

| Place | Dorsal | Name                       | Gender | Category | Nationality | Team                        | Official Time |
|-------|--------|----------------------------|--------|----------|-------------|-----------------------------|---------------|
| 1     | 4      | RUI MUGA                   | M      | M20      | PT          | GINÁSIO CLUBE DE BRAGANÇA   | 00:02:05:907  |
| 2     | 1      | ARTUR RODRIGUES            | M      | M20      | PT          | N A CUCUJAES                | 00:02:08:250  |
| 3     | 11     | PAULO PEREIRA              | M      | M20      | PT          | N A CUCUJAES                | 00:02:10:047  |
| 4     | 476    | ADRIÃO RODRIGUES           | M      | M20      | PT          | SLB BENFICA                 | 00:02:14:057  |
| 5     | 34     | JOSE PIRES                 | M      | M20      | PT          | DRAGOES DO VALE DE VIZELA   | 00:02:15:020  |
| 6     | 3      | PEDRO RODRIGUES            | M      | M20      | PT          | GINÁSIO CLUBE DE BRAGANÇA   | 00:02:19:430  |
| 7     | 487    | JOÃO CAVADAS               | M      | M45      | PT          | ASTROMIL                    | 00:02:22:793  |
| 8     | 35     | HELDER DOMINGOS            | M      | M20      | PT          | DRAGOES DO VALE DE VIZELA   | 00:02:23:033  |
| 9     | 437    | FRANCISCO BERNARDES        | M      | M20      | PT          | SPORT                       | 00:02:27:617  |
| 10    | 14     | JOSE ROCHA                 | M      | M20      | PT          | A R LUZ E VIDA GONDOMARENSE | 00:02:43:913  |
| 11    | 492    | HENRIQUE FARIA             | M      | M45      | PT          |                             | 00:02:45:327  |
| 12    | 12     | JOAO BARBOSA               | M      | M40      | PT          | N A CUCUJAES                | 00:02:45:873  |
| 13    | 36     | PEDRO PONTES               | M      | M20      | PT          | DRAGOES DO VALE DE VIZELA   | 00:02:46:650  |
| 14    | 410    | MÁRIO CARVALHO             | M      | M50      | PT          | CLUBE OS 5 Á HORA           | 00:02:47:613  |
| 15    | 293    | PEDRO PRATAS               | M      | M40      | PT          | PARATRIL RUNNING            | 00:02:48:240  |
| 16    | 339    | AMERICO PINHO              | M      | M40      | PT          | ESCAPÃES                    | 00:02:50:183  |
| 17    | 27     | CARLOS SOUSA               | M      | M20      | PT          | G D C BANCO DE PORTUGAL     | 00:02:50:713  |
| 18    | 284    | PEDRO DIAS                 | M      | M40      | PT          |                             | 00:02:50:973  |
| 19    | 352    | PAULO VIEIRA               | M      | M20      | PT          |                             | 00:02:51:853  |
| 20    | 360    | TIAGO MONTANHA             | M      | M20      | PT          |                             | 00:02:53:953  |
| 21    | 335    | LUIS SILVA                 | M      | M20      | PT          |                             | 00:02:54:463  |
| 22    | 409    | CELMO MOTA                 | M      | M20      | PT          | CLUBE OS 5 Á HORA           | 00:02:55:430  |
| 23    | 388    | MARCO ALMEIDA              | M      | M20      | PT          | CLUB GALP ENERGIA NORTE     | 00:02:57:277  |
| 24    | 260    | MANUEL MIRANDA             | M      | M20      | PT          |                             | 00:02:58:413  |
| 25    | 400    | ANTONIO ROCHA              | M      | M20      | PT          | A DUPLA                     | 00:02:58:490  |
| 26    | 438    | TIAGO BARBOSA              | M      | M20      | PR          | SPORT                       | 00:02:59:530  |
| 27    | 436    | NUNO JESUS                 | M      | M20      | PT          |                             | 00:03:00:063  |
| 28    | 530    | FILIFE OLIVEIRA            | M      | M20      | PT          | LAP2GO                      | 00:03:02:803  |
| 29    | 456    | MANUEL PINHEIRO            | M      | M40      | PT          | AMARANTE RUNNING TEAM       | 00:03:03:817  |
| 30    | 326    | FILIFE VILHENA             | M      | M20      | PT          | LEONE RUNNERS               | 00:03:04:263  |
| 31    | 475    | LUÍS MIGUEL NOVAES MACHADO | M      | M20      | PT          | RUNNERS HIGH                | 00:03:07:730  |
| 32    | 270    | JOSE CARLOS MACHADO        | M      | M20      | PT          | INDIVIDUAL                  | 00:03:08:657  |
| 33    | 351    | JOAQUIM PEREIRA            | M      | M45      | PT          |                             | 00:03:09:233  |
| 34    | 359    | FABIO TEIXEIRA             | M      | M20      | PT          |                             | 00:03:09:247  |
| 35    | 251    | JOÃO MOTA                  | M      | M20      | PT          |                             | 00:03:11:207  |
| 36    | 306    | HUGO MOITA                 | M      | M20      | PT          |                             | 00:03:11:463  |
| 37    | 397    | ARTUR COSTA                | M      | M20      | PT          | COMPANHIA DO BAZÓFIAS       | 00:03:11:660  |
| 38    | 367    | HUGO PEREIRA               | M      | M20      | PT          | SPUMP                       | 00:03:11:973  |
| 39    | 511    | MIGUEL OLIVEIRA            | M      | M20      | PT          |                             | 00:03:12:547  |
| 40    | 541    | HUGO LEÇA                  | M      | M20      | PT          |                             | 00:03:12:937  |
| 41    | 276    | TIAGO BORGES               | M      | M20      | PT          |                             | 00:03:13:340  |
| 42    | 341    | SÉRGIO ALMEIDA             | M      | M20      | PT          |                             | 00:03:14:210  |
| 43    | 266    | PEDRO EZEQUIEL             | M      | M20      | PT          | JAVIP                       | 00:03:14:273  |
| 44    | 32     | MARCO SILVA                | M      | M40      | PT          | GBES                        | 00:03:14:413  |
| 45    | 283    | ARSÉNIO FERNANDES          | M      | M55      | PT          | INDIVIDUAL                  | 00:03:14:733  |
| 46    | 540    | FLÁVIO ROCHA               | M      | M20      | PT          |                             | 00:03:14:740  |

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|-------|--------|----------------------------|--------|----------|-------------|----------------------------------|---------------|
| 47    | 470    | CARLOS LOPES               | M      | M40      | PT          |                                  | 00:03:14:810  |
| 48    | 263    | MANUEL TEIXEIRA            | M      | M40      | PT          | INDIVIDUAL                       | 00:03:15:463  |
| 49    | 506    | JORGE MAIA                 | M      | M45      | PT          |                                  | 00:03:16:680  |
| 50    | 543    | PEDRO VIDAL                | M      | M20      | PT          |                                  | 00:03:16:813  |
| 51    | 462    | RÚBEN RODRIGUES            | M      | M20      | PT          |                                  | 00:03:17:137  |
| 52    | 375    | GILBERTO MELO              | M      | M20      | PT          | MAIA A.C.                        | 00:03:18:100  |
| 53    | 271    | SÉRGIO ALMEIDA             | M      | M20      | PT          |                                  | 00:03:18:180  |
| 54    | 538    | FRANCISCO FREITAS          | M      | M20      | PT          | INDIVIDUAL                       | 00:03:18:473  |
| 55    | 265    | JOAQUIM AZEVEDO            | M      | M20      | PT          | JAVIP                            | 00:03:19:593  |
| 56    | 536    | ALBERTO SAMPAIO            | M      | M45      | PT          | @ISEP                            | 00:03:19:800  |
| 57    | 302    | JOÃO ARAÚJO                | M      | M20      | PT          |                                  | 00:03:19:890  |
| 58    | 466    | RUI JORGE MOREIRA FREITAS  | M      | M40      | PT          |                                  | 00:03:20:637  |
| 59    | 363    | HUMBERTO LOPES             | M      | M40      | PT          |                                  | 00:03:20:737  |
| 60    | 424    | RICARDO JESUS              | M      | M20      | PT          |                                  | 00:03:21:247  |
| 61    | 350    | MÁRCIO SILVA               | M      | M20      | PT          | MOCAL & FRAN                     | 00:03:24:357  |
| 62    | 355    | JORGE MIGUEL GOMES TAVARES | M      | M20      | PT          | FAMÍLIA TAVARES - VALE DE CAMBRA | 00:03:24:840  |
| 63    | 373    | CIPRIANO SOUSA             | M      | M20      | PT          | OS 5 A HORA                      | 00:03:25:767  |
| 64    | 277    | PAULO SERRA                | M      | M20      | PT          |                                  | 00:03:26:423  |
| 65    | 489    | LUÍS ARAÚJO                | M      | M45      | PT          | ASTROMIL                         | 00:03:27:527  |
| 66    | 25     | JOSE FONSECA               | M      | M50      | PT          | G D C BANCO DE PORTUGAL          | 00:03:27:847  |
| 67    | 320    | LUIS TORRES                | M      | M40      | PT          | H3 RUNNERS NORTE                 | 00:03:28:003  |
| 68    | 496    | BRUNO RAMOS                | M      | M20      | PT          |                                  | 00:03:32:490  |
| 69    | 280    | CARLOS NEVES               | M      | M20      | PT          |                                  | 00:03:32:587  |
| 70    | 408    | FILIFE CUNHA               | M      | M20      | PT          | CLUBE OS 5 Á HORA                | 00:03:34:490  |
| 71    | 460    | JOSÉ PEDRO PINTO SILVA     | M      | M20      | PT          |                                  | 00:03:34:703  |
| 72    | 433    | VALDEMAR ALVES             | M      | M50      | PT          | CIRAC PAÇOS DE BRANDÃO           | 00:03:35:500  |
| 73    | 482    | FERNANDO DELINDRO          | M      | M20      | PT          | ESBAFORIDOS INVETERADOS          | 00:03:35:907  |
| 74    | 39     | EMI NEM                    | M      | M20      | PT          | ELITE                            | 00:03:36:113  |
| 75    | 501    | VÍTOR MOTA                 | M      | M20      | PT          |                                  | 00:03:36:493  |
| 76    | 316    | RICARDO SEQUEIRA           | M      | M20      | PT          |                                  | 00:03:37:517  |
| 77    | 333    | PEDRO SILVA                | M      | M20      | PT          |                                  | 00:03:38:577  |
| 78    | 401    | RICADO BOUCINHA            | M      | M20      | PT          | A DUPLA                          | 00:03:38:633  |
| 79    | 358    | FERNANDO PEREIRA           | M      | M55      | PT          |                                  | 00:03:38:913  |
| 80    | 309    | RICARDO PEIXOTO            | M      | M20      | PT          |                                  | 00:03:39:343  |
| 81    | 348    | PAULO ROCHA                | M      | M20      | PT          | ROCHAS                           | 00:03:40:060  |
| 82    | 318    | FILIFE MAGALHÃES           | M      | M20      | PT          |                                  | 00:03:40:340  |
| 83    | 356    | MANUEL JORGE TAVARES       | M      | M45      | PT          | FAMÍLIA TAVARES - VALE DE CAMBRA | 00:03:40:647  |
| 84    | 26     | HUGO PIRES                 | M      | M20      | PT          | G D C BANCO DE PORTUGAL          | 00:03:41:103  |
| 85    | 308    | ANTÓNIO AZEVEDO            | M      | M20      | PT          |                                  | 00:03:42:010  |
| 86    | 41     | DEL PIERO                  | M      | M20      | PT          | ELITE                            | 00:03:42:617  |
| 87    | 457    | VITOR SOUSA                | M      | M20      | PT          | AMARANTE RUNNING TEAM            | 00:03:42:943  |
| 88    | 279    | PEDRO PEREIRA              | M      | M20      | PT          |                                  | 00:03:43:273  |
| 89    | 264    | NUNO SILVA                 | M      | M20      | PT          |                                  | 00:03:44:393  |
| 90    | 40     | HARRY POTTER               | M      | M20      | PT          | ELITE                            | 00:03:44:417  |
| 91    | 461    | PEDRO TRINDADE             | M      | M20      | PT          |                                  | 00:03:46:067  |
| 92    | 389    | FERNANDO MONTEIRO          | M      | M40      | PT          |                                  | 00:03:46:077  |

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| 93    | 508    | FILIPE MAIA                 | M      | M20      | PT          |                                    | 00:03:46:317  |
| 94    | 539    | MIGUEL FONSECA              | M      | M20      | PT          |                                    | 00:03:46:483  |
| 95    | 504    | PEDRO MARTINS               | M      | M20      | PT          | FAST AND FURIOUS                   | 00:03:47:263  |
| 96    | 24     | FILIFE PEREIRA              | M      | M20      | PT          | NOESIS                             | 00:03:47:757  |
| 97    | 513    | PEDRO PINTO                 | M      | M20      | PT          | PORTO RUNNERS                      | 00:03:47:767  |
| 98    | 374    | CARLOS SÁ                   | M      | M40      | PT          |                                    | 00:03:49:617  |
| 99    | 317    | EMANUEL CARDOSO             | M      | M20      | PT          |                                    | 00:03:51:377  |
| 100   | 319    | HUGO GONÇALVES              | M      | M20      | PT          |                                    | 00:03:52:940  |
| 101   | 272    | NUNO MACEDO                 | M      | M20      | PT          |                                    | 00:03:54:737  |
| 102   | 5      | OSCAR LOUREIRO              | M      | M60      | PT          | INDIVIDUAL                         | 00:03:55:887  |
| 103   | 311    | TIAGO OLIVEIRA              | M      | M20      | PT          | DOURO RUNNERS                      | 00:03:56:267  |
| 104   | 31     | JOSE RAIMUNDO               | M      | M40      | PT          | GBES                               | 00:03:57:200  |
| 105   | 19     | RUI MACHADO                 | M      | M20      | PT          | INDIVIDUAL                         | 00:03:57:907  |
| 106   | 453    | JOSE MACHADO                | M      | M45      | PT          |                                    | 00:03:59:480  |
| 107   | 402    | JOSÉ ALMEIDA                | M      | M20      | PT          | INDIVIDUAL                         | 00:04:01:703  |
| 108   | 415    | JOSÉ BARBOSA                | M      | M20      | PT          |                                    | 00:04:01:950  |
| 109   | 392    | ANDRÉ BARBOSA               | M      | M20      | PT          |                                    | 00:04:02:440  |
| 110   | 428    | JOAO COUTO                  | M      | M40      | PT          |                                    | 00:04:02:707  |
| 111   | 406    | ARMANDO NEVES               | M      | M40      | PT          | CLUBE OS 5 Á HORA                  | 00:04:03:580  |
| 112   | 491    | FILIFE RÔLA                 | M      | M20      | PT          |                                    | 00:04:03:767  |
| 113   | 13     | FRANCISCO OLIVEIRA          | M      | M50      | PT          | A A GONDOMAR                       | 00:04:05:357  |
| 114   | 364    | JOAQUIM CARVALHO            | M      | M55      | PT          | NO TOMORROW RUNNING TEAM           | 00:04:05:707  |
| 115   | 519    | TIAGO TEIXEIRA              | M      | M20      | PT          |                                    | 00:04:05:860  |
| 116   | 361    | CARLOS MONTANHA             | M      | M50      | PT          |                                    | 00:04:05:903  |
| 117   | 443    | PAULO FERREIRA              | M      | M20      | PT          | SAPATEIROS DA ALDEOLA              | 00:04:07:247  |
| 118   | 503    | LUÍS LEÇA                   | M      | M20      | PT          | FAST AND FURIOUS                   | 00:04:08:593  |
| 119   | 273    | FRANCISCO SANTOS            | M      | M45      | PT          |                                    | 00:04:11:910  |
| 120   | 514    | ALEXANDRE VIANA             | M      | M20      | PT          | STAROLAS                           | 00:04:12:007  |
| 121   | 255    | DANIEL MAGALHÃES            | M      | M20      | PT          |                                    | 00:04:12:403  |
| 122   | 261    | JOÃO PAULO CARVALHO         | M      | M20      | PT          |                                    | 00:04:13:900  |
| 123   | 324    | RUI PINTO                   | M      | M20      | PT          |                                    | 00:04:14:067  |
| 124   | 396    | PAULO RAMOS                 | M      | M40      | PT          | GRUPO JUVENIL PINHEIRO DA BEMPOSTA | 00:04:15:367  |
| 125   | 405    | ALBERTO ALVES               | M      | M40      | PT          | CLUBE OS 5 Á HORA                  | 00:04:22:077  |
| 126   | 349    | JOSE SOARES                 | M      | M60      | PT          |                                    | 00:04:22:127  |
| 127   | 526    | FERNANDO FERREIRA DO AMARAL | M      | M50      | PT          |                                    | 00:04:22:847  |
| 128   | 471    | RUI PEREIRA                 | M      | M20      | PT          |                                    | 00:04:23:367  |
| 129   | 507    | VASCO VIEIRA                | M      | M20      | PT          |                                    | 00:04:23:730  |
| 130   | 485    | JORGE ARAÚJO                | M      | M40      | PT          | RUNNERS 5                          | 00:04:25:857  |
| 131   | 469    | JOSÉ AUGUSTO AMARO          | M      | M50      | BR          |                                    | 00:04:28:587  |
| 132   | 295    | MANUEL MARQUES              | M      | M40      | PT          | INDIVIDUAL                         | 00:04:29:500  |
| 133   | 296    | JOAQUIM SANTOS              | M      | M20      | PT          |                                    | 00:04:33:500  |
| 134   | 479    | JOSE COELHO                 | M      | M45      | PT          |                                    | 00:04:35:093  |
| 135   | 329    | BRUNO MÊDA                  | M      | M20      | PT          | RUN FOR FUN                        | 00:04:37:287  |
| 136   | 343    | BERNARDO BOTELHO            | M      | M20      | PT          | BITIOUS                            | 00:04:39:117  |
| 137   | 423    | TIAGO TEIXEIRA              | M      | M20      | PT          |                                    | 00:04:42:440  |
| 138   | 332    | JOSE CRUZ                   | M      | M20      | PT          | RUN FOR FUN                        | 00:04:47:813  |

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| 139   | 353    | ANTONIO CARVALHO           | M      | M60      | PT          | INDIVIDUAL            | 00:04:48:640  |
| 140   | 394    | NUNO MARTINS               | M      | M20      | PT          |                       | 00:04:51:657  |
| 141   | 411    | SILVÉRIO OLIVEIRA          | M      | M50      | PT          | CLUBE OS 5 Á HORA     | 00:05:05:147  |
| 142   | 387    | JOSÉ MANUEL ALVES TEIXEIRA | M      | M55      | PT          |                       | 00:05:12:397  |
| 143   | 304    | GABRIEL SANTOS             | M      | M20      | PT          |                       | 00:05:24:977  |
| 144   | 30     | RUI CALADO                 | M      | M45      | PT          | GBES                  | 00:05:37:737  |
| 145   | 444    | PAULO MACHADO              | M      | M20      | PT          | SAPATEIROS DA ALDEOLA | 00:06:31:897  |
| 146   | 441    | FRANCISCO FERREIRA         | M      | M20      | PT          | SAPATEIROS DA ALDEOLA | 00:06:39:440  |
| 147   | 472    | NUNO OLIVEIRA              | M      | M20      | PT          | SAPATEIROS DA ALDEOLA | 00:06:40:177  |
| 148   | 439    | ANDRÉ NOGUEIRA             | M      | M20      | PT          | SAPATEIROS DA ALDEOLA | 00:06:54:740  |
| 149   | 480    | TIAGO COELHO               | M      | M20      | PT          |                       | 00:07:04:540  |
| 150   | 342    | ANTONIO BOTELHO            | M      | M60      | PT          | BITIOUS               | 00:07:06:337  |
| 151   | 18     | ANTONIO FERREIRA           | M      | M20      | PT          | INDIVIDUAL            | 00:08:52:807  |