

| Place | P. Cat | Dorsal | Name | Gender | Category | Nationality | Team | Official Time |
|-------|--------|--------|-------------------|--------|----------|-------------|----------------------------|---------------|
| 1 | 1 | 338 | SONIA FERREIRA | F | F18 | PT | U D VARZEA | 00:39:28 |
| 2 | 2 | 45 | CRISTINA FREITAS | F | F18 | PT | CASA DO BENFICA DE PAREDES | 00:39:47 |
| 3 | 3 | 296 | SILVIA OLIVEIRA | F | F18 | PT | E A ROSA OLIVEIRA | 00:40:13 |
| 4 | 4 | 3075 | NADINE LARANJEIRA | F | F18 | PT | C D POVOA | 00:44:59 |
| 5 | 5 | 2657 | SARA DIAS | F | F18 | PT | FILHOS JOSÉ SOCRATES | 00:52:43 |