 °	1228	M50	00:06:11	Coelho Ferreira	PT	Grupo Desp. do Banco de Portugal	02:12:49	02:10:39	+01:08:08	01:01:39
2191 °	455 °	386	M35	00:06:13	Nuno Carvalhal	PT	Individual	02:12:57	02:11:15	+01:08:16	01:04:24
2192 °	188 °	2966	F20	00:06:17	SÓNIA MEIRELES	PT	VITALIS	02:12:57	02:12:52	+01:08:16	01:00:49
2193 °	189 °	2426	F20	00:06:15	Lia Santos	PT	Real Montanelas	02:13:31	02:11:59	+01:08:50	01:01:33
2194 °	190 °	2421	F20	00:06:15	Ana Edra	PT	Real Montanelas	02:13:31	02:11:59	+01:08:50	01:01:34
2195 °	456 °	794	M35	00:06:16	Ricardo Jorge Costa Oliveira	PT	Whiskytistas	02:13:44	02:12:26	+01:09:03	01:03:10
2196 °	325 °	2698	M45	00:06:16	Francisco Santos	PT	MIRADOURO	02:13:53	02:12:22	+01:09:12	01:01:36
2197 °	191 °	2864	F20	00:06:18	Marta Rodrigues	PT	Individual	02:14:41	02:13:05	+01:10:00	01:01:12
2198 °	456 °	2571	M20	00:06:20	Nelson Fernandes	PT	Individual	02:14:41	02:13:38	+01:10:00	00:00:00
2199 °	374 °	820	M50	00:06:16	José Manuel Pinto Nogueira	PT	Individual	02:14:43	02:12:30	+01:10:01	01:05:07
2200 °	192 °	2608	F20	00:06:17	PILAR ALVAREZ	GL	INDIVIDUAL	02:14:48	02:12:35	+01:10:07	00:00:00
2201 °	457 °	1830	M20	00:06:18	Pedro Leite	PT	One More Mile	02:15:02	02:13:14	+01:10:21	01:02:50
2202 °	193 °	1343	F20	00:06:18	Mónica Araújo	PT	One More Mile	02:15:03	02:13:13	+01:10:22	00:00:00
2203 °	398 °	163	M40	00:06:20	Nuno Martins	GL	Individual	02:15:14	02:13:57	+01:10:32	01:04:45
2204 °	399 °	1287	M40	00:06:21	JOSE PINHO	PT	CLUBE MILLENNIUMBCP	02:15:23	02:14:05	+01:10:42	00:00:00
2205 °	194 °	1348	F20	00:06:20	Andrea Moreira	PT	One More Mile	02:15:39	02:13:50	+01:10:58	01:02:50
2206 °	326 °	1471	M45	00:06:20	Giuseppe Baldassarre	PT	Individual	02:15:52	02:13:43	+01:11:11	00:57:54
2207 °	195 °	1470	F20	00:06:20	Helena Manuela Mendes Oliveira	PT	Individual	02:15:52	02:13:42	+01:11:11	00:55:50
2208 °	196 °	567	F20	00:06:22	Inês Nunes	PT	Individual	02:15:57	02:14:32	+01:11:16	00:00:00
2209 °	458 °	2263	M20	00:06:22	Luis Guimaraes	PT	Individual	02:15:57	02:14:32	+01:11:16	01:01:06
2210 °	457 °	2194	M35	00:06:23	RUI SILVA	PT	SANITOP	02:16:33	02:14:49	+01:11:52	01:02:58
2211 °	197 °	2587	F20	00:06:25	Ana Reis	PT	Individual	02:16:39	02:15:29	+01:11:58	01:01:51
2212 °	198 °	417	F20	00:06:24	Nadia Souida-canini	PT	Individual	02:16:50	02:15:09	+01:12:09	01:02:21
2213 °	199 °	1041	F20	00:06:27	Ana Catarian Fernandes	PT	Vilar Runners	02:16:57	02:16:16	+01:12:16	00:00:00
2214 °	459 °	1039	M20	00:06:27	Ricardo Fontes	PT	Vilar Runners	02:16:57	02:16:15	+01:12:16	01:01:07
2215 °	460 °	1040	M20	00:06:27	Bruno Silva	PT	Vilar Runners	02:16:57	02:16:16	+01:12:16	01:03:04

EVENTO: 15 Meia Maratona Manuela Machado 2013  
 DATA: 20-01-2013 10:30 10:30  
 ORGANIZADOR: Cyclones - Sanitop

CLASS.  
 Geral Completo

Pos	Pos. Esc.	Dorsal	Escalão	Ritmo	Nome	NC	Equipa	Tempo	Temp. liq.	Dif.	CK1
2216	461	1264	M20	00:06:26	Ricardo Manuel Borges	PT	Individual	02:17:00	02:15:45	+01:12:19	00:57:20
2217	327	2635	M45	00:06:25	Lino Silva	PT	ESTORNORTE	02:17:24	02:15:27	+01:12:43	01:02:09
2218	400	2637	M40	00:06:25	Adelino Guimarães	PT	ESTORNORTE	02:17:24	02:15:26	+01:12:43	01:02:09
2219	462	2699	M20	00:06:29	Vitor Hugo Martins Araujo	PT	Individual	02:17:52	02:16:48	+01:13:11	00:59:17
2220	463	2569	M20	00:06:29	Anthony Ribeiro	PT	Individual	02:17:52	02:16:48	+01:13:11	00:59:16
2221	200	415	F20	00:06:30	nilsa ana maria gomes seidi	PT	Individual	02:17:53	02:17:22	+01:13:12	01:02:58
2222	201	1529	F20	00:06:29	Márcia Fernanda Cabouco	PT	Individual	02:18:19	02:17:04	+01:13:38	00:00:00
2223	464	1530	M20	00:00:00	Hugo Daniel da Silva Lemos	PT	Individual	02:18:19	00:00:00	+01:13:38	00:00:00
2224	465	2193	M20	00:06:29	LUIS PERES	PT	SANITOP	02:18:34	02:16:51	+01:13:53	01:02:52
2225	202	2204	F20	00:06:32	Sandra Silva	PT	FAMA RUNNERS	02:19:36	02:18:04	+01:14:55	01:04:21
2226	458	2937	M35	00:06:37	ANTONIO SILVA	PT	EDP GAS	02:19:47	02:19:39	+01:15:06	00:59:27
2227	466	2892	M20	00:06:32	SÉRGIO MANUEL SOUSA RIBEIRO	PT	INDIVIDUAL	02:20:05	02:18:03	+01:15:24	01:03:08
2228	459	330	M35	00:06:34	Angelo Senra	PT	Individual	02:20:17	02:18:34	+01:15:35	01:08:57
2229	467	1542	M20	00:06:35	Miguel Machado	PT	Individual	02:20:58	02:19:08	+01:16:17	00:00:00
2230	203	1543	F20	00:06:35	Ana Coelho	PT	Individual	02:21:00	02:19:10	+01:16:19	01:05:08
2231	460	1827	M35	00:06:39	Vitor Afonso	PT	CF Oliveira do Douro	02:21:30	02:20:34	+01:16:49	00:57:58
2232	204	2648	F20	00:06:40	Isabel Mesquita	PT	Individual	02:21:59	02:20:38	+01:17:18	01:05:34
2233	205	1114	F20	00:06:37	Beatriz Brandão	PT	NAmadores	02:22:01	02:19:48	+01:17:20	01:05:35
2234	461	1946	M35	00:00:00	Pedro Gil Alves	PT	Individual	02:22:14	00:00:00	+01:17:33	01:08:55
2235	462	1980	M35	00:06:38	Evaristo Alonso	GL	Desnivel Positivo	02:22:20	02:20:01	+01:17:38	01:07:43
2236	206	1981	F20	00:06:40	Angeles Cruz Vila	GL	Desnivel Positivo	02:23:05	02:20:46	+01:18:24	01:07:43
2237	207	718	F20	00:06:44	Mariana Dias	PT	Individual	02:24:13	02:22:23	+01:19:32	01:03:44
2238	468	2883	M20	00:00:00	RICARDO CRUZ	PT	INDIVIDUAL	02:25:02	00:00:00	+01:20:20	01:01:20
2239	469	2936	M20	00:07:08	DUARTE DELGADO	PT	EDP GAS	02:30:44	02:30:36	+01:26:03	01:02:11
2240	208	2651	F20	00:07:07	Silvia Maria Azevedo	PT	Individual	02:31:28	02:30:07	+01:26:47	01:08:45
2241	209	1469	F20	00:07:08	Anabela Lobato Silva	PT	Viana Trail	02:31:44	02:30:41	+01:27:03	00:00:00
2242	210	759	F20	00:07:17	Patricia Barbier	PT	VSOP OZOIR 77	02:34:31	02:33:47	+01:29:50	01:09:38
2243	211	744	F20	00:07:16	Céline Le Garrec	PT	les moustiques	02:34:31	02:33:27	+01:29:50	00:00:00
2244	375	1746	M50	00:07:21	Francisco BAO ESTEVEZ	GL	ADAS-PROINOR -O BARCO-	02:37:26	02:35:09	+01:32:45	01:11:58
2245	212	130	F20	00:07:59	Elsa Fonseca	PT	Second Wind	02:50:10	02:48:34	+01:45:29	01:17:10