

| Place | P. Cat | Dorsal | Name | Gender | Category | Nationality | Team | Official Time |
|-------|--------|--------|-----------------|--------|----------|-------------|--------------------|---------------|
| 1 | 1 | 343 | AUGUSTO COSTA | M | M45 | PT | AMIGOS DA MONTANHA | 00:33:11 |
| 2 | 2 | 321 | MANUEL PACHECO | M | M45 | PT | N A TAIPAS | 00:33:49 |
| 3 | 3 | 3835 | MANUEL FERREIRA | M | M45 | PT | G.D.C. GUILHOVAI | 00:34:13 |
| 4 | 4 | 46 | BALTAZAR SOUSA | M | M45 | PT | BOAVISTA FC | 00:34:35 |
| 5 | 5 | 293 | ANTONIO SILVA | M | M45 | PT | C I ARGONCILHE | 00:34:55 |