



Classificações Provisórias: Category:[BENAM]

Place	Dorsal	Name	Gen	Cat. [Place]	Nat.	Team	Official	Dif.
1	276	JOAO REIS	M	BENAM [1]	PT	F C ESTRELAS SUSANENSES	00:02:05	
2	231	MIGUEL ROCHA	M	BENAM [2]	PT	RUNRIVER	00:02:08	00:00:02
3	218	ANDRE SOARES	M	BENAM [3]	PT	RUNRIVER	00:02:09	00:00:03
4	248	LOURENÇO PINTO	M	BENAM [4]	PT	BEAT YOUR LIMIT	00:02:10	00:00:05
5	373	LEANDRO JUNQUEIRA	M	BENAM [5]	PT	C.D.C.NAVALS	00:02:13	00:00:08
6	381	RODRIGO SILVA	M	BENAM [6]	PT	GCR AGUÇADOURENSE	00:02:14	00:00:09
7	310	ANDRÉ GOMES	M	BENAM [7]	PT	A. R. LUZ E VIDA GONDOMARENSE	00:02:15	00:00:09
8	386	PEDRO MARDEGAN	M	BENAM [8]	PT	LEIXÕES S. C.	00:02:15	00:00:10
9	364	TOMAS LOURENÇO	M	BENAM [9]	PT	C.D.C.NAVALS	00:02:16	00:00:10
10	257	TIAGO ANJOS	M	BENAM [10]	PT	BEAT YOUR LIMIT	00:02:17	00:00:11
11	367	ABEL MOREIRA	M	BENAM [11]	PT	C.D.C.NAVALS	00:02:17	00:00:12
12	333	VASCO MARTINS	M	BENAM [12]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:18	00:00:13
13	187	DINIS SILVA	M	BENAM [13]	PT	CLUBE SPIRIDON DE GAIA	00:02:19	00:00:14
14	77	USHER FERREIRA	M	BENAM [14]	PT	ACD SÃO JOÃO DA SERRA	00:02:19	00:00:14
15	211	ANTÓNIO MACHADO	M	BENAM [15]	PT	ESCOLA DO MOVIMENTO	00:02:21	00:00:16
16	341	BRYAN CARDOSO	M	BENAM [16]	PT	CLUBE ATLETISMO ESTRELAS DO MARCO DE	00:02:21	00:00:16
17	97	BRUNO NEVES	M	BENAM [17]	PT	EQUIPA RISSOL	00:02:23	00:00:18
18	185	ANDRÉ SILVA	M	BENAM [18]	PT	CLUBE SPIRIDON DE GAIA	00:02:25	00:00:19
19	300	XAVIER DURANA	M	BENAM [19]	PT	COLÉGIO CASA DO CUCO	00:02:25	00:00:20
20	302	DIEGO VIEIRA	M	BENAM [20]	PT		00:02:25	00:00:20
21	101	RODRIGO SANTOS MARINHO	M	BENAM [21]	PT		00:02:27	00:00:22
22	319	DUARTE SILVA	M	BENAM [22]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:27	00:00:22
23	323	HENRIQUE BESSA	M	BENAM [23]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:29	00:00:24
24	143	MIGUEL ALVES	M	BENAM [24]	PT		00:02:30	00:00:24
25	52	JOÃO TEIXEIRA	M	BENAM [25]	PT		00:02:31	00:00:25
26	179	LUCAS NOGUEIRA	M	BENAM [26]	PT	BOAVISTA FUTEBOL CLUBE	00:02:31	00:00:26
27	254	RODRIGO ALVES	M	BENAM [27]	PT	BEAT YOUR LIMIT	00:02:31	00:00:26
28	375	MARTIM SILVA	M	BENAM [28]	PT	C.D.C.NAVALS	00:02:32	00:00:27
29	112	TIAGO MOTA	M	BENAM [29]	PT		00:02:34	00:00:28
30	163	EDGAR PUGH	M	BENAM [30]	PT	BOAVISTA FUTEBOL CLUBE	00:02:35	00:00:30
31	106	MATIAS VIEIRA	M	BENAM [31]	PT		00:02:36	00:00:31
32	166	FRANCISCO MOURA	M	BENAM [32]	PT	BOAVISTA FUTEBOL CLUBE	00:02:38	00:00:32
33	317	AFONSO SOUSA	M	BENAM [33]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:39	00:00:34
34	363	SAMUEL PINTO	M	BENAM [34]	PT	C.D.C.NAVALS	00:02:40	00:00:35
35	68	RODRIGO SANTOS LÓPEZ	M	BENAM [35]	PT		00:02:41	00:00:36
36	293	GABRIEL PIMENTA	M	BENAM [36]	PT	COLÉGIO CASA DO CUCO	00:02:42	00:00:37
37	178	BENJAMIN WATSON	M	BENAM [37]	PT	BOAVISTA FUTEBOL CLUBE	00:02:44	00:00:39
38	292	FRANCISCO PEREIRA	M	BENAM [38]	PT	COLÉGIO CASA DO CUCO	00:02:44	00:00:39
39	331	TIAGO MAGALHÃES	M	BENAM [39]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:44	00:00:39
40	149	DIOGO CRUZ	M	BENAM [40]	PT		00:02:45	00:00:40
41	289	DIOGO MACHADO	M	BENAM [41]	PT	COLÉGIO CASA DO CUCO	00:02:45	00:00:40



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42	94	AFONSO OLIVEIRA	M	BENAM [42]	PT		00:02:46	00:00:41
43	57	JOÃO DAMAS DA COSTA	M	BENAM [43]	PT		00:02:47	00:00:41
44	213	FRANCISCO GOMES	M	BENAM [44]	PT	ESCOLA DO MOVIMENTO	00:02:48	00:00:43
45	154	TIAGO SOARES	M	BENAM [45]	PT	JOMITITÃO	00:02:50	00:00:44
46	127	GUILHERME MATOS	M	BENAM [46]	PT	VERA FREITAS	00:02:50	00:00:45
47	130	MIGUEL PINTO	M	BENAM [47]	PT		00:02:52	00:00:46
48	151	DAVID FREITAS	M	BENAM [48]	PT		00:02:52	00:00:47
49	262	JOÃO BELINHA	M	BENAM [49]	PT	GRUPO DESPORTIVO SÃO PAIO DE OLEIROS	00:02:54	00:00:49
50	126	EDUARDO MATOS	M	BENAM [50]	PT	VERA FREITAS	00:02:55	00:00:50
51	111	LEONARDO SIMÕES	M	BENAM [51]	BR		00:02:56	00:00:51
52	392	LUKE FERREIRA	M	BENAM [52]	PT	ACADEMIA FERNANDA RIBEIRO	00:02:57	00:00:51
53	93	MIGUEL CAMEZ	M	BENAM [53]	PT		00:02:57	00:00:52
54	161	DIOGO CALHEIROS	M	BENAM [54]	PT	BOAVISTA FUTEBOL CLUBE	00:02:57	00:00:52
55	137	MARTIM MAGALHÃES	M	BENAM [55]	PT	DRAGON	00:02:58	00:00:52
56	123	SANTIAGO MARTINS	M	BENAM [56]	PT		00:02:58	00:00:53
57	119	DUARTE CARVALHO	M	BENAM [57]	PT	ERMESINDE	00:03:04	00:00:59
58	134	ÂNGELO BARROS	M	BENAM [58]	PT		00:03:04	00:00:59
59	261	DAVID BELINHA	M	BENAM [59]	PT	GRUPO DESPORTIVO SÃO PAIO DE OLEIROS	00:03:07	00:01:02
60	162	EDGAR CORREIA	M	BENAM [60]	PT	BOAVISTA FUTEBOL CLUBE	00:03:07	00:01:02
61	290	DUARTE CAMPOS	M	BENAM [61]	PT	COLÉGIO CASA DO CUÇO	00:03:07	00:01:02
62	98	MIGUEL NEVES	M	BENAM [62]	PT	EQUIPA RISSOL	00:03:08	00:01:03
63	174	RAYAN MOUDNIB	M	BENAM [63]	PT	BOAVISTA FUTEBOL CLUBE	00:03:08	00:01:03
64	58	JOÃO RECIFE	M	BENAM [64]	BR	TEO ESPORTES	00:03:11	00:01:06
65	385	JOÃO MARDEGAN	M	BENAM [65]	PT	LEIXÕES S. C.	00:03:18	00:01:12
66	182	TOMÁS CALHEIROS	M	BENAM [66]	PT	BOAVISTA FUTEBOL CLUBE	00:03:18	00:01:13
67	241	GONÇALO ALVES	M	BENAM [67]	PT	BEAT YOUR LIMIT	00:03:20	00:01:15
68	379	BRUNO SILVA	M	BENAM [68]	PT	GCR AGUÇADOURENSE	00:03:23	00:01:18
69	169	JOÃO ROCHA	M	BENAM [69]	PT	BOAVISTA FUTEBOL CLUBE	00:03:38	00:01:32
70	49	VICENTE SOUSA LINHAS	M	BENAM [70]	PT		00:03:43	00:01:38
71	271	NUNO CORREIA E CARNEIRO	M	BENAM [71]	PT	JI CANIDELO	00:03:54	00:01:49
72	223	DIOGO MOREIRA	M	BENAM [72]	PT	RUNRIVER	00:04:05	00:02:00
73	272	PEDRO PINHEIRO	M	BENAM [73]	PT	JI CANIDELO	00:04:05	00:02:00
74	266	DUARTE MIGUEL JÚNIOR RIBEIRO	M	BENAM [74]	PT	JI CANIDELO	00:04:08	00:02:03
75	268	GUSTAVO SIMÕES	M	BENAM [75]	PT	JI CANIDELO	00:04:19	00:02:13
76	269	MANUEL PINHEIRO	M	BENAM [76]	PT	JI CANIDELO	00:06:33	00:04:27